

# PANNews

THE PAEDIATRIC ASSOCIATION OF NIGERIA NEWSLETTER

...keeping you informed



National Sensitization Meeting on the 2025-2026 Integrated Measles-Rubella Vaccine Campaign



From L-R: IPA Executive Director, Dr. Naveen Thacker; PAN President, Prof. Ekanem Ekure (middle); and IPA President, Prof. Joseph Haddad at the Stakeholders Consultative Forum on HPV



Official opening of new PAN Office at Floor 4, Mall of Dubai, Abuja



From R-L: PAN President Elect, Dr Petronila Tabansi; PAN President Dr. Ekanem Ekure (middle); and PAN Secretary, Dr. Chika Duru at NISOPAC "EKO 2025"



# Paediatric Association of Nigeria (PAN)

**The purpose of the Paediatric association of Nigeria is to offer a platform for paediatricians and other professionals to improve health care for children through networking, and collaboration with experts in the field.**

## Our Vision

**A world where every child is born with equitable and optimal chance to survive, grow and develop.**

## Our Mission

**To influence all policies and programmes that impact on the wellbeing of every child through advocacy and strategic interventions that promote and protect the survival, growth and development.**

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# FROM THE PRESIDENTS DESK

FOR OCTOBER TO DECEMBER 2026 NEWSLETTER



**D**ear Distinguished PAN Members and Advocates for Children,

As we conclude the final quarter of 2025, I welcome you to this edition of PAN NEWS and to the threshold of another landmark gathering of our Association — PANConf Gateway 2026, Abeokuta. The months of October to December 2025 were marked by purposeful activity, strategic consolidation, and focused preparation. Members of the PAN Executive Council, including myself, conducted two inspection visits to Abeokuta to ensure readiness for the conference by the Local Organising Committee, ably led by Dr. Femi Akodu.

Throughout the quarter, the Executive Council remained fully engaged through regular and emergency meetings, keeping PAN responsive to emerging priorities in child health and organizational governance. Our scientific and advocacy efforts gained momentum, with PAN participating in key national and international stakeholder engagements, including NAFDAC initiatives on medicines regulation, meetings focused on

immunization and newborn care.

Notable progress was recorded under the IPA/PAN Immunization Champions Project, particularly in Measles-Rubella and HPV vaccine sensitization and delivery nationwide. A major highlight was the PAN/IPA Stakeholders Consultative Meeting on HPV Routinisation Strategies and Experience Sharing Workshop held on 8 December 2025 in Abuja. The meeting brought together stakeholders from relevant Federal Ministries, National and FCT Primary Health Care Development Agencies, National Orientation Agency, Development partners (Gates Foundation, Pathfinder International, Medic a id Cancer Foundation, WAVA) and PAN/IPA Immunization Champions from all 36 states and the FCT, PAN EXCO and BoT members. We had the singular honour of hosting the International Paediatric Association (IPA)



**Dr Ekanem Ekure**

PRESIDENT,  
PAEDIATRIC ASSOCIATION OF NIGERIA (2024 - 2026)

President Dr Joseph Haddad and the IPA Executive Director Dr Naveen Thacker during the meeting.

In advancing environmental and global child health advocacy, PAN was represented by Dr. Chika Duru, our Air Quality Advocacy Associate, at the Pan-African Conference on Environment, Climate Change and Health held in Nairobi, Kenya (21-24 October 2025) as part of our Air quality project with Royal College of Paediatrics and Child Health (RCPCH) UK. We also strengthened international collaboration through the signing of an MOU with the American Academy of Pediatrics (AAP) on iKMC training, reinforcing PAN's growing global footprint alongside partnerships with IPA and RCPCH UK.

A landmark achievement during this period was the commissioning of the new PAN office on 9 December 2025 at TF-C20, 3rd Floor, Mall of Dubai, Plot 158 Gimbiya street, Garki Area 11,

# FROM THE PRESIDENTS DESK

FOR OCTOBER TO DECEMBER 2026 NEWSLETTER



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Abuja. Commissioned by the IPA President in the presence of PAN leadership and partners, this milestone strengthens our administrative capacity and symbolizes our commitment to a sustainable and resilient Association.

The dedication of our committees and sub-specialty societies has been commendable, with planned pre-conference workshops set to enrich PANConf Gateway 2026 through robust scientific content, skills acquisition, and interdisciplinary collaboration.

On the National scene the horrific news of abduction of hundreds of children from school in the quarter despite our calls upon the Federal Government to intensify its efforts in tackling insecurity and prioritize child protection was heart breaking, and Our hearts go out to these families. A clear violation of the rights of Nigerian children. Although many of the children have now been released, Government should do more to ensure that all children in captivity are released and reunited with their parents with no such future occurrences.

This edition also celebrates member milestones, including appointments, promotions, retirements, and landmark birthdays. I especially congratulate our esteemed Past President, Dr. Kikelomo Osinusi, on her 80th birthday, alongside all other celebrants.

As we approach the 57th Annual General Meeting and Scientific Conference of PAN, I encourage all members to participate actively and renew our collective commitment to advancing child health in Nigeria.

Thank you for your dedication and service. I look forward to welcoming you all to Abeokuta in the new year.

Merry Christmas

## **Dr. Ekanem Ekure**

President, Paediatric Association of Nigeria (2024–2026)

# EDITOR'S NOTE

On behalf of the President and the Executive Council of the Paediatric Association of Nigeria (PAN), it is my privilege and honour to present the **17th Edition of the PAN Newsletter**, showcasing our collective achievements during the **October – December 2025** fiscal quarter.

I acknowledge the invaluable contributions of everyone who played a role in bringing this edition to life. Crafted with care and creativity, this newsletter embodies PAN's vibrant spirit and dedication to high standards, offering readers a smooth and engaging experience.

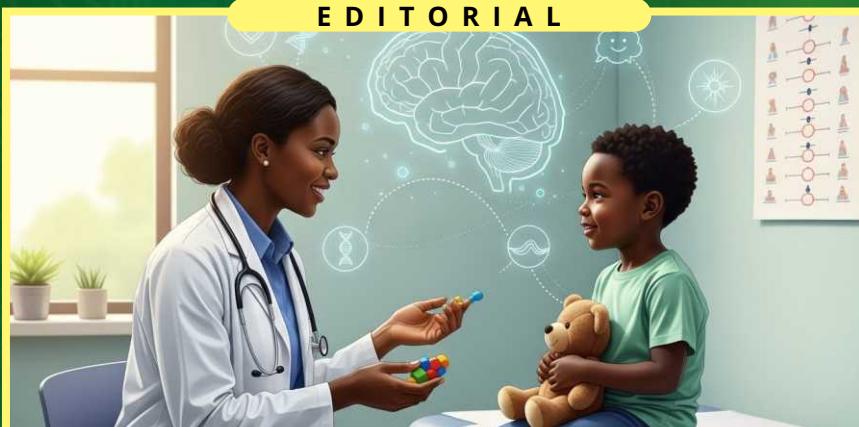
We hope you find the content this edition inspiring, sparking new ideas and leaving you feeling inspired.

Warm regards,

**Dr Aliu Rasaki**  
Assistant Secretary  
(2024-2026)



EDITORIAL



## Mental Health Disorders in Children: An ICD-11-Aligned Clinical Overview

### Integrated Narrative Review

Mental health disorders in children and adolescents represent a major public health concern, contributing substantially to morbidity, functional impairment, and long-term psychosocial outcomes. Childhood-onset mental disorders frequently persist into adulthood, affecting educational attainment, interpersonal relationships, and occupational functioning. Early identification and evidence-based intervention are therefore critical. The **ICD-11** provides a developmentally sensitive framework for classification, acknowledging age-related variations in symptom expression and course.

#### Conceptual Framework

Mental health disorders in children arise from **dynamic interactions between neurodevelopmental vulnerability, genetic predisposition, and environmental exposures**, expressed through age-dependent symptom patterns. ICD-11 emphasizes **developmental context, functional impairment, and clinical judgment** rather than rigid symptom counts, making it particularly suitable for paediatric populations.

Across diagnostic groupings, several **cross-**

**cutting principles** apply:

- High rates of comorbidity (e.g., anxiety with neurodevelopmental disorders; depression with disruptive behaviour).
- Symptom expression varies with **cognitive, emotional, and social maturity**.
- Family, school, and community contexts are integral to assessment and management.
- Early intervention improves **long-term developmental trajectories**.

#### Epidemiologic Patterns Across ICD-11 Groupings

- **Most prevalent**: neurodevelopmental disorders, anxiety disorders, disruptive behaviour disorders, and stress-related disorders.
- **Adolescence** marks increased incidence of mood disorders, substance-related disorders, eating disorders, and self-harm.
- **Rare but high-impact**: psychotic

## Mental Health Disorders in Children: An ICD-11-Aligned Clinical Overview

### Integrated Narrative Review

*Continued from previous page*

disorders, catatonia, severe eating disorders, factitious disorders, and some neurocognitive disorders.

- Social adversity, trauma exposure, chronic illness, and neurodevelopmental conditions substantially increase risk across categories.

#### Shared Pathophysiologic Themes

While each diagnostic grouping has distinct mechanisms, common pathways include:

- **Neurodevelopmental alterations** affecting executive control, emotion regulation, and social cognition.
- **Neurotransmitter and circuit dysregulation** (fronto-limbic, cortico-striatal, reward systems).
- **Stress system dysregulation**, particularly involving the HPA axis.
- **Psychological learning mechanisms**, including maladaptive threat conditioning, avoidance, and reinforcement.
- **Environmental moderators**, including attachment patterns, parenting practices, peer relationships, and sociocultural factors.

#### Clinical Presentation: Developmental Perspective

Children often present with **non-specific or masked symptoms**:

- Emotional distress may appear as somatic complaints, irritability, or behavioural dysregulation.
- Internalising disorders are frequently under-detected, especially in boys and younger children.

- Externalising symptoms may dominate presentations even when anxiety, trauma, or depression are primary drivers.

#### Diagnosis Using ICD-11

Diagnosis relies on:

1. **Clinical description and developmental history**
2. **Functional impairment across settings**
3. **Persistence beyond expected developmental norms**
4. **Exclusion of medical, neurologic, or substance-induced causes**

Collateral information from caregivers and schools is essential. ICD-11 encourages **dimensional severity and trait-based descriptors**, particularly for personality pathology and behavioural disorders.

#### Investigations: A Targeted Approach

- Most childhood mental health disorders are diagnosed **clinically**.
- Investigations are used to:
  - Exclude medical mimics (e.g., thyroid disease, epilepsy).
  - Identify complications (e.g., malnutrition, metabolic effects of medication).
  - Guide safe pharmacologic treatment.
- Over-investigation may reinforce somatic preoccupation and should be avoided once serious pathology is excluded.

#### Management Principles

Effective care is **multimodal, staged, and collaborative**:

## Mental Health Disorders in Children: An ICD-11-Aligned Clinical Overview

### Integrated Narrative Review

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- **Psychological and behavioural interventions** form the foundation for most disorders.
- **Pharmacotherapy** is adjunctive, reserved for moderate-severe illness or specific indications.
- **Family and school involvement** are central to sustained improvement.
- Long-term follow-up is needed for relapse prevention, developmental transitions, and treatment adherence.

**Table 1. ICD-11 Mental Disorder Groupings in Children: Hallmark Features and Red Flags**

ICD-11 Group	Typical Paediatric Presentation	Key Red Flags
Neurodevelopmental disorders	Early developmental delays, inattention, social communication deficits	Regression, loss of skills
Psychotic disorders / Catatonia	Hallucinations, delusions, psychomotor disturbance	Rapid decline, catatonic signs
Mood disorders	Irritability, anhedonia, mood lability	Suicidality, psychosis
Anxiety disorders	Avoidance, somatic symptoms, school refusal	Panic, severe functional impairment
OCD and related disorders	Rituals, intrusive thoughts, reassurance seeking	Severe family accommodation
Stress-related disorders	Re-experiencing, hyperarousal, behavioural regression	Ongoing threat, dissociation
Dissociative disorders	Amnesia, non-epileptic seizures	Neurologic red flags
Feeding/eating disorders	Restriction, weight loss, feeding avoidance	Medical instability

## Mental Health Disorders in Children: An ICD-11-Aligned Clinical Overview

### Integrated Narrative Review

*Continued from previous page*

#### ICD-11 Group      Typical Paediatric Presentation      Key Red Flags

Elimination disorders	Enuresis, encopresis	Secondary onset, pain, UTI
Bodily distress disorders	Multiple unexplained symptoms	Excessive investigations
Substance/addictive disorders	Risk-taking, academic decline	Overdose, withdrawal
Impulse control disorders	Aggression, explosive outbursts	Injury to self/others
Disruptive behaviour disorders	Persistent rule violations	Callous-unemotional traits
Personality disorders (traits)	Emotional instability, self-harm	Chronic suicidality
Paraphilic disorders	Rare; problematic sexual behaviours	Safeguarding concerns
Factitious disorders	Inconsistent history, repeated presentations	Iatrogenic harm
Neurocognitive disorders	Cognitive decline, delirium	Acute fluctuating consciousness

## Mental Health Disorders in Children: An ICD-11-Aligned Clinical Overview

### Integrated Narrative Review

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#### Table 2. Diagnostic Workflow for Suspected Childhood Mental Health Disorders

- 1. Presenting concern**
  - Emotional, behavioural, cognitive, or somatic symptoms
- 2. Developmental context**
  - Age appropriateness, milestones, school functioning
- 3. Multi-informant history**
  - Child, caregivers, teachers, records
- 4. Functional impact**
  - Home, school, peers
- 5. Risk assessment**
  - Self-harm, suicidality, aggression, safeguarding
- 6. Rule out medical/substance causes**
  - Targeted examination and tests
- 7. ICD-11 diagnostic formulation**
  - Primary diagnosis + comorbidities + severity

#### Algorithm 1. General Management Pathway

##### Step 1: Engagement and psychoeducation

→ Normalize symptoms, explain diagnosis, set expectations

##### Step 2: First-line psychosocial interventions

→ CBT, behavioural therapy, parent training, trauma-focused therapy, school accommodations

#### Step 3: Reassessment of response (6-12 weeks)

→ Functional improvement? Symptom reduction?

#### Step 4: Pharmacotherapy (if indicated)

→ Moderate-severe illness, high risk, or non-response

→ Start low, monitor closely, involve specialists

#### Step 5: Ongoing monitoring and relapse prevention

→ Developmental transitions, adherence, comorbidity management

#### Algorithm 2. Indications for Urgent or Specialist Referral

- Active suicidal ideation or self-harm
- Psychosis, catatonia, or severe mood instability
- Medical compromise (e.g., eating disorders)
- Rapid developmental regression
- Suspected abuse, neglect, or factitious disorder
- Treatment resistance or diagnostic uncertainty

#### Conclusion

ICD-11 provides a developmentally informed, clinically flexible framework for diagnosing and managing mental health disorders in children. Despite diagnostic diversity, common principles—early recognition, functional assessment, psychosocial first-line care, and family-centred intervention—underpin effective practice. Integrating mental health care into paediatric and primary care settings remains essential to reducing long-term

## Mental Health Disorders in Children: An ICD-11-Aligned Clinical Overview

### Integrated Narrative Review

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#### REFERENCES

- World Health Organization. *ICD-11: Clinical Descriptions and Diagnostic Requirements for Mental, Behavioural and Neurodevelopmental Disorders*.
- World Health Organization. *mhGAP Intervention Guide* (latest edition).
- National Institute for Health and Care Excellence (NICE) guidelines: ADHD (NG87), Depression in CYP (NG134), Eating Disorders (NG69), PTSD (NG116), Psychosis in CYP (CG155), OCD (CG31).
- Thapar A, et al. **Lancet Psychiatry** – Developmental pathways to psychiatric disorders.
- Rutter M, et al. **Child and Adolescent Psychiatry**

# ACTIVITIES CARRIED OUT BY **PAN/IPA IMMUNIZATION CHAMPIONS**



Over the last quarter of 2025, our PAN/IPA Immunization champions in collaboration with the PAN Immunization committee and the PAN School Health programme committee carried out HPV sensitization outreaches in 13 schools across the six geo-political zones in Nigeria.

Over 3000 students nationwide were reached with information about HPV, Cervical cancer and the HPV vaccine. Other activities done included BMI assessment of the students, training of peer educators and establishment of HPV Health clubs to ensure continuous peer-to peer sensitization about HPV among the students.

During the outreach, over 200 girls were vaccinated across the country with the HPV vaccine.



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### GOMBE STATE

The PAN/IPA Immunization Champions in Gombe State, ably led by the Assistant Secretary of PAN, Dr. Aliyu, commenced the Paediatric Association of Nigeria's interventional outreach.



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### KEBBI STATE



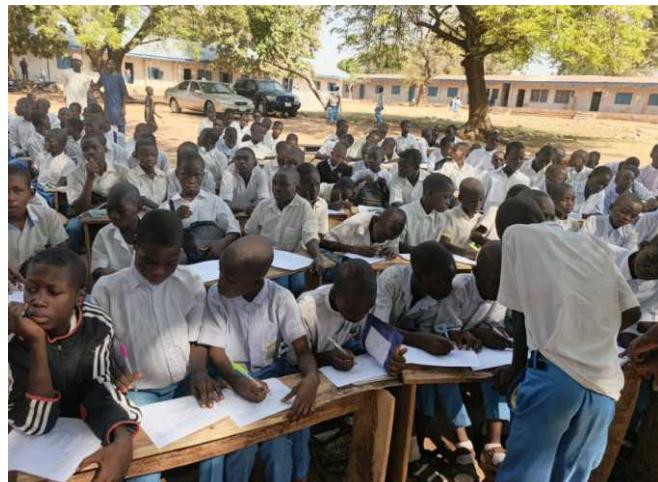
## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### KEBBI STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### NASARAWA STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

FCT, ABUJA



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### EDO STATE

Edo State Immunization Champions, Edo State Health Educator and the Staff of Idia College.



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### EBONYI STATE

Ebonyi State PAN/IPA Immunization Champions carried out a school outreach and sensitization at Blessed Martin's College. The session was interactive and engaging, with measurements of pupils' weight and height taken, and many students actively asking questions. Over 200 students participated in the outreach.



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### EBONYI STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### ENUGU STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### ENUGU STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### BAYELSA STATE

Bayelsa State PAN/IPA Immunization Champions conducted a school outreach and sensitization exercise. A key highlight of the session was the low uptake of the HPV vaccine among eligible students. Out of 197 students present, only 18 girls had received the HPV vaccine, while 50 eligible girls had not been vaccinated. In collaboration with the school authorities, plans were made to obtain parental consent to enable vaccination during a follow-up visit.



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### BAYELSA STATE



Presenting our souvenir to the administrator and this will be shared to the students during our next visit and she send her appreciation to PAN/IPA for their labour of love



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### OSUN STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### AKWA IBOM STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### AKWA IBOM STATE



## PAN/IPA Immunization Champions' Secondary School Outreach for HPV Sensitization, HPV Club Creation, and School Health Advocacy

### ZAMFARA STATE



# COMMUNIQUÉ ISSUED AT THE END OF THE STAKEHOLDERS' CONSULTATIVE MEETING ON HPV VACCINE ROUTINIZATION STRATEGIES AND EXPERIENCE-SHARING WORKSHOP

Held on 8th December 2025, Abuja, Nigeria



## A. Preambles

The International Pediatric Association (IPA) in collaboration with the Paediatrics Association of Nigeria (PAN) held a stakeholders Consultative forum and Experience Sharing Workshop on the 8th December, 2025, in West African College of Physician (WACOP) Conference Centre Abuja, Nigeria.

The workshop brought together the President and Executive Director of International Paediatric Association Dr Joseph Haddad, Dr Naveen Thacker, The President of Paediatric Association of Nigeria, Dr Ekanem Ekure, Past Presidents of Paediatric Association of Nigeria, Dr Alhassan Yakubu, Dr Dorothy Esangbedo, Her Excellency Zinnab Bagudu President Elect of the Union for International Cancer Control, President of Nigeria Society for Neonatal Medicine, Policymakers such as the Federal Ministry of Health, National Primary HealthCare Development Agency, National Orientation Agency, Women Advocate for Vaccine Access, Federal Ministry of Women Affairs, Pathfinder, Ministry of Budget and Planning and

Immunization Champions, Paediatricians, Public Health Experts, to share experiences, identify gaps, and chart a way forward for improving childhood immunizations in Nigeria specially with respect to Human Papilloma Virus Vaccine and Measles Rubella Vaccines recently rolled out.

The meeting featured welcome address, goodwill messages, keynote presentations, group sessions, and technical reviews covering key thematic areas on Overview of Human Papilloma Vaccine Infection and Cervical Cancer, Navigating the advocacy terrain, maximizing opportunities to Sustainable Demand Creation.

## B. Observations

Participants noted the following:

1. Acknowledged the strengthened the PAN, NPHCDA collaboration, and efforts at improving Vaccination in Nigeria while noting the role of other partners.
2. The problems of sustaining vaccine acceptance and demands.

# COMMUNIQUÉ ISSUED AT THE END OF THE STAKEHOLDERS' CONSULTATIVE MEETING ON HPV VACCINE ROUTINIZATION STRATEGIES AND EXPERIENCE-SHARING WORKSHOP

Held on 8th December 2025, Abuja, Nigeria

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3. About 8,000 women documented to die from Cervical Cancer.
4. Reasons for low demand and uptake of the Human Papilloma Virus
5. Myths and Misconception about HPV Vaccination
6. Channels for Spread of misinformation and Myths about HPV Vaccination.
7. Need for more funding
8. Attitude of healthcare workers to vaccination
9. Low vaccine coverage in internally displaced camps

## C. Resolutions / Recommendations

After extensive deliberations, the workshop resolved as follows:

1. The need to strengthen policies to improve community partnership and grass root mobilization.
2. Integration of other HPV vaccination to the school; health programme.
3. Strengthen policy implementation frameworks to improve accountability and sustainability.
4. Expand access to quality primary

healthcare services, especially in underserved communities.

5. Promote locally driven research to address vaccine hesitancy
6. Intensify health education programs to improve parental knowledge and healthy practices.
7. Engage community leaders, faith-based organizations, and youth groups in generating demand for child health services.
8. Enhance IPA-PAN collaboration in research, capacity building, and advocacy.

## D. Conclusion

Participants renewed their commitment to advancing child and adolescent health in Nigeria and globally. The workshop reaffirmed the vital roles of IPA, PAN, government agencies, and stakeholders in ensuring a healthier future for children.

This communiqué is issued on this **8th day of December 2025, in Abuja, Nigeria.**

## Members of the communiqué drafting committee

Dr Aliyu Abdurrazaq

Dr Idaboh Oghenetega

Dr Onyinye Anyanwu

# PHOTO EXCERPT

## STAKEHOLDERS' CONSULTATIVE MEETING ON HPV VACCINE ROUTINIZATION STRATEGIES AND EXPERIENCE-SHARING WORKSHOP



IPA President (Prof Joseph Haddad) and IPA Executive Director (Dr Naveen Thacker) being welcomed to the event



Brilliant PAN (Dr Ekanem Ekure) President and visionary ex officio, Dr Eletu



IPA President giving a remark



IPA Executive Director giving a remark



PAN President giving a remark

# PHOTO EXCERPT

# STAKEHOLDERS' CONSULTATIVE MEETING ON HPV VACCINE ROUTINIZATION STRATEGIES AND EXPERIENCE-SHARING WORKSHOP



## OFFICIAL OPENING OF NEW PAN OFFICE AT FLOOR 4, MALL OF DUBAI, ABUJA



On the 9th of December 2025, the new PAN office at TF- C20,Mall of Dubai Garki , Abuja was officially opened by the IPA President Prof Joseph Haddad to the glory of God! In attendance was the IPA Executive Director Dr Naveen Thacker, a representative from NPHCDA, members of PAN Executive council, Board of Trustees and PAN office acquisition committee.

## OFFICIAL OPENING OF NEW PAN OFFICE AT FLOOR 4, MALL OF DUBAI, ABUJA



## OFFICIAL OPENING OF NEW PAN OFFICE AT FLOOR 4, MALL OF DUBAI, ABUJA





## THE IPA PRESIDENT VISITS HOSPITALS IN ABUJA

The IPA President Prof Joseph Haddad concluded his visit to Nigeria by visiting different hospitals-Zankli Medical Centre, Kubwa General Hospital and National Hospital Abuja on Wednesday the 10th of December 2025. He was warmly welcomed and took a tour of the various facilities



THE IPA PRESIDENT  
VISITS HOSPITALS IN ABUJA  
**Image Excerpts**



## THE IPA PRESIDENT VISITS HOSPITALS IN ABUJA

### Image Excerpts



## PAN, NISONM and IPA Courtesy Visit to FMoH on National Essential Newborn Care Training



The Executive Council of the Paediatric Association of Nigeria (PAN), alongside a representative of the Nigeria Society of Neonatal Medicine (NISONM) and the President of the International Pediatric Association (IPA), paid a courtesy visit to the Federal Ministry of Health and Social Welfare in Abuja to discuss support for a National Essential Newborn Care Training programme.

The meeting focused on strengthening newborn care practices in Nigeria through capacity building of healthcare workers, with IPA expressing support for the initiative. PAN reaffirmed its commitment to collaborating with key stakeholders to improve neonatal outcomes and advance national efforts aimed at reducing newborn morbidity and mortality.



## PAN, NISONM and IPA Courtesy Visit to FMoH on National Essential Newborn Care Training



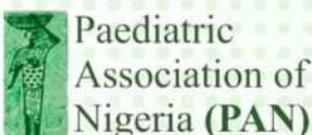
## Visit to Botanical Garden, Abuja

As part of the activities during the International Pediatric Association (IPA) President's and Director's visit to Nigeria, the President of the Paediatric Association of Nigeria (PAN), Prof. Ekanem Ekure, alongside the PAN Secretary, Dr. Chika Duru, and the IPA Director, Dr. Naveen Thacker, paid a leisure visit to the Botanical Garden, Abuja.



From Left to Right: Prof. Ekanem Ekure, President of PAN, with Dr. Chika Duru, PAN Secretary, and Dr. Naveen Thacker, IPA Director, during a leisure visit to the Botanical Garden, Abuja

## PANConf 2026 PRE-CONFERENCES



### 57th Annual General Meeting & Scientific Conference (OGUN, 2026)

#### PRE-CONFERENCE WORKSHOP

# NEONATAL RESUSCITATION *Training*

Training of Trainers on Advanced Neonatal resuscitation

#### For:

Paediatricians, Paediatricians in training, Obstetricians, Obstetricians in training, Anaesthesiologists, General practitioners involved in Neonatal care, Registered Nurses, Midwives, Nurses Tutors.

*fee*

Doctors: 40,000

Nurses: 25,000

**Date: January 19th - 20th 2026**

**Account number: 1779911946**

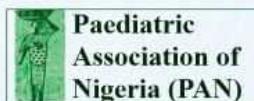
**Bank Name: Access Bank**

**Account name: Paediatric Association  
of Nigeria -Conference**



Kindly send evidence of payment, name, phone number, hospital and email to [oobadaini@gmail.com](mailto:oobadaini@gmail.com)

# PANConf 2026 PRE-CONFERENCES



Paediatric  
Association of  
Nigeria (PAN)



Little  
Lung  
Africa (LLA)

*In collaboration with*



Nigerian  
Thoracic  
Society (NTS)



West African  
College of  
Physicians



National  
Postgraduate  
Medical College

## 2-DAY PANConf Respiratory Pre-conference 2026

**THEME:**

# CONSOLIDATING SKILLS TO SCALE UP

Paediatric Pulmonology Practice In Nigeria.

**MAIN FOCUS:**

SPIROMETRY  
TUBERCULOSIS  
NON-INVASIVE VENTILATION  
LUNG ULTRASOUND  
BRONCHOSCOPY

*Fee*

**N35,000 Only**

**Date: January 19th-20th, 2026**

ACCOUNT NO: 1016168647

BANK NAME: ZENITH BANK

ACCOUNT NAME: LITTLE LUNG AFRICA



**VENUE:**

**ABEOKUTA**  
OGUN STATE

Kindly send evidence of payment to 08107095467

For more inquiries contact (+234) 8107095467, 8132103169

## PANConf 2026 PRE-CONFERENCES



**NIGERIAN SOCIETY OF NEONATAL MEDICINE**

**57TH ANNUAL GENERAL AND  
SCIENTIFIC MEETING OF THE PAEDIATRIC  
ASSOCIATION OF NIGERIA**

**Abeokuta 2026**

### **PRE-CONFERENCE WORKSHOP ON RESPIRATORY SUPPORT FOR NEWBORNS**

**FOR DOCTORS AND NURSES  
WORKING IN THE NEWBORN SPACE**

#### **COURSE HIGHLIGHTS:**

- Respiratory Distress Assessment Methods
- Oxygen therapy do's and don'ts
- Non invasive and Invasive respiratory support
- Bubble CPAP and other types of CPAP
- Monitoring babies on CPAP/MV
- Endotracheal intubation and use of Laryngeal Mask Airway
- Surfactant administration (INSURE and LISA)
- Mechanical ventilation
- Blood gas analysis etc.

**DATE:  
19TH-  
20TH  
JAN.  
2026**



**Venue: NMA House, Likosi, Abeokuta, Ogun State.**

**Registration fee:  
N40,000 FOR DOCTORS  
N25,000 FOR NURSES**

**Account details:  
Nig. Soc. Of Neonatal Medicine  
GT BANK 0023655633**

**For enquiries: +234(0) 803 5017 416  
Send evidence of payment, name, phone number and hospital to:  
nisonm.nig@gmail.com**

# PANConf 2026 PRE-CONFERENCES



THE PAEDIATRIC  
ASSOCIATION  
OF NIGERIA (PAN)

IN COLLABORATION WITH

THE NIGERIAN  
SOCIETY  
FOR PAEDIATRIC  
CARDIOLOGY



PRESENTS:

A PANConf 2026 PRE-CONFERENCE CARDIOLOGY WORKSHOP ON

## Precision Echocardiography Imaging in Paediatric Cardiology: Focus on Fetal Echocardiography

### WHAT TO EXPECT:

- Mastery of paediatric and fetal cardiac anatomy
- Real-time scanning techniques and Doppler applications
- Case-based learning with expert faculty
- Hands-on practice with simulators and live models
- Insights into 2D fetal echo and prenatal counseling
- Certificate of Participation

WHO CAN ATTEND: PAEDIATRIC CARDIOLOGISTS AND RESIDENTS, RADIOLOGISTS, OBSTETRICIANS, SONOGRAPHERS

**N35,000  
ONLY**



**1213058790**

ACCOUNT NAME: NISOPAC

SEND RECEIPT OF PAYMENT TO **08023186501**

Register online at [forms.gle/yqeFoidxKphmd6Ro7](https://forms.gle/yqeFoidxKphmd6Ro7)

 **TUES. 20TH JAN. 2025  
8AM - 5PM**

 **TELEMEDICINE CENTRE,  
FMC Abeokuta, Ogun State**

FOR MORE INFORMATION PLEASE CONTACT **08035185427, 08023186501**

## PANConf 2026 PRE-CONFERENCES



### PAEDIATRIC EMERGENCY PRE- CONFERENCE WORKSHOP

**ABEOKUTA January 19 & 20 2026**

**HANDS ON WORKSHOP & INTERACTIVE SESSIONS**

**Basic Life Support**  
**Rapid Assessment**  
**PALS simulation**  
**Endotracheal intubation**  
**Central Venous Cannulation**  
**Paediatric ARDS**  
**Sepsis**  
**Introduction to POCUS**  
**and so much more....**



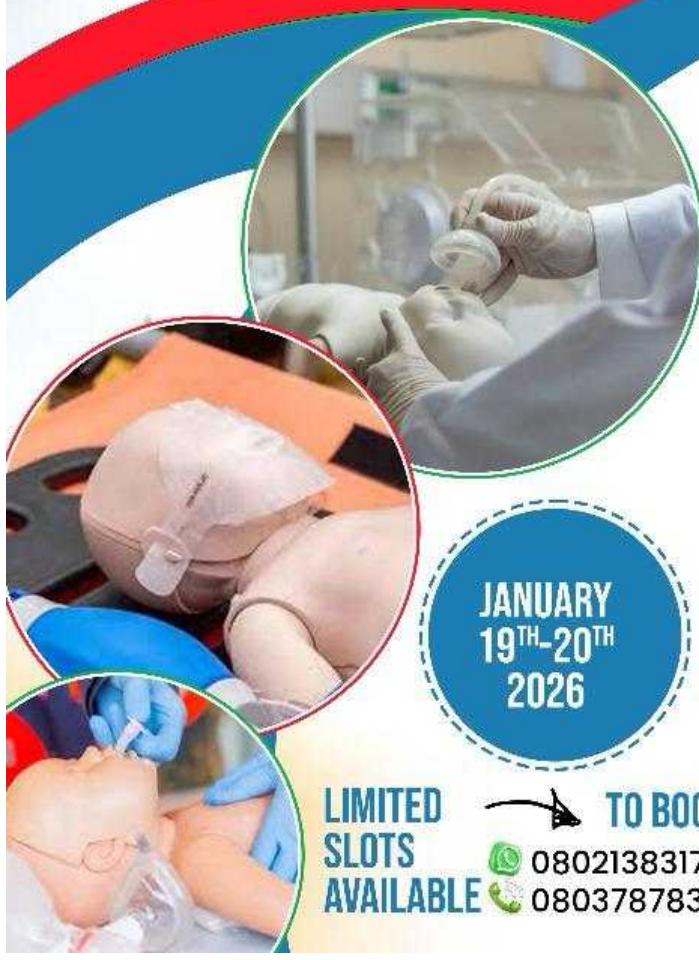
**N35,000 only for early bird (Nov 30)**  
**08063800822**

## PANConf 2026 PRE-CONFERENCES



*57th Annual General Meeting  
& Scientific Conference*

### Pediatric Advanced Life Support Course



JANUARY  
19<sup>TH</sup>-20<sup>TH</sup>  
2026

LIMITED  
SLOTS  
AVAILABLE



TO BOOK A SLOT:

08021383178  
08037878389

criticodetf@gmail.com  
abimbola\_12@yahoo.com

### 2-DAY PRE-CONFERENCE WORKSHOP

#### Highlights

- AHA provider manual
- AHA PALS provider eCard
- Paediatric BLS and relief of choking
- Assessment of the critically ill child
- Airway management
- Management of shock
- Management of rhythm disorders

# PANConf 2026 PRE-CONFERENCES

 **7<sup>th</sup> NISPID BGMSC  
ABEOKUTA  
2026**  

**NIGERIAN SOCIETY FOR PAEDIATRIC INFECTIOUS  
DISEASES (NISPID) 7<sup>th</sup> BIENNIAL GENERAL MEETING &  
SCIENTIFIC CONFERENCE**

**AND**

**PAEDIATRICS INFECTIOUS DISEASES  
PRE-CONFERENCE WORKSHOP**

*In Collaboration With*

**THE LOC 57<sup>th</sup> PAEDIATRIC ASSOCIATION OF NIGERIA ANNUAL  
GENERAL MEETING AND SCIENTIFIC CONFERENCE (PANCONF)  
ABEOKUTA 2026**

**THEME:**

**Sustainable Interventions and  
Leveraging Technology For Emerging  
and Re-emerging Infectious Diseases**

**HIGHLIGHTS:**

- Sustainable models for ID Control
- Updates on malaria elimination
- Artificial intelligence in Paeds ID
- Trends in TB diagnostics and management
- Climate change and ID epidemiology
- Vaccines and unending VPDs
- AMR Surveillance & Stewardship



**REGISTRATION FEE:**

- Ordinary members: ₦15,000
- Others: ₦10,000

**Date: 19th & 20th JANUARY 2026**

**Venue: Academy Suite, Abiola Way, Abeokuta**

**HYBRID**

**REGISTER HERE**

**For inquiries: +234 803 806 7511 or +234 802 364 2269**

**Account Number:  
Nigerian Society for Pediatrics  
Infectious Diseases**

**Zenith Bank:  
1012669878**

# PANConf 2026

## PRE-CONFERENCES



**GATEWAY  
2026**

### **CHILD NEUROLOGY SOCIETY OF NIGERIA**

19TH ANNUAL GENERAL AND 13TH SCIENTIFIC MEETING

#### Theme: **ADVANCES IN PAEDIATRIC STROKES**

##### **Sub Themes:**

- Management of visual and hearing impairments in childhood
- Optimizing care of Congenital anomalies of the Nervous system

##### **Pre Conference Workshop**

##### **NEUROIMAGING IN PAEDIATRICS**

###### **FEATURING**

- How to read and interpret CT scan and MRI in Paediatric Neurology
- Understanding Paediatric EEG

##### **EEG**



##### **MRI**



##### **Participants:**

General Paediatricians, Paediatric Residents and Consultants, Paediatric Neurologists, Family Physicians, Medical Officers, Radiologists, and Allied Health Care Practitioners

**Venue: Telemedicine Hall FMC Abeokuta**

**Date: Mon 19th & Tue 20th January 2026**

##### **Registrations Process**

Please Send Name, Affiliation and Evidence of Payment to [cnsn2018@gmail.com](mailto:cnsn2018@gmail.com)

##### **Submit Abstracts to**

[cnsngatewayabstract@gmail.com](mailto:cnsngatewayabstract@gmail.com)

##### **Deadline**

31st December, 2025

CNSN Account **1015494002** UBA

##### **Registration**

**Consultants: N20,000   Others: N10,000**



##### **Contact**

**0802 307 4058, 0803 340 0714, 0806 681 6292**

# PANConf 2026 PRE-CONFERENCES

 Paediatric  
Association of  
Nigeria (PAN)

**Paediatric Nephrology Association of Nigeria**  
invites you to a

**2- Day Paediatric Nephrology Pre-conference  
Workshop With Hands-On Training**

**Target Audience:**

- Paediatric Nurses
- Residents in Paediatrics
- Paediatric Nephrology Fellows



**Theme**  
**The Role Of Screening And Diagnostic Work Up In Children With Kidney Disease**

**Sub-Theme**

- Urinary Tract Infections In Children – Outcomes and Prognosis
- The Role Of Urodynamic Studies In Children.

**Practical Sessions**

- Peritoneal Dialysis Catheter Insertion
- Kidney Biopsy

**Date**  
19th & 20th January, 2026

**Venue**  
Department of Psychiatry Seminar Hall, Federal Medical Center, Abeokuta

**Fee: 30K** Send evidence of payment to 08058263273  
**Virtual 40K**

**Pay into:** 0028363780 | Guaranty Trust Bank | Martina Inegbenehi

**Contact details:** 08032119968, 08058263273, 08033277388

## PANConf 2026 PRE-CONFERENCES



**Paediatric Association of Nigeria (PAN)**

**PANCONF 2026 GATEWAY**

### PAEDIATRIC ASSOCIATION OF NIGERIA PRE-CONFERENCE TRAINING IN IKMC

Featuring

- ✓ Hands on Training on IKMC
- ✓ Establishing IKMC facility in your facility - The Basic Start up requirements
- ✓ Respiratory Support in IKMC - The Electricity Powered and The Non- Electricity Powered CPAP
- ✓ Achieving Zero or Near Zero Neonatal Mortality using the IKMC Model.

**January 20th 2026**

**Venue - FMC Abeokuta.**

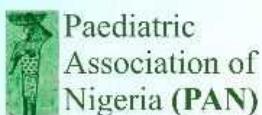
**Registration fee and Tea Break ₦35k**

**Training Coordinator - Prof Ebun Adejuyigbe**

**Bank details: GTB Plc  
Acc No: 0023655633 Acc Name: Nig. Soc. of Neonatal Medicine**

**Kindly send the evidence of payment and all enquiries to Dr Kayode OV (08064388220) WhatsApp only**

# PANConf 2026 PRE-CONFERENCES



Society For Paediatric and Adolescent  
Endocrinologists in Nigeria (SPAEN)

P R E S E N T S

## PRE-CONFERENCE WORKSHOP

### THEME

## Recent Advances and Practical Approach to DKA

#### METHODOLOGY

1. Didactic Presentations
2. Case-Based Learning
3. Simulation-based training on Fluid and Insulin Therapy

#### BENEFITS TO PARTICIPANTS

1. Improved clinical decision-making in DKA
2. Enhanced confidence in fluid and insulin management
3. Strengthened teamwork and communication in acute care settings
4. Up-to-date knowledge on current guidelines and protocols

Tuesday 20th January 2026 || 9.00am - 5.00pm || Surgery Seminar Room, FMC, Abeokuta

**VIRTUAL**

### Presenters

**Dr. Omolola Ayoola**, MBBS, FWACP, MSc, FRCPCH, PhD  
Consultant Paediatric Endocrinologist and  
Clinical Lead, Lancashire Teaching Hospital, Preston, United Kingdom

**Dr Elizabeth E. Oyenusi**, MBBS, MSc, FMCpaed, MWACP, FESPE  
Associate Professor/ Consultant Paediatric Endocrinologist,  
CMUL/LUTH Lagos and President, SPAEN

**Prof. Abiola Oduwole**  
CMUL/LUTH Lagos,  
President, SPAEN and Coordinator, PETCWA

#### WORKSHOP FEE

**N20,000**

Bank: Ecobank  
Account Number: 0132127858

Account Name: Soc For Paediatrics and Adolescent

Please send the evidence of payment  
to +234 708 762 1125

For inquiry, please contact +234 708 762 1125 or +234 803 464 1196

# PANConf 2026 PRE-CONFERENCES

 Paediatric  
Association of  
Nigeria (PAN) 

PAEDIATRIC ASSOCIATION OF NIGERIA CONFERENCE GATEWAY 2026  
in collaboration with  
NIGERIAN ASSOCIATION OF PAEDIATRIC GASTROENTEROLOGY,  
HEPATOTOLOGY AND NUTRITION (NAPGHAN)

PRESENTS

## A ONE-DAY PRE-CONFERENCE *Workshop*

FOR: CONSULTANTS, PAEDIATRIC RESIDENTS,  
NURSES, NUTRITIONISTS, DIETICIANS, AND  
UNDERGRADUATES IN MEDICINE.

Theme:  
**Paediatric Gastrointestinal Endoscopy in  
Nigeria: Bridging Gaps and Building Expertise**

 **Tues. 20th  
Jan. 2026  
9am Prompt**

**VENUE**  
Cooperative Hall, Federal  
Medical Centre, Abeokuta,  
Ogun State.

**COURSE FEE:**  
**N10,000**

ACCOUNT NAME: Nigerian Association of Paediatric Gastroenterology,  
Hepatology and Nutrition.  
**COURSE FEE WILL BE REFUNDED FOR THE FIRST TEN RESIDENTS**  
Please send a copy of your payment details to: napghan.ng@gmail.com

**COURSE HIGHLIGHTS**

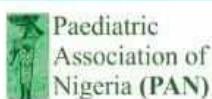
- Basic diagnostic paediatric endoscopy - Hands-on endoscopy workshop
- Demonstration of live paediatric endoscopy
- Nutritional assessment - Hands-on sessions using the anthropometric software.
- Hot topics in paediatric gastroenterology:
  - Paediatric gastrointestinal endoscopy: equipment, applied anatomy and care of the equipment.
  - Abdominal pain and the role of paediatric endoscopy.
  - Approach to the management of a child with Disorders of Gut Brain Interaction.

For Further Enquiries, Call/SMS:

**PROF. FELIX AKINBAMI**  
+234 806 097 3717

**PROF. IDOWU SENBANJO**  
+234 806 777 7363

**DR. EKONG UDOH**  
+234 803 835 5559



# Do you want to become a member of PAN?

The Executive council of the Paediatric Association of Nigeria (PAN) is calling on all eligible health care workers to apply for membership of the Association.

You can register and pay to be inducted as an Ordinary, Trainee, Associate or International member, at the upcoming PAN conference in Abeokuta!

To register online visit

[www.pan-ng.org/membership](http://www.pan-ng.org/membership)

For inquiries, email [secretary@pan-ng.org](mailto:secretary@pan-ng.org)





**5<sup>TH</sup>**  
ANNUAL GENERAL MEETING  
AND SCIENTIFIC CONFERENCE

**THEME:**  
ACHIEVING SDG-3  
AND CHILD HEALTHCARE  
THROUGH INNOVATIVE  
FUNDING MODELS &  
TECHNOLOGY  
DRIVEN SOLUTIONS:

**SUB THEMES**

- Sustainable Child Health Financing in a Challenging Economy
- Artificial Intelligence & Digital Solutions in Paediatric Research & Practice
- Emerging & Re-emerging Communicable Diseases: A case for local vaccine Production
- The role of the contemporary Media in SDG-3 in Nigeria



**JAN**  
21ST-23RD  
2026

**VENUE**

JUNE 12 CULTURAL  
CENTRE KUTO  
ABEOKUTA.

## REGISTRATION DETAILS

**Ordinary Members (Physical OR Virtual Attendance)**

Super Early Bird 1st April -30th June 2025	Early Bird 1st July - 30th Sept 2025	Regular 1st Oct - 30TH Nov 2025	Late/Onsite 1st Dec 2025-21st Jan 2026
N90,000	N100,000	N110,000	N120,000

**Trainee Members (Physical OR Virtual Attendance)**

Super Early Bird 1st April -30th June 2025	Early Bird 1st July - 30th Sept 2025	Regular 1st Oct - 30TH Nov 2025	Late/Onsite 1st Dec 2025-21st Jan 2026
N60,000	N60,000	N65,000	N70,000

**Associate Members (Physical OR Virtual Attendance)**

Super Early Bird 1st April -30th June 2025	Early Bird 1st July - 30th Sept 2025	Regular 1st Oct - 30TH Nov 2025	Late/Onsite 1st Dec 2025-21st Jan 2026
N60,000	N60,000	N65,000	N70,000

**International Delegates**

Super Early Bird 1st April -30th June 2025	Early Bird 1st July - 30th Sept 2025	Regular 1st Oct - 30TH Nov 2025	Late/Onsite 1st Dec 2025-21st Jan 2026
\$100	\$100	\$100	\$100

**Accompanying Guests (Physical OR Virtual Attendance)**

Super Early Bird 1st April -30th June 2025	Early Bird 1st July - 30th Sept 2025	Regular 1st Oct - 30TH Nov 2025	Late/Onsite 1st Dec 2025-21st Jan 2026
N60,000	N60,000	N60,000	N60,000

FOR MORE REGISTRATION DETAILS, VISIT  
[www.pan-ng.org/panconf](http://www.pan-ng.org/panconf)



## Click, Book & Stay

As you prepare to attend PANConf 2026, please remember to secure your accommodation early. Simply visit the link below to book your stay.

We look forward to welcoming you soon!

**<https://pan-ng.org/panconf/>**

# NIGERIA AT 65: A CALL TO PUT CHILDREN FIRST

The Paediatric Association of Nigeria (PAN) celebrates with our dear nation Nigeria at Sixty-five. We thank God for keeping us as a nation despite daunting challenges. In the spirit of this celebration, we also honor the Nigerian child — the heartbeat of our nation and the promise of tomorrow. Every Nigerian child carries within them the dreams of a greater Nigeria, and it is our collective responsibility to nurture, protect, and empower them to reach their fullest potential.

As Nigeria marks 65 years of independence, we must pause and reflect on the nation's future—not in terms of oil revenue, elections, or infrastructure alone, but in terms of our children. For it is in their education, health, safety, and opportunities that Nigeria's destiny truly lies.

At 65, Nigeria must confront some pressing questions:

Why are 800 families in Nigeria losing a newborn baby every single day?

Saving newborn lives is a fundamental measure of a country's overall health, development, and governance.

Why are Nigerian children still dying from preventable



diseases like malaria, diarrhea, and pneumonia?

No child should lose their life to ailments that the world already knows how to prevent or cure.

Why do we still have more than 2 million zero dose children in Nigeria?

Immunization is one of the most impactful, equitable, and cost-effective ways to safeguard children's health and ensure healthier societies.

Why does child malnutrition remain widespread in a nation capable of producing enough food for itself and beyond?

A hungry child cannot learn, grow, or dream.

Why is access to adequate water, sanitation and hygiene (WASH) only available to 1 in 4 people in Nigeria?

WASH is a child's first defence against disease.

Why does air pollution remain a major threat to maternal, newborn, and child health in Nigeria despite evidence that its impact is preventable?

Reducing exposure to air pollution lowers the risk of pregnancy complications, supports healthy fetal growth, and decreases newborn and under-five mortality.

Why are millions of Nigerian children homeless?

Every child deserves safety,

# NIGERIA AT 65: A CALL TO PUT CHILDREN FIRST

*Continued from previous page*

shelter, and hope for the future

Why are millions of Nigerian children still out of school despite decades of promises and abundant natural resources and why is the quality of public education so poor?

Education is the foundation of progress, yet countless children remain excluded from this basic right.

Why are Nigerian children not safe from kidnapping, trafficking, and abuse including child marriage in their own communities?

The safety of children should be the first responsibility of any nation.

Why do conflicts, insurgencies, and banditry continue to disrupt children's lives, education, and future in many regions?

Peace is not optional; it is the soil in which childhood and nationhood take root.

Why are children with disabilities still denied equal access to quality education, healthcare, and social participation?

Inclusion is not charity; it is justice.

Why are rural and marginalized children left behind while urban children have comparatively better opportunities?

Geography should not determine destiny.

Why is so little of Nigeria's wealth invested transparently and effectively in child-focused programs?

A nation's budget is a moral document, revealing what it truly values.

Why are children's voices, rights, and futures not at the center of national policies and leadership priorities?

The measure of any society is how it treats its most vulnerable members.

Nigeria at 65 cannot afford to keep pushing these questions aside. If we are to step into a future worthy of our people's hopes, then children must come first—not in rhetoric, but in reality. Let this anniversary be not only a celebration of survival, but a turning point toward justice, dignity, and opportunity for every Nigerian child.

Long live the children of Nigeria.

Long live the Federal Republic of Nigeria.

Long live the Paediatric Association of Nigeria.



**Dr Ekanem Ekure**  
President



**Dr Chika Duru**  
Secretary

# PAN Commemorates World Prematurity Day 2025

Theme: Give Preterm Babies a Strong Start for a Hopeful Future



Paediatric  
Association of  
Nigeria (PAN)

17th November



World  
Prematurity  
Day

 @pan\_ngr

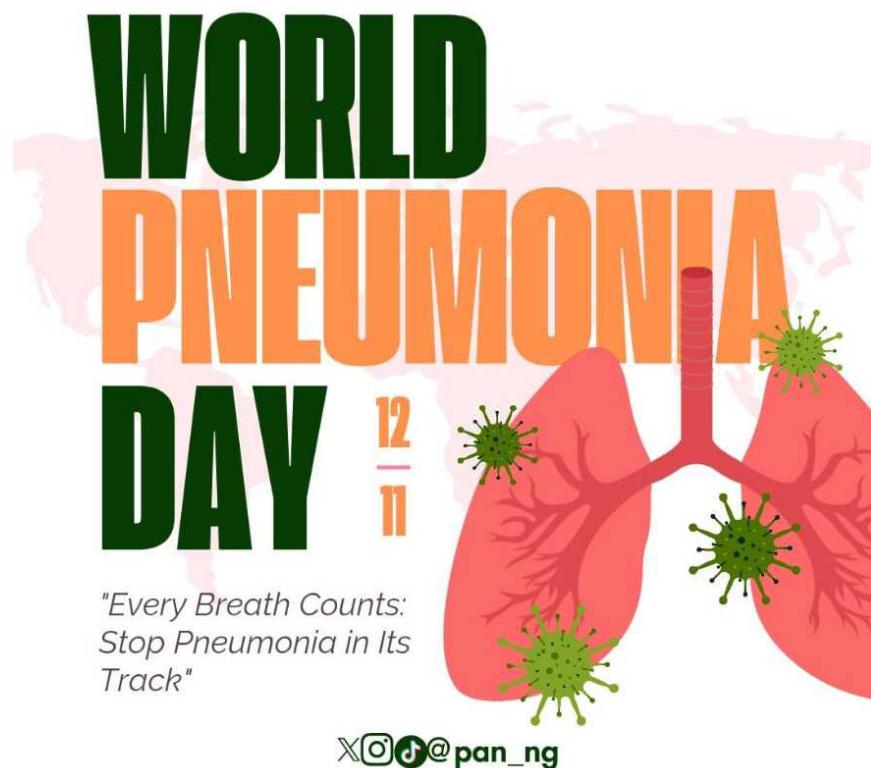
Every year, over 13 million babies enter the world too soon, facing challenges that no child should carry alone. World Prematurity Day, marked globally on 17th November, reminds us of these tiny warriors and the families who fight beside them.

The 2025 theme: “\*Give Preterm Babies a Strong Start for a Hopeful Future\*” highlights the power of early, compassionate, and quality care. From Kangaroo Mother Care (KMC) to timely diagnosis, infection prevention, and access to Neonatal Intensive Care, these simple but essential interventions help premature babies survive, grow, and thrive.

This year, the Paediatric Association of Nigeria (PAN) stands with healthcare providers, parents, and communities working tirelessly to support preterm infants. Let's raise our voices, spread knowledge, and champion a future where every baby no matter how early they arrive has the chance to flourish and survive.

# PAN COMMEMORATES 2025 WORLD PNEUMONIA DAY

**Theme: Every Breath Counts: Stop Pneumonia in Its Tracks – emphasis on clean air**



The theme of the 2025 World Pneumonia Day is:  
Every Breath Counts: Stop Pneumonia in Its Tracks –  
emphasis on clean air

In Nigeria, pneumonia remains the leading infectious killer of children under five. But behind the statistics lies a deeper crisis:

- Children exposed to indoor air pollution from biomass cooking fuels face higher risk.
- Urban air quality continues to deteriorate, driven by vehicle emissions and industrial pollutants.
- Climate change is intensifying respiratory infections through heatwaves, flooding, and displacement.

This year's campaign calls for bold action to address these root causes. We must:

- Transition households to clean cooking technologies
- Enforce policies to reduce ambient air pollution

- Integrate climate-smart health strategies into pneumonia control
- Ensure equitable access to vaccines, oxygen therapy, and nutrition

Pneumonia prevention is no longer just about antibiotics; it's about clean air, climate resilience, and environmental justice.

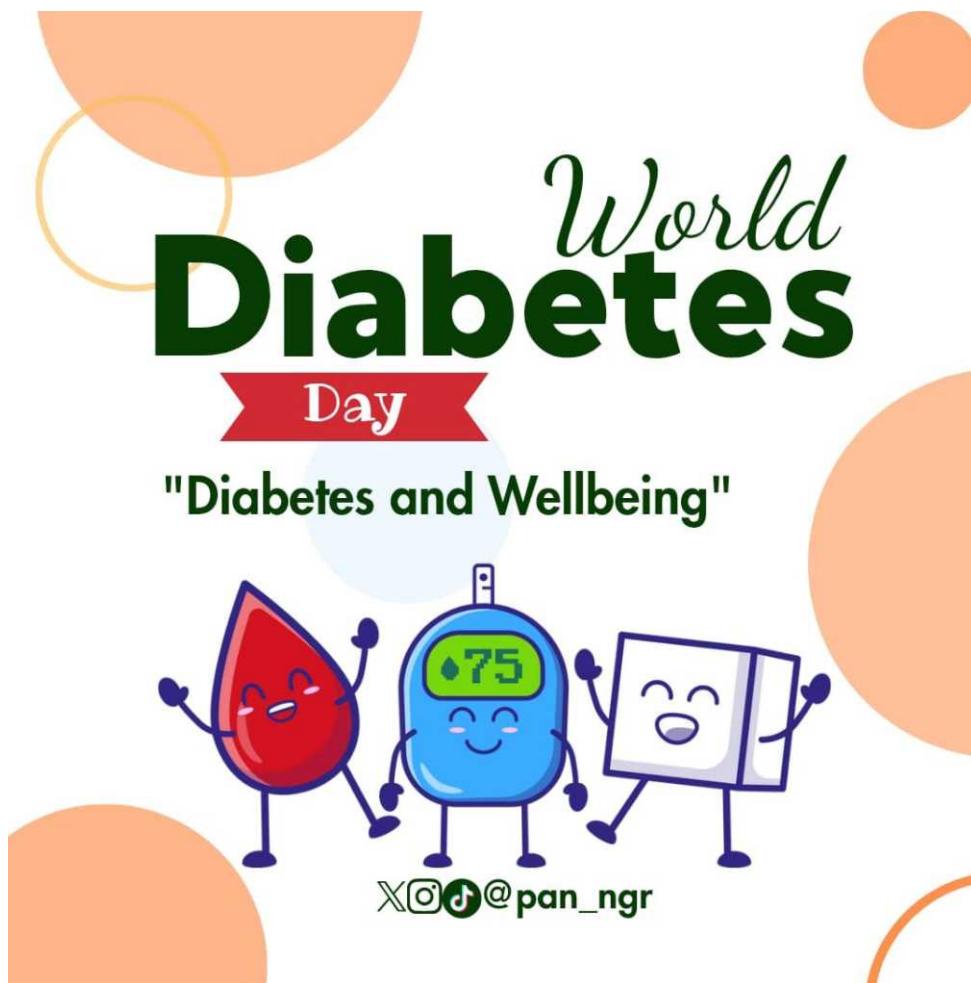
The Pediatric Association of Nigeria (PAN) through its PAN Pneumonia committee urges all stakeholders: government, health professionals, civil society, and families to confront pneumonia not only as a clinical challenge, but as a climate and environmental emergency.

Let us act decisively. Every Nigerian child deserves to breathe freely, live healthily, and thrive in a safe environment.



# PAN COMMEMORATES WORLD DIABETES DAY 2025

Theme: Diabetes and Well-being



## World Diabetes Day 2025

The theme for World Diabetes Day 2025 is –

### Diabetes and Well-being.

It highlights that optimal diabetes care goes beyond glycaemic numbers: it encompasses mental health, social inclusion, physical activity, healthy growth and a good quality of life.

It is also a global reminder of how diabetes affects families, children and communities around the world; inviting us all to look beyond the lab tests and focus on life: healthy growth, strong relationships, physical activity, mental health and inclusion.

### As paediatricians we should

- Ensure early diagnosis of type 1 and type 2 diabetes in children and adolescents
- Deliver comprehensive care including

psychosocial support, nutrition, school-engagement and family education

- Advocate for access to insulin, glucose monitoring technology, education and peer support for children in every setting
- Support children to live full, active, resilient lives — emphasizing well-being as the ultimate goal

Let us together commit – to create awareness, to action, and to a future where diabetes still exists, but does not limit a child's potential. Let us ensure that every child living with diabetes has the opportunity not just to survive, but to thrive.

#worlddiabetesday2025 #diabetesandwellbeing  
#paediatricassociationofnigeria

# PAN COMMEMORATES INTERNATIONAL HEALTH COVERAGE DAY



INTERNATIONAL UNIVERSAL  
**HEALTH COVERAGE DAY**



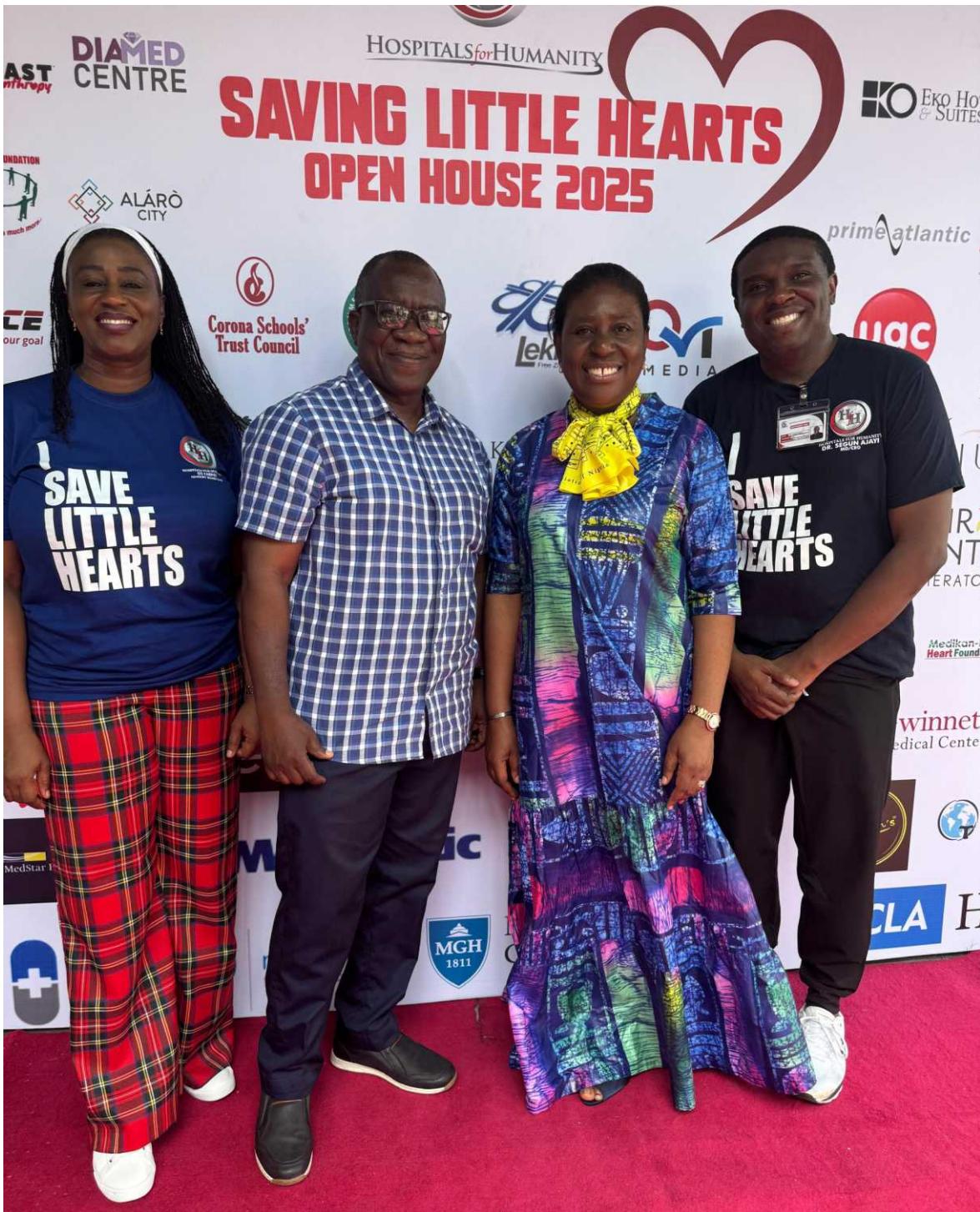
**Unaffordable Health Costs? We are sick of it!**

**DECEMBER 12**

This Universal Health Coverage Day, the Paediatric Association of Nigeria (PAN) reaffirms its unwavering commitment to equitable healthcare for every child. No family should face impossible medical costs, and no child should ever be denied essential health care. We are building a Nigeria where every child thrives, where parents are supported, and where families never have to choose between treatment and basic needs. Universal Health Coverage is not just a goal, it is our shared responsibility. Together, we build a future where every child thrives.

#paediatricassociationofnigeria

## PAN COMMEMORATES WORLD CHILDREN'S DAY 2025



On world Children's day, PAN visited children who were recovering from open heart surgery by Hospitals for Humanity at Diamed Centre. Oniru, Lagos



Paediatric  
Association of  
Nigeria (PAN)



Travel made easy!

# ENJOY DIRECT FLIGHTS FROM ABUJA TO OGUN



Attending PANConf 2026 is now even more convenient with Value Jet offering direct Abuja-Iperu flights.

Skip the stress. Enjoy smooth direct flight. Arrive ready. Please click the link to book!

<https://pan-ng.org/panconf/>

# PAN Celebrates World Prematurity Day 2025 at LUTH



The Paediatric Association of Nigeria (PAN) joined healthcare professionals, families, and communities to celebrate World Prematurity Day on 17 November 2025 at Lagos University Teaching Hospital (LUTH).

The event focused on empowering premature babies to thrive and achieve their full potential. It highlighted the challenges faced by preterm infants and their families while advocating for improved neonatal care, early detection, and preterm birth prevention.

Through interactive sessions, awareness campaigns, and community engagement, participants emphasized the critical role of quality care and support in ensuring positive outcomes for preterm babies. PAN

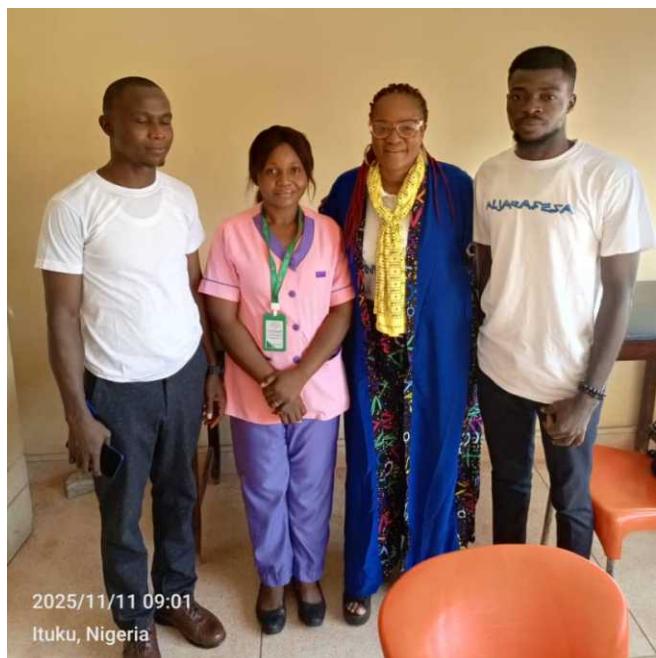
remains committed to advancing neonatal health and promoting strategies that give every preterm baby the best chance at a healthy, fulfilling life.



# PAN Celebrates World Prematurity Day 2025 at LUTH



# World Pneumonia day celebration



# World Pneumonia day celebration





## PAN at NISOPAC "EKO 2025"

The Paediatric Association of Nigeria (PAN) was strongly represented at the 6th Scientific Conference and Annual General Meeting of the Nigerian Society for Paediatric Cardiology (NISOPAC), tagged "EKO 2025", which was held at the Lagos State University Teaching Hospital (LASUTH), Ikeja, Lagos, from 10th to 11th November 2025.

The conference marked the first physical meeting of the association, providing a valuable platform for professional networking, collaboration, and the exchange of research findings. Highlights of the scientific programme included a hands-on paediatric echocardiography session facilitated by Dr Bosede Adebayo and Dr Kemi Bamigboye-Taiwo, as well as e-poster abstract presentations by members.

In attendance were distinguished PAN elders and NISOPAC Board of Trustees members, Dr Samuel Omokhodion and Dr Oluwatoyin Ogunkunle. Also present were the PAN President, Dr Ekanem Ekure; President-Elect, Dr Petronila Tabansi; and PAN Secretary, Dr Chika Duru—all paediatric cardiologists—alongside supportive paediatric and adult cardiac surgeons.

Special commendation goes to the ever-vibrant Local Organising Committee (LOC) Chairman, Dr Chinyere Uzodimma, for delivering a well-organized and memorable conference filled with learning, camaraderie, and cheer. Congratulations are also extended to the Dr Wilson Sadoh-led NISOPAC Executive Committee for a successful event.

Long live NISOPAC!

## PAN@NISOPAC "EKO 2025"



## PAN@NISOPAC "EKO 2025"



# PAN Participates in NPHCDA Meeting on Measles-Rubella Rollout in Southern Nigeria



In Abuja, the President of the Paediatric Association of Nigeria (PAN), Dr Ekanem Ekure, joined State Immunization Champion teams and other medical professionals at the National Sensitization Meeting on the 2025-2026 Integrated Measles-Rubella Vaccine Campaign, organized by the National Primary Health Care Development Agency (NPHCDA). Dr Ekure delivered a goodwill message, reiterating the critical role of paediatricians across the country in driving advocacy, community engagement, and improved vaccine uptake during immunization campaigns. The Paediatric Association of Nigeria received commendation from the NPHCDA for its outstanding performance during the first phase of the Measles-Rubella Campaign rollout and

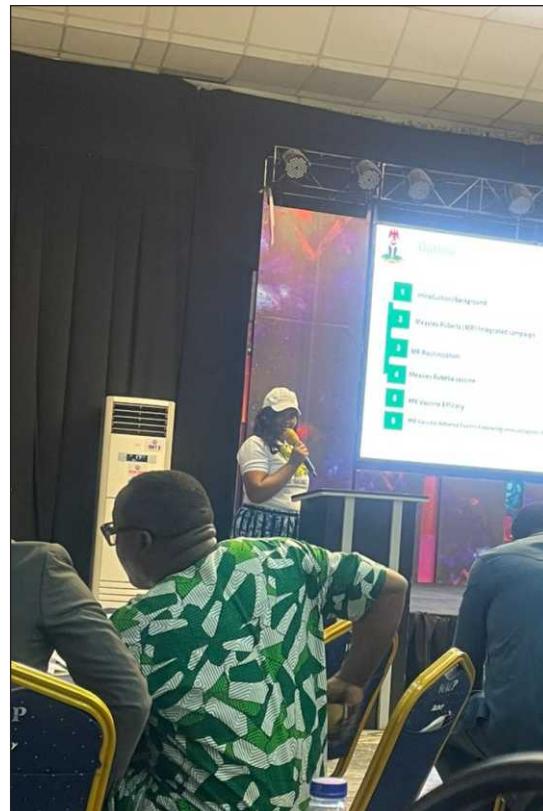
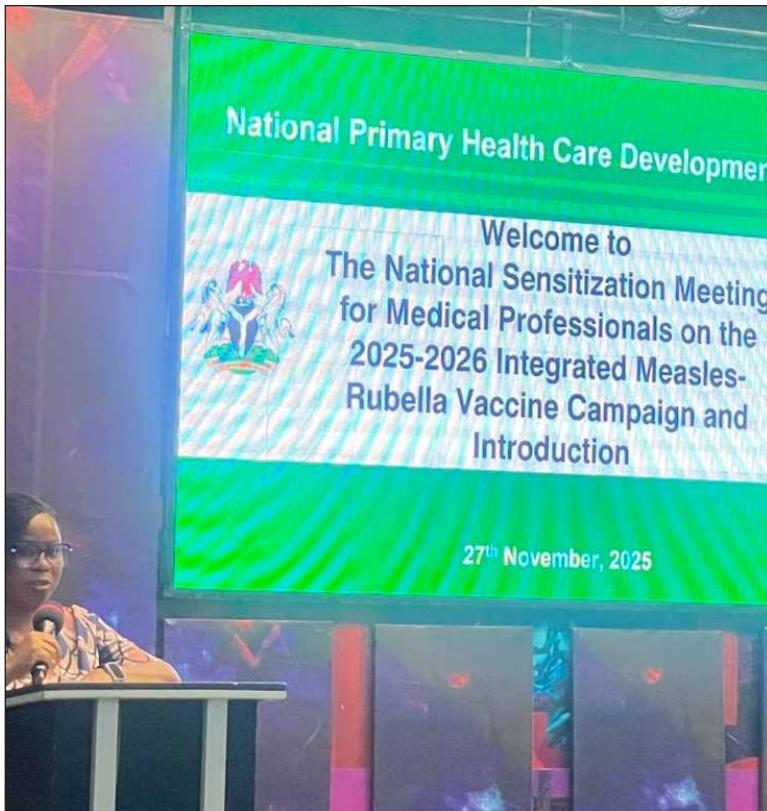
introduction. The meeting was attended by about 20 commitment to paediatricians, including strengthening PAN/IPA Immunization immunization efforts Champions, further nationwide. underscoring PAN's



# PAN Participates in NPHCDA Meeting on Measles-Rubella Rollout in Southern Nigeria



# PAN Participates in NPHCDA Meeting on Measles-Rubella Rollout in Southern Nigeria



## PAN at the National Flag-Off of the Integrated Measles-Rubella Vaccine Campaign



**P**aediatric Association of Nigeria (PAN) was invited by the National Primary Health Care Development Agency (NPHCDA) on behalf of the Federal Ministry of Health and Social Welfare (FMoH&SF) to attend the National flag-off of the Measles -Rubella (MR) Vaccine introduction, and integrated campaign against polio, human papilloma virus (HPV), routine immunization (RI) and neglected tropical diseases (NGT). This held on 6<sup>th</sup> October, 2025 at the Banquet Hall of the Presidential Villa in Abuja, Federal Capital Territory (FCT).

The opening remarks was delivered by the Executive

Director of the NPHCDA, Dr. Muuyi Aina. In attendance were Traditional and religious leaders. These include His Imperial Majesty, Oba Adeyeye Ogunwusi Enitan, Ojaja II, the Ooni of Ife, and His eminence Alhaji Muhammadu Sa'ad Abubakar III, and His eminence, the Archbishop Daniel Okoh, the president of the Christian Association in Nigeria. Also present were the wives of the Vice president of Nigeria, the Honourable minister of education, the wives of the state governors, ministers, senators and local government areas of the 19 northern states, Oyo state and FCT. Goodwill messages were delivered by WHO country representative, UNICEF, Gates

Foundation country directors and Gavi, the Vaccine Alliance Representatives who expressed their delight at the initiative, and pledged support for the campaign. Chairing the occasion was the first lady of the Federal Republic of Nigeria, Senator Oluremi Tinubu.

In his remarks, Prof. Muhammad Ali Pate, the Honourable Minister of Health and Social welfare spoke about the goals of the Nigerian Measles and Rubella Elimination Strategic Plan (NMRESP) 2019-2030 which aims at eliminating measles by 2030 through strengthening routine immunization, enhancing surveillance and outbreak response, integration of measles and rubella initiatives into primary health care, and promotion of innovative technologies. The measles-rubella campaign would additionally reduce the incidence of congenital rubella syndrome.



His Imperial Majesty, Oba Adeyeye Ogunwusi (Ojaja II), the Ooni of Ife, at the National MR Vaccine Flag-off, Abuja.



His Eminence, Alhaji Muhammadu Sa'ad Abubakar III, Sultan of Sokoto, at the National MR Vaccine Flag-off, Abuja.

The campaign aims at 95% national and state coverage and n0PV2, provide vaccination MR vaccines to children aged 9 months to 14 years, and reinforce the country's effort to reduce zero dose vaccination. It also aims to use this opportunity to deliver other public health interventions against malaria and other neglected tropical in selected local government areas.

The campaign is scheduled to hold in two phases: this initial phase will be undertaken in the 19 northern states including Oyo state and the Federal Capital Territory while the second phase will commence in January in the other states not included above. This campaign intends to reach 103 million children across the country.

The first lady flagged off the campaign by the symbolic Administration of oral polio virus. The launch came to a close at 12.50 P.M

## PAN was represented at the Pan African Conference on Environment, Climate change and Health: Science to Policy



PAN was represented at the Pan African Conference on Environment, Climate change and Health: Science to Policy under the Air Quality project by the Royal College of Physicians and Child health (UK) with support from the Clean Air Fund (CAF) which held at the Ole Sereni Convention Centre, Nairobi, Kenya from the 21st to the 24th of October 2025. This inaugural Pan African scientific conference brought together stakeholders from the Environmental, Climate change and Health sectors whose main objective was to work together to combat the effects of climate change on health. There was an e-poster presentation from the RCPCH (UK) on Clinical Leadership for Clean Air: A Paediatric-led model in

LMICs and a networking event which involved stakeholders from CAF Nairobi, Urban Better, Ministry of Environment Nairobi and the University of Nairobi. The associates from Nigeria (Dr Chika Duru) and Nepal (Dr Bikal Shrestha) had an opportunity to speak on the Air Quality project in their respective countries and network with other stakeholders.

The last day of the conference included a community outreach with symbolic tree planting at St Mary's Missionary Hospital Nairobi organized by Next-Gen for Earth, a youth-led initiative aimed at empowering youths in climate action. There was also a visit to the slums in Nairobi which was organized in collaboration with Weather Mtaani, a community-based non-governmental organisation in Kibera an informal settlement in Nairobi focused on creating awareness of climate change in the community.

## PAN was represented at the Pan African Conference on Environment, Climate change and Health: Science to Policy



Onubha and Chika at PAN- African Conference on Environment, Climate change and Health: Science to Policy in Nairobi, Kenya





## Communiqué Issued at the End of the Stakeholders' Consultative Meeting on HPV Vaccine Routinization Strategies and Experience-Sharing Workshop, Held on 8th December 2025, Abuja, Nigeria

### A. Preambles

The International Pediatric Association (IPA) in collaboration with the Paediatrics Association of Nigeria (PAN) held a stakeholders Consultative forum and Experience Sharing Workshop on the 8th December, 2025, in West African College of Physician (WACOP) Conference Centre Abuja, Nigeria. The workshop brought together the President and Executive Director of International Paediatric Association Dr Joseph Haddad, Dr Naveen Thacker; The President of Paediatric Association of Nigeria, Dr Ekanem Ekure, Past Presidents of Paediatric Association of Nigeria, Dr Alhassan Yakubu, Dr Dorothy Esangbedo, Dr Olufemi

Ogunrinde; Her Excellency Zainab Bagudu, President Elect of the Union for International Cancer Control, President of Nigeria Society for Neonatal Medicine, Dr Iretiola Fajolu, Policymakers such as the Federal Ministry of Health, National Primary HealthCare Development Agency, National Orientation Agency, Women Advocate for Vaccine Access, Federal Ministry of Women Affairs, Pathfinder, Ministry of Budget and Planning, Executive council of Paediatric Association of Nigeria, Immunization Champions, Paediatricians, Public Health Experts, to share experiences, identify gaps, and chart a way forward for improving

childhood immunizations in Nigeria specially with respect to Human Papilloma Virus Vaccine and Measles Rubella Vaccines recently rolled out.

The meeting featured welcome address, goodwill messages, keynote presentations, Immunization champions group sessions, and technical reviews covering key thematic areas on Overview of Human Papilloma Vaccine Infection and Cervical Cancer, Navigating the advocacy terrain, maximizing opportunities to Sustainable Demand Creation.

### B. Observations

Participants noted the following:

1. Acknowledged the strengthened PAN, NPHCDA

*Continued from previous page*

collaboration, partnership with other NGOs, and efforts at improving Vaccination in Nigeria while noting the role of other partners.

2. The problems of sustaining vaccine acceptance and demands.

3. About 8,000 women documented to die from Cervical Cancer.

4. Reasons for low demand and uptake of the Human Papilloma Virus

5. Myths and Misconception about HPV Vaccination

6. Channels for Spread of misinformation and Myths about HPV Vaccination.

7. Need for more funding

8. Attitude of healthcare workers to vaccination

9. Low vaccine coverage in internally displaced camps

### **C. Resolutions / Recommendations**

After extensive deliberations, the workshop resolved as follows:

1. The need to strengthen policies to improve community partnership and grass root mobilization.

2. Integration of other HPV vaccination to the school health programme.

3. Strengthen policy implementation frameworks to improve accountability and sustainability.

4. Expand access to quality primary healthcare services, especially in underserved communities.

5. Promote locally driven research to address vaccine hesitancy

6. Intensify health education programs to improve parental knowledge and healthy practices.

7. Engage community leaders, faith-based organizations, and youth groups in generating demand for child health services.

8. Enhance IPA-PAN collaboration in research, capacity building, and advocacy.

### **D. Conclusion**

Participants renewed their commitment to advancing child and adolescent health in Nigeria and globally.

The workshop reaffirmed the vital roles of IPA, PAN, government agencies, and stakeholders in ensuring a healthier future for children.

This communiqué is issued on this 8th day of December 2025, in Abuja, Nigeria.

Members of the communiqué drafting committee

Dr Aliu Rasaki

Dr Idaboh Oghenetega

Dr Onyinye Anyanwu

Throughout the quarter, the Executive Council remained fully engaged through regular and emergency meetings, keeping PAN responsive to emerging priorities in child health and organizational governance. Our scientific and advocacy efforts gained momentum, with PAN participating in key national and international stakeholder engagements, including NAFDAC initiatives on medicines regulation, meetings focused on

## PAN EXCOs on Inspection Visit to Abeokuta Ahead of PANConf 2026



## PAN EXCOs on Inspection Visit to Abeokuta Ahead of PANConf 2026



# ANNUAL REPORTS ➤

FROM PAN SUB SPECIALTY SOCIETIES & COMMITTEES





# 2025 ANNUAL REPORT

OF THE PAEDIATRIC  
NEPHROLOGY ASSOCIATION  
OF NIGERIA (PNAN)

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**11. Ex-Officio Member**

Prof. Odutola I. Odetunde  
odetoyitola@yahoo.co.uk

I bring you warm felicitations from our President Prof. Henrietta Uche Okafor and the entire EXCO. As an association, we are grateful to God for seeing us through the year 2025. The year was a very exciting year for our great association PNAN.

### **Below are some of the notable events in 2025:**

Approval of Sub-Specialty training Paediatric Nephrology:

The We are delighted to inform Our Parent Association – Paediatric Association Of Nigeria that Sub-Specialty training in paediatric Nephrology has been approved by both the West African College of Physician and the National Postgraduate Medical College of Nigeria.

The 20th IPNA Congress took place in Cape Town, South Africa and was well attended by delegates from Nigeria. There, our delegates made us proud by being awarded IPNA Life Member to our doyen of Paediatric nephrology Prof. Felicia Eke. Dr. Datonye Briggs won the IPNA 50th anniversary online competition. Prof. Izaac Ocheke was elected African representative on the IPNA council.

The 2025 World Kidney Day was

celebration with the theme "Are your kidneys okay?" Detect Early, protect Kidney Health was celebrated globally and across the country. PNAN members in different centers out various educational, advocacy, awareness creation for kidney diseases, risk factors and its prevention, in addition to carrying out health screening programmes for their communities aimed at early detection of hypertension, diabetes, urinary tract infections among children.

### **Graduations / Awards /Appointments**

1. Dr Adewale Adetunji, of Irrua Specialist Teaching Hospital, Edo State- graduated with MSc Paediatric Nephrology, with distinction, University of Cape Town, South Africa

2. Dr Datonye Briggs as a winner of the IPNA 50th anniversary online Quiz announced at the IPNA Congress 2025 in Cape Town South Africa.

3. Prof. Rasheed Gbadegesin -as Councilor at Large American Society of Nephrology

4. Dr. Briggs Dantoye on passing his CMSA (College of Medicine of South Africa) certificate of Peds Nephrology examination with distinction

5. DR. A.S Adediran appointed



## 2025 ANNUAL REPORT OF THE PAEDIATRIC NEPHROLOGY ASSOCIATION OF NIGERIA (PNAN)

Acting Medical Director,

6. Prof. Adanze Asinobi Award of Lifetime Achievement and Healthcare Leadership by DOVE HEALTH

### Promotions to the rank of Professor of Paediatrics

1. Prof Nneka Okoronkwo, Abia State University

2. Prof. Ademola E. Anigilaje, the University of Abuja.

3. Professor Fatima Bello-Jiya, Usmanu Danfodiyo University (UDUS) in Sokoto,

### Promotions to the rank of Professor of Paediatrics

1. Dr Rasaki Aliu on his promotion to the rank of Associate Professor of Paediatrics Gombe State University Gombe!!

2. Dr. Okorie Elizabeth-Martha PAMO University of Medical Sciences

### Journal publication

Under the Editorial leadership of our very own erudite Prof. Ifeoma Anochie, our association - Journal African Journal of Paediatric Nephrology (AFJPN,) published volume 10 number 2, edition on AJOL

### Valedictory/Retirement

Prof. Adanze Onyenonachi Asinobi of University of Ibadan held her valedictory Lecture/70th birthday celebration

The occasion was well attended and the Lecture, very enlightening

### Conferences/Workshops/Webinars

1. Transplant association of Nigeria 6th Biennial General Meeting and Scientific

Conference, August 18th & 19<sup>th</sup> 2025. The Theme: Financing Organ Transplant in Nigeria; and Sub-Theme – Paediatric Organ Transplantation in Nigeria

2. Paediatric Nephrotic Syndrome: Current Management, Controversies and Impact on Mental Health. Organized by FMC Ebute-Meta, Lagos 25<sup>th</sup> Sept 2025

3. Biomedical Engineering – The Connection Between Patient and Healthcare Professional 28<sup>th</sup> Sept 2025

4. ISN Case study series: Lupus Nephritis 17<sup>th</sup> Nov. 2025

5. ISN-IPNA Ground round Paediatric Nephrology: (Sister Renal Center Initiative): Peritoneal dialysis in less well-resourced settings- Experience from Ibadan, Nigeria 11<sup>th</sup> Dec. 2025

### Upcoming events

World Congress of Nephrology (WCN'26) will take place in Yokohama, Japan, from March 28-31, 2026.

PAN-PNAN Preconference workshop 19<sup>th</sup> -200<sup>th</sup> Jan. 2026

Advances in paediatric dialysis by Gosh Learning Academy, Great Ormond Street hospital, UK

Bi-monthly PNAN webinar to be zoned to the different geopolitical zones to enhance participation and collaboration

We are grateful to the PAN Council and EXCO for the immense support through the year

We look forward to an even more exciting 2026

We wish the entire PNAN members and PAN a richly blessed year

### Dr. Okorie Elizabeth-Martha

PNAN Secretary.  
PAPARAZI CORNER

## 2025 ANNUAL REPORT OF THE PAEDIATRIC NEPHROLOGY ASSOCIATION OF NIGERIA (PNAN)



IPNA BIENAL CONFERENCE FEBRUARY  
2025

### Awards

- Prof Ocheke on his election as African representative on the IPNA council at the AFPNA meeting at the IPNA 2025 Congress, Cape Town, South Africa
- Dr Adewale Adetunji, Irrua Specialist Teaching Hospital, Edo State on his MSc Paediatric Nephrology, graduation with distinction, University Of Cape Town, South Africa.
- Dr Datonye Briggs as a winner of the IPNA 50th anniversary online Quiz announced at IPNA AGM at the IPNA Congress 2025 in Cape Town South Africa.



Prof. Felicia Eke, Life Member PNAN, and mother of Paediatric Nephrology in Nigeria; And Prof. Rick Kaskel, Prof. of Paediatric Nephrologist and UPTH-ISN supporting center lead at the 2025 IPNA Biennial Conference in Cape Town, South Africa



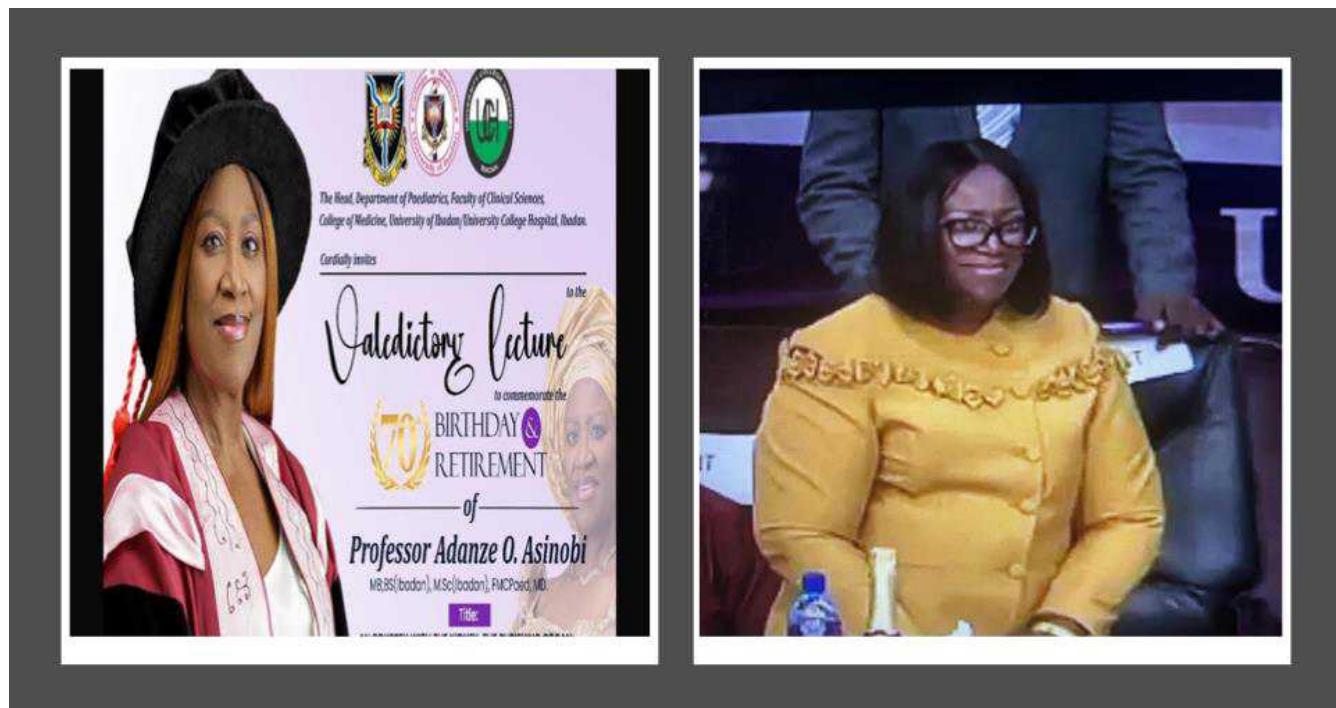
## 2025 ANNUAL REPORT OF THE PAEDIATRIC NEPHROLOGY ASSOCIATION OF NIGERIA (PNAN)

### EVENTS MARKING 2025 WKD



## 2025 ANNUAL REPORT OF THE PAEDIATRIC NEPHROLOGY ASSOCIATION OF NIGERIA (PNAN)

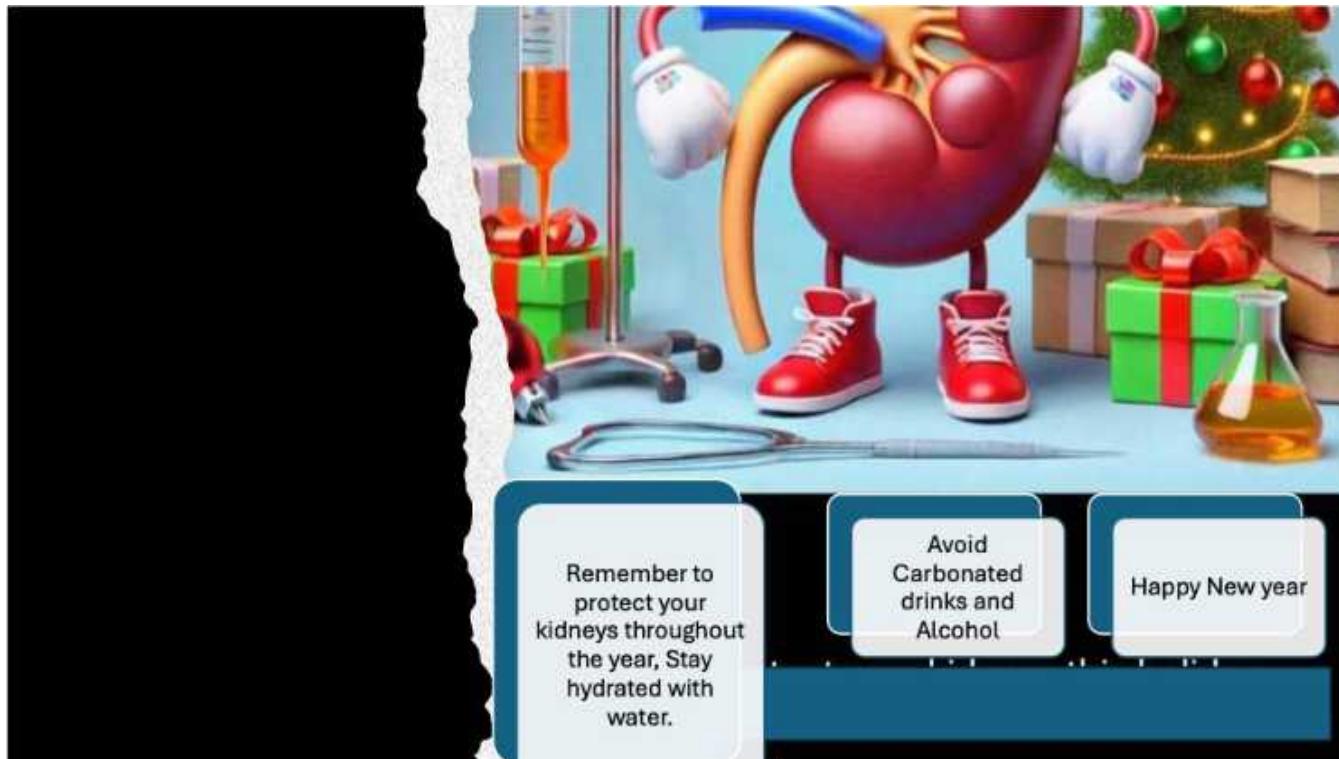
### VALEDICTORY..... SHE GAVE HER BEST!



### BIRTHDAYS



## 2025 ANNUAL REPORT OF THE PAEDIATRIC NEPHROLOGY ASSOCIATION OF NIGERIA (PNAN)



# NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY

## 2025 ANNUAL REPORT

FROM JANUARY TO  
DECEMBER, 2025



### PREAMBLE

The new NISOPAC Executives came into office at our 5<sup>th</sup> Annual General and Scientific Meeting which held from the 21<sup>st</sup> to 22<sup>nd</sup> of November 2024 and was a virtual meeting hosted by the Paediatric Cardiology Unit of OAUTHC Ile-Ife.

The EXCO Members include:

Prof. Wilson Sadoh - President  
Prof. Josephat Chinawa - Vice President  
Dr. Kevin Bassey - Secretary General  
Dr. Chinyere Uzodinma - Treasurer  
Dr. Queenette Daniels - Assistant Secretary General  
Prof. Fortune Ujunwa - Public Relations Officer  
Prof. Samuel Omokhodion - Ex-Officio I  
Dr. Bosede Adebayo - Ex-Officio II

### MILESTONES/ACHIEVEMENTS

We celebrated Professor Adebiyi Olowu, our BOT member and also a past president of PAN on his 70<sup>th</sup> Birthday and Retirement Celebration.

We celebrated Prof. Ekanem Ekure and Prof. Barbara Otaigbe on their Diamond Jubilee Birthdays.

We celebrated Dr. Uche Onubogu on the launch of the book "Common Paediatric Emergencies in Nigeria: Compilation of Management Protocols" edited by her.

### APPOINTMENTS

We congratulate:

- Dr. Fortune Ujunwa and Dr. Ijeoma Arodiwe of the University of Nigeria, Dr. Richard Onalo of the University of Abuja, Dr. Khadijat Isezuo of the University of Sokoto and Dr. Uche Onubogu of the Rivers State University Teaching Hospital who were elevated to the rank of full professor at their respective institutions
- Professor Samuel Omokhodion who was appointed Emeritus Professor at the University of Ibadan.
- Professor Ekanem Ekure who was appointed Regional Representative for Sub Saharan Africa on the Executive Committee of the International Paediatric Association (IPA).

### CONTINUING MEDICAL EDUCATION:

The Educational Committee, ably chaired by Prof. Usman Sani has been consistent in ensuring that our quarterly educational series held regularly. We have had three (3) webinars in the period under review, and all sessions were well attended and intellectually invigorating.

March 2025 - Syncopal Attacks in Children  
June 2025 - Patent Ductus Arteriosus: Diagnosis and Treatment Modalities  
September 2025 - Heart Blocks in Children



## 2025 ANNUAL REPORT OF THE NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY

The Society also presented in the September Monthly webinar series of the Paediatric Association of Nigeria. Topic was Childhood Hypertension: Guidelines and Gaps in Management.

### WEBSITE

A fully functional website for the association has been launched, domain name [www.nisopac.org.ng](http://www.nisopac.org.ng). Site is functional and has capabilities for payment of dues, conference registration, geo-location of centres offering paediatric cardiology services nationwide and so much more. All members are encouraged to register on the site and engage frequently.

### JOINT 54<sup>TH</sup> AGM&SC OF NCS/17<sup>TH</sup> BIENNIAL PASCAR CONFERENCE ABUJA 2025

Our members attended the NCS AGM in fair numbers this year with 25 members in attendance including four residents who presented abstracts. The conference began with a stimulating pre-conference training workshop on Electrocardiography in Children. The conference proper featured two abstract presentation parallel sessions for paediatric cardiology and an additional parallel session on Hypertension in Children. Dr. Chinyere Uzodinma and Dr. Queenette Daniels were inducted as fellows of the society. We also had an "extraordinary" general meeting at the conference where issues critical to the development of our society and our place within the broader Nigerian Cardiac Society were discussed. We celebrate Prof. Richard Onalo, Dr. Queenette Daniels, Dr. Iretiola Babaniyi, Dr. Papka Nubwa, Dr. Peter Igoche, Dr. Zhema Ekhapo and other members who were on the LOC for Abuja 2025 for the great work they did.

### 6<sup>TH</sup> ANNUAL GENERAL AND SCIENTIFIC MEETING OF NISOPAC - EKO 2025

Our 6th AGSM held from the 9<sup>th</sup> to 12<sup>th</sup> of November 2025 at the Lagos State University Teaching

Hospital. It was an epoch-making event as it was held as a physical meeting for the first time.

The conference theme was **Overcoming the Challenges of Paediatric Cardiac Care in Nigeria** with subthemes including: **The Challenge of Open-Heart Surgery in Nigeria, Improving Paediatric Cardiac Care in Nigeria through Research and Improving Human Capacity for Paediatric Cardiology in Nigeria**. There were 77 registered participants including Paediatric Cardiologists, Cardiac Surgeons, Paediatric Residents, Cardiac nurses, perfusionists, officials of Governments, International Collaborators and partners from banking, insurance, NGOs and the healthcare industry. The opening ceremony was chaired by the Chief Medical Director of the Lagos University Teaching Hospital, Prof. Adetokunbo Fabamwo, who was ably represented by Dr. Olayinka Olawoye, the Deputy Chairman, Medical Advisory Committee. Other dignitaries in attendance included the President of the Society, Prof. W. E. Sadoh; the immediate past and founding President of NISOPAC, Prof. Samuel I. Omokhodion; the President of the Paediatric Association of Nigeria (PAN), Prof. Ekanem Ekure; the President-Elect of PAN, Prof. Petronilla Tabansi; The Chairman of the Nigerian Medical Association (NMA) Lagos State, Dr. Babajide Saheed, NISOPAC Board of Trustees (BOT) Members including Prof. Oluwatoyin Ogunkunle and Prof. Adebiyi Olowu, and the keynote speaker, Dr. Atul Prabhu of the Narayana Institute of Cardiac Sciences Bangalore, India.

The conference also featured the presentation of 21 high-quality scientific abstracts and the 6th Adeola Orogade Memorial Lecture, titled "Standing on the Shoulders of Giants: Improving Human Capacity for Paediatric Cardiology in Nigeria - Our Past, Present, and Future," was delivered by Dr. Aira Olorukooba, a mentee of the late Prof. Adeola Orogade. The Adeola Orogade Prize for the Best Abstract Presented by a Resident was won by Dr. Oghenetega Obrherhor of OAUTHC, Ile-Ife.

**PROF. WILSON SADOH** (President, NISOPAC)  
**DR. KEVIN BASSEY** (Secretary-General, NISOPAC)



## 2025 ANNUAL REPORT OF THE NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY



### NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY (NISOPAC)

## 6<sup>th</sup> ANNUAL GENERAL & SCIENTIFIC MEETING

EKO 2025

**Theme:**  
*Overcoming The Challenges  
Of Pediatric Cardiac Care  
In Nigeria*



**Sub-theme-**

1. The challenges of open heart surgery in Nigeria
2. Improving Pediatric cardiac care in Nigeria through research
3. Improving Human capacity for Pediatric cardiology in Nigeria

Arrival  
9th

Conference  
10th -11th

Departure  
12th

## November 2025

### MRC Auditorium LASUTH.

**NISOPAC President:**  
Prof. Wilson Sadoh

**NISOPAC Secretary:**  
Dr. Kevin Bassey  
08035185427

**LOC Chairperson:**  
Dr. Chinyere Uzodimma  
08023186501

**LOC Secretary:**  
Dr. Modupe Egunjobi  
08034356049

**Registration for Fellows- N50,000**

**Trainees- N25,000**

**Reg. Link:**

<https://forms.gle/e4xkAdRMssodTZBK8>

**Account: NISOPAC**  
**Bank: Zenith Bank**  
**Account Number: 1213058790**



## 2025 ANNUAL REPORT OF THE NIGERIAN SOCIETY FOR PEDIATRIC CARDIOLOGY





## 2025 ANNUAL REPORT OF THE NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY





## 2025 ANNUAL REPORT OF THE NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY



**NIGERIAN SOCIETY FOR PAEDIATRIC  
CARDIOLOGY (NISOPAC)**

**Quarterly Education Series**

**TOPIC:**  
**HEART BLOCKS IN  
CHILDREN**

  
**Dr. OYEBANJI Adedayo Hakeem**  
Lecturer/Consultant Paediatric Interventional  
Cardiologist, Babcock Cardiac Center,  
Babcock University Teaching Hospital, Ile-Ife-  
Remo, Ogun State

  
**Dr. Atul Prabhu, MD, FNB**  
Consultant Pediatric Cardiologist,  
Narayana Hrudayalaya  
Institute of Cardiac Science Bengaluru, India

**DATE: 27TH SEPTEMBER, 2025**   **VENUE: ZOOM**   **TIME: 3:00PM**

**Prof. Wilson Sadoh**  
President, NISOPAC  
**Prof. Usman Sani**  
Chairman Academic Committee, NISOPAC

**Dr. Kevin Bassey**  
Secretary, NISOPAC  
**Dr. Peter Igoche**  
Secretary Academic Committee, NISOPAC



**NIGERIAN SOCIETY FOR PAEDIATRIC  
CARDIOLOGY (NISOPAC)**

**Quarterly Educational Series**

**PRESENTS**  
**PATENT DUCTUS ARTERIOSUS:  
DIAGNOSIS AND TREATMENT  
MODALITIES**

  
**Dr. Fortune Ujunwa**  
Consultant Paediatrician/Pediatric Cardiologist,  
University of Nigeria/University of  
Nigeria Teaching Hospital, Enugu

  
**Dr. Bhushan Chavan**  
Senior Consultant  
Paediatric Interventional Cardiologist

  
**Prof. Abubakar Umar**  
Consultant Cardiothoracic Surgeon UDUTH, Sokoto  
President Association of Cardiovascular  
and Thoracic Surgeons of Nigeria (ACTSN).

**DATE: JUNE 21, 2025**   **VENUE: ZOOM**   **TIME: 3:00PM**

**ANNOUNCERS**

**Prof. Wilson Sadoh**  
President, NISOPAC  
**Prof. Usman Sani**  
Chairman Academic Committee, NISOPAC

**Dr. Kevin Bassey**  
Secretary, NISOPAC  
**Dr. Peter Igoche**  
Secretary Academic Committee, NISOPAC

**PAN WEBINAR SERIES 2025 | 008**

**PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)**  
in Collaboration with  
**NIGERIAN SOCIETY FOR PAEDIATRIC  
CARDIOLOGY (NISOPAC)**

PRESENTS A WEBINAR ON

**CHILDHOOD  
HYPERTENSION**

**GUIDELINES & GAPS IN MANAGEMENT**

  
**DR. ICOCHE PETER**  
MBBS, MRPH, FNACR(Paed)  
Consultant Paediatrician  
Pediatric Cardiologist,  
The LUTH Children's Hospital  
Wuse2, Abuja

  
**DR. JOSEPHAT CHINAWA**  
MBBS, FACC, FESC, FACPED, PhD  
Professor/Consultant  
Paediatric Cardiologist,  
University of Nigeria /  
University of Nigeria Teaching  
Hospital, Ituku-Ozalla, Enugu State

  
**DR. OLUKEMI IGE**  
MBBS, FWACP (Paed), MEd  
Professor/Consultant  
Paediatric Cardiologist,  
University of Jos/  
Jos University Teaching  
Hospital, Jos, Plateau State

**SPEAKER**   **SPEAKER**   **MODERATOR**

**WED, 24TH  
SEPTEMBER 2025**   **3PM — 4:30PM WAT**   **VIRTUAL VIA ECHO PLATFORM**  
[www.bit.ly/pwb\\_2025](http://www.bit.ly/pwb_2025)

**ANNOUNCERS:**  
**EKANEM EKURE** PAN President   **CHIKA DURU** PAN Secretary

Powered by:  
Paediatric Association of Nigeria (PAN) 



**NIGERIAN SOCIETY FOR PAEDIATRIC  
CARDIOLOGY (NISOPAC)**

**QUARTERLY EDUCATIONAL SERIES**

**Presents**  
**SYNCOPE ATTACKS  
IN CHILDREN**

  
**DR. FRANCES S. OKPOKWURUK**  
MBBS, MRPH, FACP  
Consultant Paediatrician (Cardiology),  
Associate Professor, College of Health Sciences,  
University of Ibadan, Nigeria

  
**Dr. Rose O. Obah**  
Professor of Paediatrics, Consultant  
Paediatric Cardiologist  
Ag Prowest College of Medicine, FUHSO

  
**DR. BHUSHAN CHAVAN**  
Senior Consultant  
Interventional Cardiologist  
Apollo Hospital Navi Mumbai India

**DATE: SATURDAY, 29TH MARCH, 2025**   **VENUE: ZOOM**   **TIME: 3PM**

**ANNOUNCERS**

**PROF. WILSON SADOH**  
President, NISOPAC  
**PROF. JOSEPHAT CHINAWA**  
Chairman Academic Committee, NISOPAC  
Vice President, NISOPAC

**DR. KEVIN BASSEY**  
Secretary, NISOPAC  
**DR. PETER IGOCHE**  
Secretary Academic Committee, NISOPAC

# Guild of Paediatricians in Private Practice (GPIPP)

## END-OF-YEAR ACTIVITY REPORT (2025)



### 1. Introduction

The Guild of Paediatricians in Private Practice (GPIPP) is committed to promoting excellence in paediatric care through continuous professional development, collaboration, and advocacy among paediatricians in private practice. In line with this mandate, the Guild implemented a range of academic, administrative, and social activities during the 2025 calendar year. This report provides a summary of these activities for the year 2025.

### 2. Continuing Professional Development Activities

As part of its ongoing commitment to continuous medical education and capacity building, GPIPP successfully conducted its monthly Continuing Professional

Development (CPD) webinars throughout 2025. These webinars were held consistently on the **last Thursday of every month** and addressed topical issues relevant to paediatric practice. The sessions provided members with opportunities for professional growth, peer interaction, and the exchange of best practices, thereby contributing to improved standards of healthcare delivery within private paediatric practice.

### 3. Annual General Meeting and Election of Officers

The Guild held its **Annual General Meeting (AGM) on 31st July 2025**, during which key organizational matters were discussed, and elections were conducted in accordance with the Guild's constitution. The following members were duly elected

# Guild of Paediatricians in Private Practice (GPIPP)

## END-OF-YEAR ACTIVITY REPORT (2025)

*Continued from previous page*

to serve on the Executive Committee:

- **Dr. Olaseinde Eletu** – President
- **Dr. Olatunde Odusote** – Continuing Professional Development (CPD) Coordinator
- **Dr. Rukeme Njokanma** – Secretary
- **Dr. Roli Nwodo** – Treasurer

The following officers serve in an **Ex-Officio capacity**, providing continuity and institutional memory:

- **Dr. Mobolaji Lawal** – Immediate Past President
- **Dr. Uchenna Ononiwu** – Immediate Past Secretary
- **Prof. Mariya Mukhtar-Yola** – Immediate Past Treasurer

### 4. Professional and Social Engagement

In addition to its academic and administrative activities, GPIPP recognizes the importance of fostering collegial relationships and professional networking among its members. To this end, a social dinner was organized on **31st August 2025** at **BL Restaurant, Victoria Island, Lagos**, in honour of the first President of GPIPP, **Dr. Mobolaji Lawal**, and **Prof. Adenike Grange**. The event was well attended and graced by several senior and distinguished paediatricians, serving as an avenue to celebrate leadership, mentorship, and service to the paediatric profession.

### 5. Conclusion

The activities carried out by the Guild of Paediatricians in Private Practice during the 2025 year reflect its sustained commitment to professional development, good governance, and the promotion of high-quality paediatric healthcare. GPIPP remains dedicated to strengthening private paediatric practice and contributing meaningfully to child health outcomes through continuous learning and professional collaboration.

Dr. Olaseinde Eletu  
President, GPIPP

Dr. Rukeme Njokanma  
Secretary, GPIPP

2025  
ANNUAL  
REPORT

FROM JANUARY TO  
DECEMBER, 2025



# NIGERIAN SOCIETY OF NEONATAL MEDICINE



The Nigerian Society of Neonatal Medicine (NISONM) started her activities for the year 2025 by hosting the Respiratory Support Preconference workshop, Neonatal Resuscitation Training and the Essential Newborn Care (ENC 1) at the Paediatric Association of Nigeria Conference that held in Gombe in January 2025.

The Society thereafter ensured that it held her monthly webinar series which usually rotates between the six geopolitical zones of the country with Neonatologists from different facilities in the country presenting topical issues in Neonatology. Some of the topics taken during the monthly webinar series this year include: Neonatal Mortality in Nigeria: What is the way forward by the Northcentral zone; Early Developmental Care for Preterm Infants by the Southwest zone; The Importance of Nutrition in the Neonatal Period handled by an international colleague Dr. Alyson Skinner in

the United Kingdom; Breathing and Brain Development in Neonates by the Northwest zone amongst others.

The Society held her 17<sup>th</sup> Annual General and Scientific Conference in Abakaliki in June 2025 and this year's conference happened to be an election year and there was change of baton in the leadership of the Society. The current leadership of NISONM was elected at the AGSM in Abakaliki and has since taken over the running of the society.

Professor Iretiola B. Fajolu – President

Professor Obumneme Ezeanosike – President Elect

Dr. Ezra O. Ogundare — Secretary

Dr. Yasangra R. Adeniji — Assistant Secretary

Dr. Lauretta Mshelia — Treasurer

Professor Mariya Mukhtar-Yola — Immediate Past President

Dr. Sarah Ango – Immediate Past Secretary

Dr. Beatrice Ezenwa – Ex-Officio

Professor Abdulkadir Isa – Editor, Nigerian Journal of Neonatal and Perinatal Care

Professor Mustapha Bello – Advisor

## 2025 REPORT OF THE ACTIVITIES OF THE NIGERIAN SOCIETY OF NEONATAL MEDICINE

# 2025 World Breastfeeding Week Celebration

This year's World Breastfeeding Week (WBW) was celebrated by members across the country (pictures below) and with a webinar titled 'Prioritize breastfeeding by Creating Sustainable Support Systems'. The lecture was delivered by one of the past President of the Society in the person of Dr. Olukemi Tongo.



WBW celebration @ UNIMEDTH, Akure



WBW celebration @ Adamawa



World Breastfeeding Week Celebration @ LUTH

# 2025 African Neonatology Conference

The society participated in the First ever African Neonatology Conference that held in Kigali from the 20<sup>th</sup> to 22<sup>nd</sup> of August. The chairman Board of Trustees, Immediate Past President (IPP) and other members of the Society attended the Conference. One of our members in the person of Dr. Olufunke Bolaji was elected as the Secretary of the African Neonatal Association (ANA).



NISONM IPP, with the NISONM BOT Chairperson and other ANA delegates @ the ANA First Conference in Kigali.

## 2025 REPORT OF THE ACTIVITIES OF THE NIGERIAN SOCIETY OF NEONATAL MEDICINE

### 2025 World Retinopathy of Prematurity workshop

NISONM was also represented at the Retinopathy of Prematurity workshop that was held in August in Ethiopia.



*Some NISONM members at the Retinopathy of prematurity workshop in Adis Ababa*

The Society worked together with the newborn desk of the Federal Ministry of Health and Social Welfare on many aspects of neonatal care including, the newborn commodities quantification, KMC guideline, review/proofreading of the Essential Newborn Care Course in Nigeria. In addition, members in

many states participated in the co-creation workshops by Maternal and Neonatal Mortality Innovation Initiative (MAMII), with the aim of strengthening the newborn and child component of the MAMII, from the States where the MAMII project has commenced.

### World Prematurity Day (WPD) celebration

This year's World Prematurity Day (WPD) celebration was marked at the various State levels with lectures and training by some States on Helping Babies Breathe and Essential Care of the Newborn Babies with support from partners. Please find attached some pictures of activities to mark the WPD celebrations.



*WPD celebration @ FUTO, Owerri*

## 2025 REPORT OF THE ACTIVITIES OF THE NIGERIAN SOCIETY OF NEONATAL MEDICINE



WPD celebration @ FTH, Gombe



WPD - UDUTH, Sokoto 2025



WPD celebration @ UCH, Ibadan

NISONM and her members also participated actively in the monthly webinars organized by the Paediatric Association of Nigeria and NISONM has been supportive of the activities of PAN executives.

Many NISONM members who were promoted to the rank of Professors and Associate Professors were celebrated on the PAN and NISONM WhatsApp platforms.

In conclusion, 2025 has been a year filled with activities to improve the visibility of the newborn in healthcare across the country. We hope to build on the successes recorded this year for a better and more productive year 2026.

## Nigerian Society for Paediatric Infectious Diseases (NISPID)

2025  
ANNUAL  
REPORT

FROM JANUARY TO  
DECEMBER, 2025

The Nigerian Society for Paediatric Infectious Diseases (NISPID) had another very impactful year in 2025 with various educative and engaging activities. The activities started with the Paediatric Infectious Diseases Pre-Conference Workshop at PANCONF2025 Gombe with the theme "**Intersectoral Collaboration for Infectious Diseases Prevention and Control**". This was held on Monday 20<sup>th</sup> and Tuesday 21<sup>st</sup> January 2025, at the Flourish Hotel Hall, Plot No. D565, Behind All Saints College Federal Low Cost, Gombe, Gombe State.

The workshop hosted participants from all over the country and an array of healthcare professionals; nurses, pharmacists, general medical

practitioners, microbiologists, paediatricians, and infectious diseases specialists. The faculty was made of eminent and respected leaders in paediatric infectious diseases, including some international speakers. Topics covered included; The Changing Role of Vaccines in Infectious Diseases, Climate Change and Evolving Epidemiology of Infectious Diseases, Innovations in Paediatric HIV Care, Gaps in Childhood TB Case Detection and Management, Progress with alaria Elimination, Every Rising and Concerning Burden of Antimicrobial Resistance and Efforts at Antimicrobial Stewardship from various centres, Mpox in Children, and Emergency



Participants and Faculty at the Paediatric Infectious Diseases Pre-Conference Workshop 2025, Gombe



PAN President and LOC delegates with participants at the Paeds ID Pre-Conference Workshop 2025

## Nigerian Society for Paediatric Infectious Diseases (NISPID)

2025  
ANNUAL  
REPORT

FROM JANUARY TO  
DECEMBER, 2025

As in previous years, the NISPID hosted webinars and also contributed to the PAN webinar series discussing contemporary infectious diseases topics, providing very useful education resources for better management of our children. The webinars started with Innovative Strategies for TB Case Detection in Children, which was hosted in collaboration with the National TB, Leprosy and Buruli Control Programme. Other topics covered in the year include Vaccine Hesitancy: Removing the Log from the Health Worker's Eye by Dr Somkenechi Okpala, Neglected

Tropical Diseases in Children by Prof Nma Jiya. Our residents and colleagues also presented highlights from the 2025 Paediatric Infectious Diseases Pre- conference workshop, availng those who missed it to be at breast with contemporary issues in the field.

The NISPID co-hosted two PAN webinars in the year. The first featured Prof Olugbega Mokuolu, the Roll Back Malaria Case Management Working Group Co-Chair, who spoke on "Intensifying Best Practices in Effective Malaria Case Management". While the duo of Dr Somkenechi Okpala and Prof Esther Yiltok spoke on "Twin or Brothers: Tackling the Foes of Measles and Rubella".

**PAN WEBINAR SERIES | 2025 | 003**

PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)  
in Collaboration with  
NIGERIAN SOCIETY FOR PAEDIATRIC  
INFECTIOUS DISEASES (NISPID)  
In commemoration of  
**WORLD MALARIA DAY**  
Presents a webinar On

**INTENSIFYING BEST PRACTICES IN  
EFFECTIVE MALARIA CASE MANAGEMENT**  
CASTING OUT THE DOUBTS IN PRACTICE AND  
STATUS OF MALARIA VACCINE IMPLEMENTATION

**Wednesday, 30th April 2025 | 3PM | VIRTUAL VIA iEcho Platform | www.bit.ly/pwb\_2025**

**ANNOUNCERS:**  
EKANEM EKURE PAN President  
CHIKA DURU PAN Secretary

**Powered by:**  
 Paediatric Association of Nigeria (PAN)

**PAN WEBINAR SERIES | 2025 - 007**

PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)  
in Collaboration with  
PAN IMMUNIZATION COMMITTEE  
Presents a webinar On

**Twins or brothers?  
TACKLING THE FOES OF MEASLES AND RUBELLA**

**SPEAKER:**  
Dr Olugbega A. Mokuolu  
MBBS, MSc, MD, FWACP(Paed), FAMedS  
Professor of Pediatrics  
Consultant Paediatrician/Neonatologist  
University of Ilorin/  
University of Ilorin Teaching Hospital  
Kwara State

**MODERATOR:**  
Adewunmi B. Oyesakin  
MBBS, MSc, FMCPaed, MPH  
Consultant Paediatrician  
Holl Infectious Disease/ Oncology,  
Department of Paediatrics,  
National Hospital Abuja.

**ANNOUNCERS:**  
Dr Somkenechi C. Okpala  
MBBS, MSc, FMCPaed  
Consultant Paediatrician  
Department of Paediatrics  
University of Nigeria Teaching Hospital,  
Ituku Ozalla, Enugu State

**Dr Esther Yiltok**  
MBBS, MEd, MSc, FWACP(Paed)  
Professor/ Consultant Paediatrician  
Department of Paediatrics  
University of Jos/  
Jos University Teaching Hospital,  
Plateau State

**Dr Ayebo E. Sadoh**  
MBBS, MPH, FWACP(Paed)  
Professor/ Consultant Paediatrician  
Institute of Child Health  
University of Benin/  
University of Benin Teaching  
Hospital, Edo State

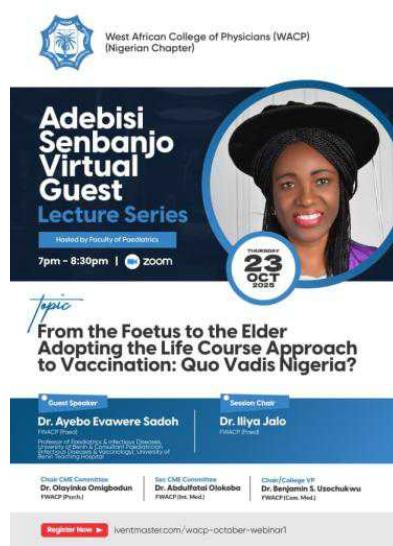
**Wednesday, 27th August, 2025 | 3PM — 4:30PM (WAT) | VIRTUAL VIA iEcho PLATFORM | www.bit.ly/pwb\_2025**

**ANNOUNCERS:**  
EKANEM EKURE PAN President  
CHIKA DURU PAN Secretary

**Powered by:**  
Paediatric Association of Nigeria (PAN)

In the course of the year our member hosted various seminars and programmes on infectious diseases of public health importance, and other child survival strategies. These included the World Immunisation Week lecture by Prof Beckie Tagbo title "Outbreak Preparedness: Vaccination as a First Line of Defense", the

West African College of Physicians' Adebisi Senbanjo Virtual Guest Lecture Series by Pro Ayebo Sadoh titled "From the Foetus to the Elder Adopting the Life Course Approach to Vaccination: Quo Vadis Nigeria? World Pneumonia Day and Measles-Rubella Public Sensitisation Meeting by Prof Ayebo and colleagues at University of Benin Teaching Hospital.



Antimicrobial resistance (AMR) continues to be one of the leading global health threats and the NISPID has been at the forefront of activities to establish antimicrobial stewardship (AMS) committees in paediatric practices in the country. This year our members continued to lead at various levels to ensure the responsible use of antibiotics. The World Antibiotic Resistance Week

(WAAW) 2025 was observed across various hospitals and communities led by NISPID members. The WAAW activities were held at the University College Hospital, and AMS spoke site supported by the UCH team; the Adeoyo Maternity Teaching Hospital, Yemetu Ibadan, and the Oni Memorial Children's Hospital, Ibadan



UCH WAAW 2025 Activities: 1- NCDC CoP Webinar 2- UCH Spoke Site Outreach 3- AMR Awareness at the popular Oje Market in Ibadan



UCH WAAW 2025 Activities: 1- Visit to UI DVC Admin, Prof Peter Olapegba, 2- UI Campus outreach 3- A school outreach

The paediatric infectious disease sub-specialty training programmes supported by NISPID received a boost across various training centres with more centres accredited for training by both the West African College of Physicians and the National Postgraduate Medical College of Nigeria. This has led to more candidates being enrolled into training, further improving the current dire shortages of paediatric infectious diseases specialists in the country. Between 28th and 31st October 2025, several members of NISPID attended the 14th World Congress of the

World Society for Pediatric Infectious Diseases (WSPID 2025), which took place in Bangkok, Thailand. Our members presented several abstracts showcasing the brilliant work being done in-country to improve care of paediatric infectious diseases in Nigeria, and also contribute to the body of knowledge in the field. Some of our members also played leads roles in the congress organization and chaired some sessions at the conference.



NISPID Members at WSPID 2025 Bangkok Thailand,  
led by the NISPID President, Prof Regina Oladokun

The year 2025 also saw the launch of the new NISPID logo and website <https://www.nispid.com/> Please take some time to visit the website for an enriching experience! Without any doubt, 2025 was indeed an activity filled and impactful year for NISPID and her members. 2026 promises to be even better! Come join us!!

## 2025 Annual Report

### THE ADOLESCENT PAEDIATRICS SOCIETY OF NIGERIA (APSON)

This sub-specialty group was officially registered in February, 2025. Elections and inauguration of her first executive members held in March with the following as the elected members of the executive:

Dr. Bridget Okoeguale – President  
Dr. Onyinye Anyanwu – Vice president  
Dr. Grace Nwankwo – Secretary  
Dr. Chinwe Joe-Akunne – Assistant secretary  
Dr. Abieyuwa Fagbohun – Financial secretary  
Dr. Oluwakemi Ojulowo – Public Relations Officer

### 2025 International Adolescent Health Week

APSON joined other stakeholders in adolescent health to mark the 2025 International Adolescent Health Week (IAHW) celebrated on 13<sup>th</sup> – 19<sup>th</sup> of October, 2025. This year's theme was "Thriving Inside and Out: Strengthening Adolescents' Physical and Mental Health" and the highlights of the activities were:

1. Radio program: an interactive call-in radio program where we discussed the theme for the IAHW and adolescents' health in general.
2. Secondary school outreach: In collaboration with an NGO, Youthful and Useful Youths Initiative, we held talk sessions with more than 100 in-school adolescent girls on issues around adolescent health and self-development.

# PAN Pneumonia Subcommittee

## 2025 Summary of Activities

In 2025, the Pneumonia Subcommittee of the Paediatric Association of Nigeria (PAN) remained actively engaged in advancing advocacy, capacity building, and awareness on childhood pneumonia prevention and control. The Subcommittee maintained a structured and consistent work plan throughout the year, anchored on regular meetings, professional education, and national advocacy events.

The Subcommittee held monthly meetings throughout the year, which provided a platform for strategic planning, review of ongoing activities, and coordination of pneumonia-related advocacy and professional engagements across the country. These meetings also facilitated collaboration among members, alignment with PAN's broader objectives, and timely decision-making on emerging child respiratory health issues.

As part of professional capacity building and knowledge dissemination, the Subcommittee actively contributed to the **PAN Webinar Series 2025/006** by organizing and delivering a **Pneumonia-focused webinar tagged "CHILDHOOD PNEUMONIA: CURRENT PERSPECTIVES ON DIAGNOSIS, MANAGEMENT AND PREVENTION"**. The webinar addressed current issues in pneumonia prevention, diagnosis, and management, and served as a continuing professional development platform for paediatricians and other child health practitioners nationwide.



In addition, the Subcommittee successfully coordinated and participated in the **2025 World Pneumonia Day celebration**, marked annually on 12 November. Activities were implemented across Nigeria's six geopolitical zones and included community sensitization, health education, media engagements, and advocacy on immunization, clean air, and early care-seeking for childhood pneumonia. The commemoration reinforced PAN's commitment to reducing the burden of pneumonia and improving child survival outcomes in Nigeria. Below is a report of the committee's celebration of the world pneumonia day with pictures.

# PAN Pneumonia Subcommittee

## 2025 Summary of Activities

### Report on World Pneumonia Day 2025 Celebrations by the Paediatric Association of Nigeria (PAN) Pneumonia Subcommittee

#### 1. Background and Purpose

World Pneumonia Day (WPD) is observed annually on 12th November to raise global awareness about pneumonia—a leading killer of children under five worldwide—and to advocate for effective prevention and treatment measures. Pneumonia remains one of the highest contributors to childhood morbidity and mortality in Nigeria, driven by factors such as air pollution, low immunization coverage, malnutrition, and inadequate health system capacity.

In Nigeria, the Paediatric Association of Nigeria (PAN), through its Pneumonia Subcommittee, leads national efforts to commemorate WPD, aligning with global themes and local public health priorities. The 2025 theme in Nigeria was “Every Breath Counts: Stop Pneumonia in Its Tracks,” with an emphasis on awareness, clean air advocacy, immunization, and clinical care strategies.

#### 2. National Coordination and Strategic Objectives

PAN's Pneumonia Subcommittee coordinated multi-stakeholder engagements involving government health agencies, professional paediatricians, NGOs, media partners, and community groups across Nigeria's **six geopolitical zones**:

- North West
- North East
- North Central
- South West
- South East
- South South

The key objectives were to:

- **Raise public awareness** about the causes, symptoms, and prevention of pneumonia.
- **Promote vaccination** including pneumococcal and Hib vaccines as part of routine immunization.
- **Strengthen early diagnosis and clinical management** at primary and secondary health facilities.
- **Advocate for clean air and environmental health** to reduce indoor and outdoor pollution risks.
- **Engage policymakers** on resource allocation for pneumonia control efforts

#### 3. Activities Across the Six Geopolitical Zones

##### A. North West Zone

- **Public Health Forums & Talks** were convened in major cities like Kano and Kaduna.
- Paediatricians and public health officials delivered community education sessions on pneumonia prevention, emphasizing the importance of **exclusive breastfeeding** and **timely**

# PAN Pneumonia Subcommittee

## 2025 Summary of Activities

**immunization.** These mirrored calls from prior WPD observances to scale up effective immunization strategies.

- Local media appearances by PAN clinicians amplified key prevention messages.

### **B. North East Zone**

- **Outreach campaigns** were conducted at healthcare centers and schools to distribute informational brochures on pneumonia symptoms and when to seek care.
- Collaborations with state health departments supported strengthened **case referral systems** for severe pneumonia cases.

### **C. North Central Zone**

- Events in states like **Abuja and Benue** featured **clinician panels and community forums** explaining pneumonia risk factors and the role of air quality in respiratory health.
- Health talks also targeted environmental contributors to pneumonia, particularly household smoke exposure.

### **D. South West Zone**

- Public engagements in **Lagos and Ibadan** included appearances on television and radio where PAN experts educated parents and caregivers on preventive practices and vaccination importance.
- Screenings for respiratory symptoms in children were integrated into

routine pediatric outpatient services.

### **E. South East Zone**

- Community outreach efforts emphasized **clean indoor air strategies**, nutritional interventions to support child immunity, and the prevention of household air pollution.
- Health facility teams organized **pneumonia awareness walks** in urban centers.

### **F. South South Zone**

- The zone, including **Port Harcourt and Calabar**, held interactive awareness sessions and **television features** to reach broader audiences. PAN's activities were also shared on broadcast platforms like AFIA TV, reaching state-level audiences with the WPD message.
- Engagement with community leaders to support *local prevention and referral pathways* was a notable focus.

### **4. Media Engagement and Public Awareness**

PAN utilized social media posts and television appearances to amplify the WPD message nationwide. Images and reports circulated showing paediatricians **“From North to South, paediatricians are stopping pneumonia in its tracks.”**

Television features, including appearances on public-media platforms

# PAN Pneumonia Subcommittee

## 2025 Summary of Activities

such as the **Guardian Nigeria World Pneumonia Day segments**, further broadened reach.

### 5. Key Messages and Advocacy Themes

Across zones, the following core messages were consistently promoted:

- **Vaccination Saves Lives:** Emphasis on pneumococcal and Hib vaccine uptake as a powerful preventive tool.
- **Early Recognition & Treatment:** Educating caregivers on recognizing symptoms such as persistent cough and difficulty in breathing, and on seeking prompt care.
- **Clean Air & Environment:** Addressing air pollution—both indoor and outdoor—as a significant risk for child pneumonia, in line with PAN's environmental health advocacy.
- **Nutrition and Child Health:** Supporting exclusive breastfeeding and balanced nutrition to enhance immune defenses.

### 6. Outcomes and Impact

While consolidated national statistics on attendance and reach were not independently published at the time of this report, PAN's activities across all geopolitical zones:

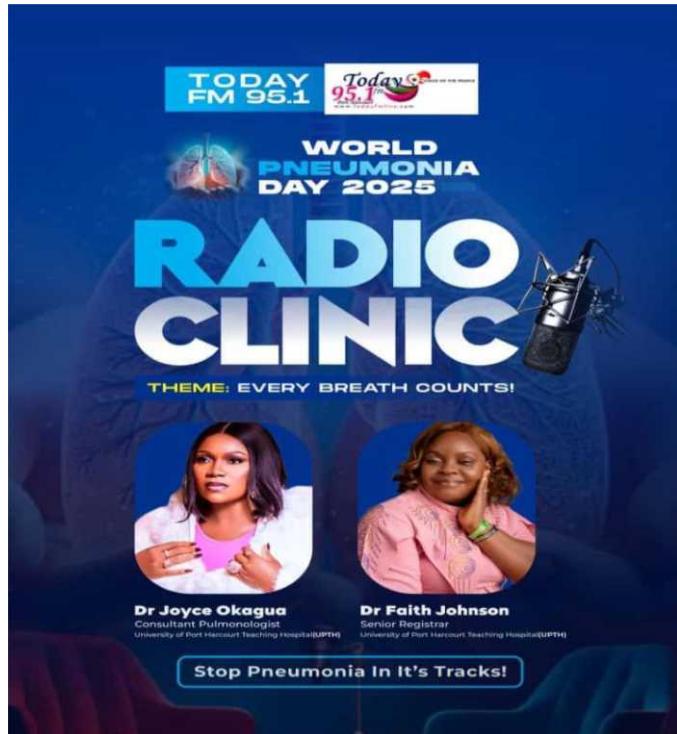
- **Reached diverse audiences** from urban centers to underserved rural communities.
- **Increased public knowledge** around pneumonia prevention and care.
- **Engaged policy stakeholders** on the need for sustained investment in child health infrastructure and pneumonia control programs.

### 7. Conclusion

The 2025 World Pneumonia Day celebrations coordinated by the PAN Pneumonia Subcommittee represented a coordinated national effort that not only reinforced global advocacy calls but also localized them to address Nigeria's specific public health context. By engaging clinicians, communities, media, and policymakers across all six geopolitical zones, the initiative helped sharpen public understanding of pneumonia prevention, management, and the broader determinants of respiratory child health in Nigeria.

# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



PAEDIATRIC ASSOCIATION OF NIGERIA PAN-UNICEF  
PNEUMONIA COMMITTEE AND THE DEPARTMENT  
OF PAEDIATRICS AND CHILD HEALTH,  
Futa TEACHING HOSPITAL AKURE



Celebrate

2025 WORLD  
PNEUMONIA DAY.

THEME: EVERY BREATH COUNTS:  
STOP PNEUMONIA IN ITS TRACK

Featuring:

Time: 10:00am

Tuesday 11th November 2025: Health Talk On Pneumonia At The Imunization Clinic  
Comprehensive Health Centre Arakale Akure.

Thursday 13th November 2025: Health Talk On Pneumonia At The Imunization Clinic  
Futa Teaching Hospital, Akure.

# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)  
SOKOTO STATE PAN-UNICEF  
PNEUMONIA COMMITTEE



### 2025 WORLD PNEUMONIA DAY

THEME: **EVERY BREATH COUNTS:**  
STOP PNEUMONIA IN ITS TRACK



INDOOR AIR POLLUTION FROM COOKING FUELS  
CARBON EMISSIONS CHOKING OUR CITIES  
CLIMATE CHANGE AND  
RESPIRATORY INFECTIONS

COURTESY OF **TYONEX**  
NIGERIA LIMITED

- SENSITIZATION OF HEALTH WORKERS
- TV TALK SHOW
- TRAINING OF HEALTH WORKERS ON IDENTIFICATION  
AND MANAGEMENT OF PNEUMONIA



in  
Partnership with



Come together to raise  
awareness and take action for  
stronger respiratory health and a  
brighter, healthier future. @  
Magajin Gari PHC B/Kudu,  
Jigawa State.



NIGERIAN MEDICAL  
ASSOCIATION (NMA)  
JIGAWA STATE BRANCH

PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)  
PNEUMONIA COMMITTEE AND PAEDIATRICS DEPT

### WORLD PNEUMONIA DAY

THEME:  
\* ENSURE YOU BREATHE  
CLEAN AIR.  
\* EVERY BREATH COUNT  
STOP PNEUMONIA IN  
ITS TRACK.



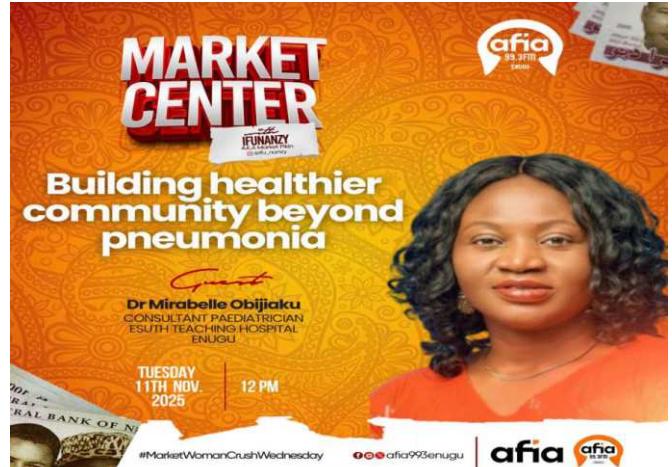
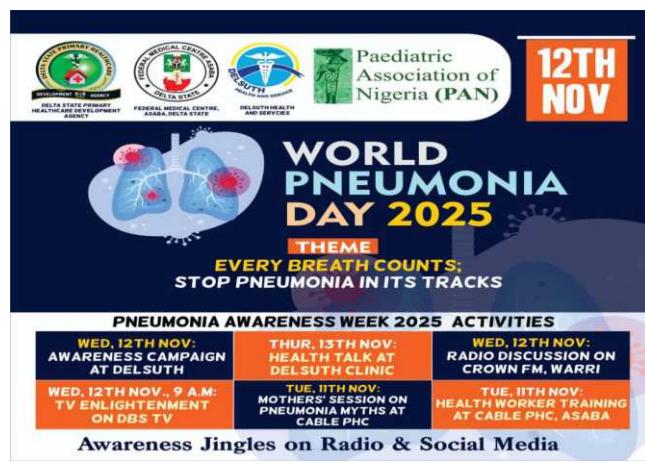
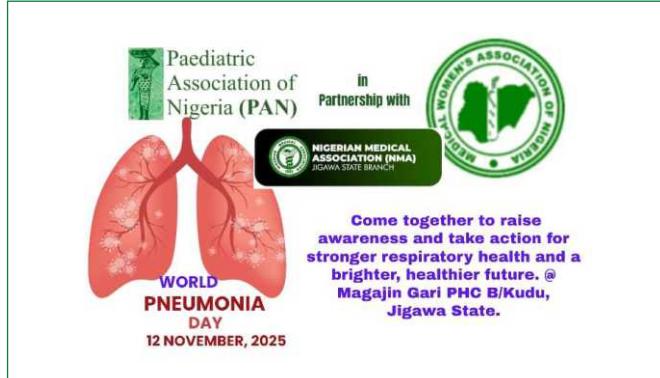
NOVEMBER: 12th 2025

#### Featuring

1. Health Talk On Midas Radio 90.5FM  
On 8th Nov; 2025 Time: 10:00AM

2. Health Talk At Immunization Clinic,  
EKSUTH, Ado-Ekiti.

3. Health Talk At Comprehensive Health  
Center Okesa Ado-Ekiti.  
On Thursday 13th Nov; 2025



# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



## PAN Pneumonia Subcommittee

### 2025 Summary of Activities



# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



# PAN Pneumonia Subcommittee

## 2025 Summary of Activities



## PAN Pneumonia Subcommittee

### 2025 Summary of Activities



# ADOLESCENT PAEDIATRICS SOCIETY OF NIGERIA (APSON)

## 2025 ANNUAL REPORT

This sub-specialty group was officially registered in February, 2025. Elections and inauguration of her first executive members held in March with the following as the elected members of the executive:

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Dr. Onyinye Anyanwu – Vice president  
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Dr. Chinwe Joe-Akunne – Assistant secretary  
Dr. Abieyuwa Fagbohun – Financial secretary  
Dr. Oluwakemi Ojulowo – Public Relations Officer

## 2025 International Adolescent Health Week

APSON joined other stakeholders in adolescent health to mark the 2025 International Adolescent Health Week (IAHW) celebrated on 13<sup>th</sup> – 19<sup>th</sup> of October, 2025. This year's theme was "Thriving Inside and Out: Strengthening Adolescents' Physical and Mental Health" and the highlights of the activities were:

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2. Secondary school outreach: In collaboration with an NGO, Youthful and Useful Youths Initiative, we held talk sessions with more than 100 in-school adolescent girls on issues around adolescent health and self-development.

# REPORT OF ACTIVITIES OF THE NIGERIAN ASSOCIATION OF PAEDIATRIC GASTROENTEROLOGY, HEPATOLOGY AND NUTRITION

The Nigerian Association of Paediatric Gastroenterology, Hepatology and Nutrition (NAPGHAN) is a body of Healthcare Professionals with special interest in optimizing childhood nutrition and care of children with disorders of the digestive system. The goal of NAPGHAN is to advance the science of Paediatric Gastroenterology, Hepatology and Nutrition in the country through training programs, research, translation of research evidence to clinical practice and policies, advocacy, development of standard treatment guidelines, partnership with industries, and national and international collaborations for the advancement of child health in the country.

In the bid to increase the knowledge-base, skill set and capacity of members of the association for improved quality of care to children with nutritional and digestive system disorders, webinars on very important topics were presented in 2025. They included: Navigating hindgut disorders of gut brain interaction and the ending menace of Childhood Malnutrition in Nigeria and the way forward,

In the course of the year, NAPGHAN established collaboration with sister associations - The Commonwealth Association of Paediatric Gastroenterology, Hepatology and Nutrition (CAPGHAN) and the newly-formed African Society of Paediatric Gastroenterology, Hepatology and Nutrition (ASPGHAN). These collaborations have opened members of the association to new learning opportunities as well as opportunities to network with Paediatric Gastroenterologists within and beyond the continent of Africa. The association held her 11<sup>th</sup> Annual General Meeting and Scientific Conference from the 29<sup>th</sup> July to 1<sup>st</sup> August, 2025 at Ibadan, Oyo State. The theme of the conference was "Artificial Intelligence Revolution in Paediatrics Gastroenterology, Hepatology and Nutrition" while the sub-themes were: "Nutrition and disease: exploring the complexities and opportunities for prevention and treatment, Nutrition therapy in chronic liver diseases: Evidence based approach and Inflammatory bowel diseases - Diagnostic and management challenges in resource-limited settings.

## REPORT OF ACTIVITIES OF THE NIGERIAN ASSOCIATION OF PAEDIATRIC GASTROENTEROLOGY, HEPATOLOGY AND NUTRITION

The pre-conference consisted of didactic session (Lactation Management), food demonstrations and hands-on sessions in the preparation of special formulations like F-75 and F - 100 for children with severe acute malnutrition. There was a session on Paediatric Endoscopy aimed at increasing the knowledge and proficiency of participants in performing the procedure.

The key note address of the conference was delivered by Prof. James K. Renner. The speakers that handled the subtheme were: Prof. Adebola Orimadegun (Nutrition and disease: exploring the complexities and opportunities for prevention and treatment), Prof. Idowu Senbanjo (Nutrition and disease: exploring the complexities and opportunities for prevention and treatment) and Dr. Joanah Ikobah

(Inflammatory bowel diseases - Diagnostic and management challenges in resource -limited settings). Prof. Tamramat Runsewe-Abiodun delivered the lecture on Lactation Management and supervised the demonstration session. The conference ended with an Annual General Meeting and drafting of a communique.

The 70<sup>th</sup> birth day and retirement ceremony of Prof. Tamramat Runsewe-Abiodun, a veritable member of the association, was a notable event in 2025. Prof. Runsewe-Abiodun officially left public service after several years of meritorious work at Olabisi Onabanjo University Teaching Hospital. Her contributions to the advancement of child health especially in the area of child nutrition would always be remembered and cherished.

Dr. Ekong E. Udo  
Secretary General (NAPGHAN)



Group photograph of participants at the NAPGHAN 2025 conference



*Group photograph of some members of the association at the end of the conference*



*A cross section of participants at the endoscopy session*



*Food demonstration session during the pre-conference workshop*



*Retirement and Valedictory Ceremony of Prof. Tamramat Runsewe-Abiodun (Middle)*



*The Chairman - Dr. Joyce Akinseinde, Co-Chairman - Dr. Virginia Guvoeke and Secretary - Dr. Funmi Adeniyi of the 2025 NAPGHAN CONFERENCE LOC (From left to right)*

## PAN EXCOs, NISOM rep and IPA President in the Ministry of health for advocacy meeting on National Essential Newborn care training to be supported by the IPA



## PAN EXCOs, NISOM rep and IPA President in the Ministry of health for advocacy meeting on National Essential Newborn care training to be supported by the IPA



## PAN REPRESENTED AT ENUGU STATE MPCDSR INAUGURAL MEETING



PHOTO: Prof. Adaeze Ayuk with Prof. George Ugwu, Commissioner of Health, Enugu State, at the MPCDSR inauguration

The Paediatric Association of Nigeria (PAN) was ably represented by **Prof. Adaeze Ayuk** at the **inaugural meeting of the State Maternal, Perinatal and Child Death Surveillance and Response (MPCDSR) Steering Committee and Technical Working Group**, convened by the Ministry of Health on the 9<sup>th</sup> of December 2025.

Her presence added immense value and reaffirmed PAN's commitment to improving maternal, perinatal, and child health

outcomes in **Enugu State**. Together, we look forward to implementing the MPCDSR system and strengthening our health response for the good of our mothers and children.

Above is the photograph taken with the **current Commissioner of Health, Enugu State, Prof. George Ugwu**, alongside Prof. Adaeze Ayuk. This moment captures the spirit of collaboration between PAN and the State Ministry of Health in advancing child and maternal health initiatives.

## PAN at the Launch of MNCH&N Maternal Newborn Child Health and Nutrition

On 11th November 2025, the Paediatric Association of Nigeria (PAN) joined key stakeholders at the launch of three critical NAFDAC initiatives at Transcorp Hilton Hotel, Abuja. The initiatives include the Maternal, Newborn and Child Health + Nutrition Initiative, the NAFDAC Office of Women and Children's Health, and the National Action Plan on Prevention, Detection, and Response to Substandard and Falsified Medical Products in Nigeria.

The event brought together representatives from the Federal Ministry of Health and Social Welfare, the House of Representatives' Committee on Food and Drug Administration and Control, National



Primary Health Care Development Agency, professional bodies (including PAN), development partners, regulatory agencies, CSOs, industry leaders, and the media. Over 120 participants attended.

The launch featured presentations, poster sessions, and interactive discussions emphasizing

multi-sectoral approaches to strengthening regulatory oversight, ensuring safer MNCH and nutrition products, and fostering collaboration for nationwide impact.

NAFDAC reaffirmed its commitment to enforcing breastfeeding-friendly policies, supporting local production of paediatric medicines and menstrual hygiene products, regulating life-saving nutrition commodities, and safeguarding Nigerians from unsafe medicines.

PAN looks forward to further engagement, including raising awareness among members about these initiatives and creating opportunities for NAFDAC to showcase their work at PANCONF 2026.

Moderator - Dr. Kolawole Olatunbesu		
	PROGRAMME	SPEAKER
<b>OPENING AND LAUNCHING</b>		
8:00 - 09:00 am	Arrival/Registration	All
09 - 10:00 am	Poster Viewing Session	All
10:00 - 10:10 am	National Anthem	All
10:10 - 10:15 am	DG's Opening Remarks	Prof. Mojisola C. Adeyeye, Director General, NAFDAC
10:15am - 10:30 am	Guest Recognition/Goodwill Messages GATES Foundation, WHO Country Representative, UNICEF, GAIN.	Moderator
10:30 am - 10:35 am	Presentation of the MNCH+N Project Overview	Dr. Ramatu Momodu, Director, Narcotics and Controlled Substances Directorate
10:35 am - 10:40 am	Presentation on NAFDAC Office of Women and Children Health (NOWCH)	Mrs. Eva Edwards, Director, Food Safety and Applied Nutrition Directorate
10:40 am - 11:00 am	Presentation on the National Action Plan on Substandard and Falsified Medical Products	Prof. Mojisola C. Adeyeye, Director General, NAFDAC
11:00 am - 11:30 am	Keynote Address by the Hon. Coordinating Minister of Health and Social Welfare	Prof. Ali Pate, CON
11:30 am - 11:45 am	Launch Ceremony: MNCH+N, NOWCH and NAP 2.0 by Hon. Coordinating Minister of Health and Social Welfare	Prof. Ali Pate, CON
11:45 am - 12:00 pm	Photo session with the Hon Coordinating Minister of Health and Social Welfare	All
12:00 pm - 12:30 pm	Poster Viewing and Tea Break	All
<b>PRESENTATION</b>		
<b>Session 1: Strengthening Regulatory Ecosystem for Safer MNCH+N Products: A Multi-sector Approach</b>		
12:30 pm	Enabling Environment for MNCH Innovation: The Intersection of Research, Policy, Regulation, and Practice	Professor Taiwo Afolabi, Deputy Director, Africa Centre of Excellence for Population Health and Policy, Bayero University, Kano
<b>Session 2: Scaling Nutrition and Health Interventions for Women and Children: Lessons, Gaps, and the Way Forward</b>		
12:50 - 1:10 pm	From Policy Commitments to Frontline Impact: Strengthening Regulatory Leadership, Evidence-Based Advocacy, Data, and Clinical Excellence to Strengthen Vaccine Confidence and Close the Immunization Gap	Dr. Abimbola Mabogunje, lead for MNCH+N project of CIVINS, Centre for Innovation in Being and Integrated Nutrition Solutions (C-INS)
1:10 - 1:30 pm	For every child, renewed hope: building resilience for mental and physical health and nutrition through local manufacturing	semar Haqrehop, United Nations Children's Fund (UNICEF)
1:30 - 1:50 pm	Strengthening Access to Safe and Effective MNCH+N Products, Including Vaccines	Mrs. Hauwa Tense, Director, Food Logistics and Health Commodity, National Primary Health Care Development Agency (NPHCDA)
1:50pm - 2:30 pm	Lunch & Networking	
<b>Session 3: Collaborating for Scale: Strengthening Systems to Deliver MNCH+N Results</b>		
2:30 - 2:50 pm	Building Regulatory and Programmatic Synergies to Safeguard MNCH Commodity Quality and Impact	Mrs. Radio Diallo, Gates Foundation (GF)
<b>Session 4</b>		
2:50 - 3:30 pm	Regulation of Substandard/Falsified MNCH medicines in Nigeria with Support from the Gates Foundation	Prof. Mojisola C. Adeyeye, Director General, NAFDAC
3:30 - 3:45 pm	Traceability and Regulatory Controls	Dr. Gbenga Fagbemiokun, Special Assistant to DG, NAFDAC
3:45 - 4:00 pm	Monitoring the Supply Chain of MNCH Products	Mr. John Kayode, NAFDAC Traceability Office
<b>Session 5</b>		
4:00 - 4:30 pm	Q&A/Discussion	Moderator
4:30 - 5:00 pm	Closing Remarks/The Pledge	Mrs. Olale Sonny Adefokun, Director, Drug Registration and Regulatory Affairs

## CELEBRATION OF THE 2025 WORLD BREASTFEEDING WEEK AT THE UNIVERSITY OF PORT HARCOURT TEACHING HOSPITAL

The University of Port Harcourt Teaching Hospital (UPTH) was designated Baby Friendly Hospital in 1993, and has been celebrating the yearly World Breastfeeding Week (WBW), 1<sup>st</sup> to 7<sup>th</sup> August, since 1997 as one of the activities for the promotion, protection and support of breastfeeding within and outside the hospital community.

The Baby-Friendly Hospital Initiative (BFHI) Committee coordinates the activities of the celebrations following the themes and advocacy materials provided by the World Alliance for Breastfeeding Action (WABA) yearly. This year, the Committee collaborated with the Institute of Maternal and Child Health (IMCH) of the University of Port Harcourt and the WBW was celebrated at the University for the 1<sup>st</sup> time.

This year's celebration with the theme "**Prioritise Breastfeeding: Create Sustainable Support Systems**", held from 18<sup>th</sup> to 24<sup>th</sup> August, emphasised the importance of building robust and lasting support systems to promote and sustain breastfeeding practices.

The Objectives of the 2025 celebration were to:

- **Inform** people about their role in creating supportive and sustainable environments for breastfeeding
- **Anchor** continuous breastfeeding support as a vital component to create a sustainable environment
- **Engage** with individuals and organisations to enhance collaboration and support for breastfeeding
- **Galvanise** actions on connecting breastfeeding support systems to create a sustainable environment

Prior to the celebration, the BFHI Committee held several meetings at the BFHI office to plan the activities, source for funds and share responsibilities. The Hospital management was approached as the Chief Medical Director is statutorily the Chairman of the committee, and supported the activities financially.



At some preparatory meetings of the BFHI Committee

The Programme of activities to celebrate the WBW 2025 is shown below:

Date	Activities	Venue	Time
Monday 18 <sup>th</sup> August	Opening ceremony	UPTH Conference Hall	9:00am
Tuesday 19 <sup>th</sup> August	Awareness in clinics:	Clinics & Wards, UPTH	9:00am
	Baby Show at PHC - ALUU	ALUU - PHC	9:00am
Wednesday 20 <sup>th</sup> August	Rally at Uniport	Uniport	9:00am
Thursday 21 <sup>st</sup> August	Webinar lectures	Webinar	11:00am
Friday 22 <sup>nd</sup> August	Baby Show at UPTH	Family Health Clinic	9:00am
	Awareness at Mosque, Uniport	Mosque, Uniport	1:00pm
Saturday 23 <sup>rd</sup> August	Radio Awareness	NTA PH Channel 10	
Sunday 24 <sup>th</sup> August	Awareness in various churches	Various churches	8:00am

### Summary of Activities

1. The opening ceremony had up to 200 persons in attendance, including members of the hospital management, pregnant women, nursing mothers, staff and students of various schools, representatives of the Nutrition Society of Nigeria and the Press. The Theme lecture was delivered by Prof. Vaduneme Oriji, Head of Obstetrics & Gynaecology Department. Participants were given refreshments while enjoying an interesting session of questions and answers.



Banner for the celebration of the  
the UPTH



Members of the BFHI Committee, UPTH 2025 WBW at



Cross sections of attendees at the opening ceremony



Rally at the Abuja motor park, Uniport



Students joined at the rally

Key actors were reached and intimated on the need to support breastfeeding at the workplace, especially in an academic setting. The support of the Vice Chancellor and Heads of unions to achieve these goals was secured and follow up visits are expected.



BFHI Coordinator and IMCH staff with the  
Uniport VC, Prof. Owunari A. Georgewill



Uniport VC with members of BFHI  
Committee and students



With Chairman and Treasurer, Academic  
Staff Union of Universities (ASUU)



With Chairman, Senior Staff Association of  
Nigerian Universities (SSANU)



With the President, Uniport Women's Association (UPWA)



Front and back of flyers distributed at the rally

**4. The Committee hosted a webinar on the 4<sup>th</sup> day of the celebration, where Prof. Gracia Eke delivered the theme lecture: "Prioritise breastfeeding: create sustainable support systems" and Prof. Alice Nte, the 2nd one on "Overview of the restriction of the Digital Marketing of breastmilk substitutes". Participants included among others, a member of NAFDAC and a member of IBFAN Africa.**



Members of BFHI Committee hosting a webinar

**5.a. Baby show at the Well Baby Clinic in Community Medicine Department, UPTH.** Gifts of towels and diapers were offered to babies who were still on exclusive breastfeeding and those who had it for the first 6 months of their lives. Question and answer session followed with refreshments as part of the programme.



Cross section of mothers and babies still on exclusive breastfeeding

**5. b. Some members of the Committee were received by officials at the Uniport Mosque to convey the advocacy message**

**6. An awareness talk was given at the NTA PH Chanel 10.** Advantages of breastfeeding were extensively discussed, as well as the need and ways everyone can be part of creating support systems for breastfeeding dyads

**7. On Sunday, members of the Committee** who were allowed addressed their individual church communities on the theme of the WBW 2025



Prof. Alice Nte admonishing her church members



The BFHI Committee of UPTH was awarded the WABA Certificate of participation as we successfully celebrated the WBW 2025

Report prepared by:

**Prof. Gracia Eke,**

Chairman, 2025 World Breastfeeding Week Celebration

Assistant coordinator, BFHI Committee, UPTH

## VISIT TO PAN ELDERS



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The Paediatric Association of Nigeria visited our dear PAN Elder, one time PAN President and former Distinguished Paediatrician awardee **Dr Ifeoma Egwuonu**, Retired Professor of Paediatrics. In our usual fashion we presented our token to her and sent warm greetings from our President Dr Ekanem Ekure whom she spoke to on phone during the visit.. She expressed her appreciation to PAN and prayed for the success of PAN. It was good to see our distinguished Elder in good health and we pray for more years in good health



## VISIT TO PAN ELDERS



## VISIT TO PAN ELDERS



## VISIT TO PAN ELDERS



With Prof Grange

## FELICITATIONS



Hearty congratulations to our distinguished member Dr Eno Ekop on her promotion to the rank of Associate Professor of Paediatrics by the Governing Council of the University of Abuja Gwagwalada!! PAN rejoices with you and we wish you more successes in your career



Hearty congratulations to our distinguished member Dr Muhammad Faruk Bashir on his promotion to the rank of Professor of Paediatrics by the Governing Council of Abubakar Tafawa Balewa University, Bauchi Nigeria!! PAN rejoices with you and we wish you more successes in your career



Hearty congratulations to our distinguished member and PAN assistant secretary **Dr Rasaki Aliu** on his promotion to the rank of Associate Professor of Paediatrics by the Governing Council of the Gombe State University Gombe!! We thank God for this great news and we wish you more successes in your career

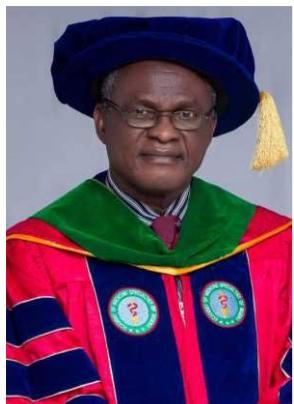
## FELICITATIONS



Hearty congratulations to our distinguished member Dr Eno Ekop on her promotion to the rank of Associate Professor of Paediatrics by the Governing Council of the University of Abuja Gwagwalada!! PAN rejoices with you and we wish you more successes in your career

Hearty congratulations to our distinguished members Dr Sunday Abraham Ayeni and Dr Emeka Ifeibi on their promotions to the rank of Brigadier General in the Nigerian Army and Air Commodore in the Nigerian Air force respectively !!! This is indeed a season of elevations all round.

PAN rejoices with you on this great achievement and we wish you more successes in your career



Hearty congratulations to our distinguished member Dr Anthony Ikefuna, Professor of Paediatrics on his election as the 24th College President of the National Postgraduate Medical College of Nigeria! This is a testament of your commitment and dedication to paediatric training in Nigeria! PAN celebrates you Sir and we wish you a successful and impactful tenure

## FELICITATIONS



Hearty congratulations to our distinguished member \*Dr Adaeze Ayuk, Professor of Paediatrics on her election as Vice Chairman Nigerian Thoracic Society and Secretary General Pan African Thoracic Society!!!

This is a testament to your commitment and dedication to child respiratory health!

PAN rejoices with you on this great achievement and we wish you more successes in your career



Hearty congratulations to our distinguished member Dr Iso Oloyede on her promotion to the rank of Professor of Paediatrics by the Governing Council of the University of Uyo!! PAN rejoices with you on this great achievement and we wish you more successes in your career



\*HEARTY CONGRATULATIONS On behalf of the President Dr Ekanem Ekure and members of the Paediatric Association of Nigeria (PAN), we heartily congratulate our dear member Dr Chinyere Ezeaka, Professor of Paediatrics on her recognition by the American Academy of Paediatrics as one of their Global Health Heroes for the year 2025! This worthy recognition is a testament to your dedication and commitment to improving the health and welfare of children in Nigeria and beyond..We celebrate you ma and wish you greater heights as you continue to make global impact

## FELICITATIONS



Hearty congratulations to our distinguished member Dr Surajudeen Bello on his promotion to the rank of Associate Professor of Paediatrics by the management of the Federal University of Lafia, Nassarawa State!!

PAN rejoices with you and we wish you more successes in your career



Hearty congratulations to our distinguished member Dr Uchenna Onubogu on her promotion to the rank of Professor of Paediatric Cardiology/ Pulmonology by the Governing council of the Rivers State University Port Harcourt!!

This is indeed a season of celebrations all round. PAN rejoices with you and we wish you more successes in your career

Hearty congratulations to our distinguished member Dr Martha Okorie on her promotion to the rank of Associate Professor of Paediatrics by the Governing Council of the PAMO University of Medical Sciences Port Harcourt!!

PAN rejoices with you and we wish you more successes in your career



## FELICITATIONS



### DOVE HEALTHCARE AWARDS'25



Prof.

### ADANZE O. ASINONI

Paediatric Nephrologist,  
College of Medicine/University  
College Hospital, Ibadan.

*Recipient*

**Lifetime Achievement Award in  
Nephrology and Healthcare  
Leadership**

*For Enquiries*

QQ +2348133424172  
@officialdovehealth

Venue: Lagos Oriental Hotel, Victoria Island, Lagos

Date: Friday, December 5, 2025

Time: Red Carpet – 4:00 PM | Main Event – 5:00 PM



MDA CAN

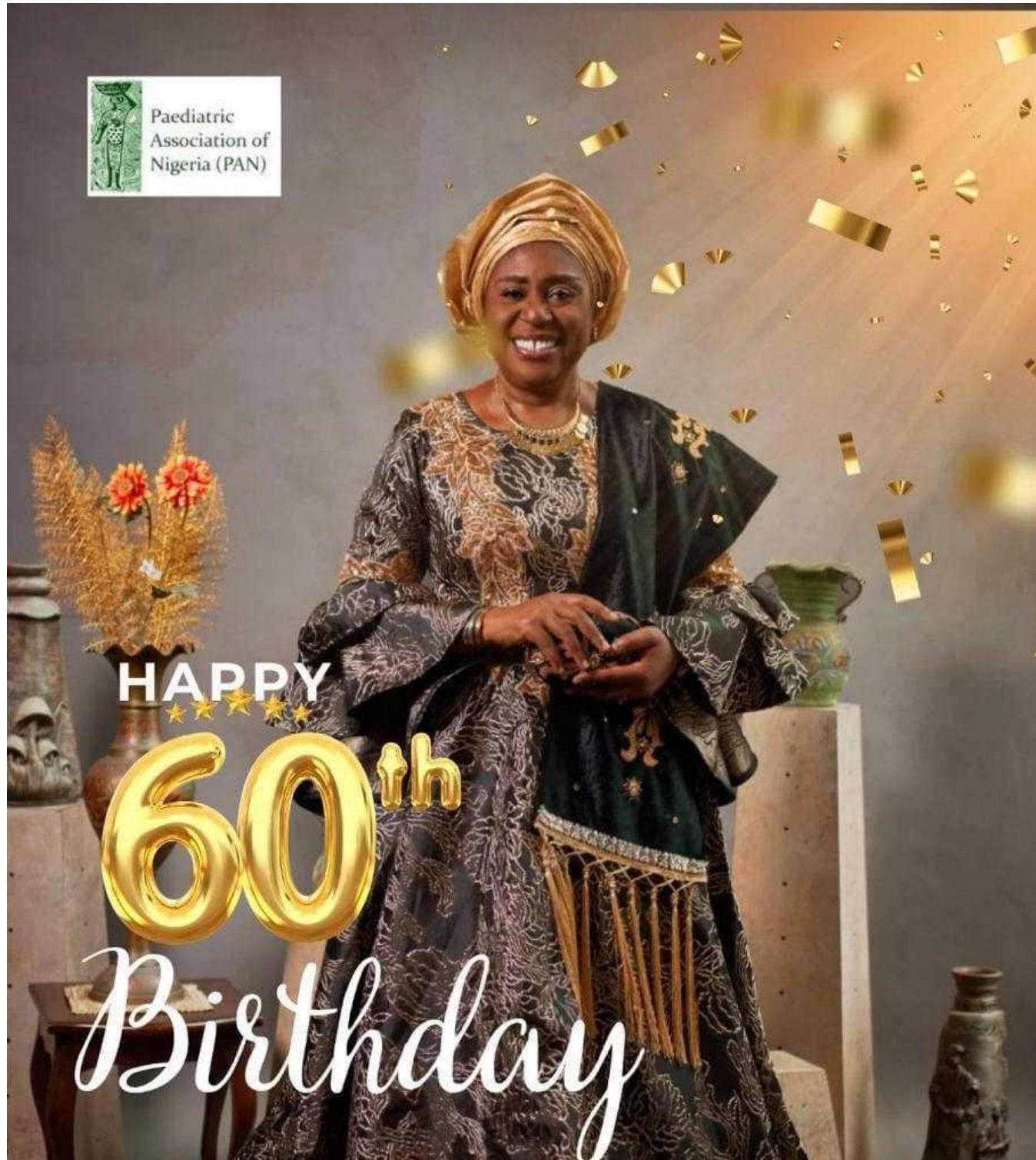


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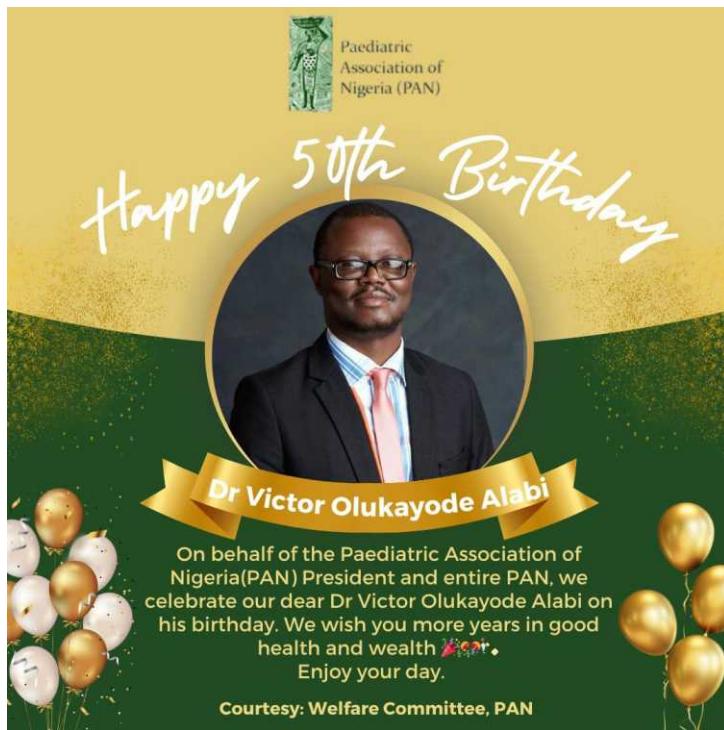
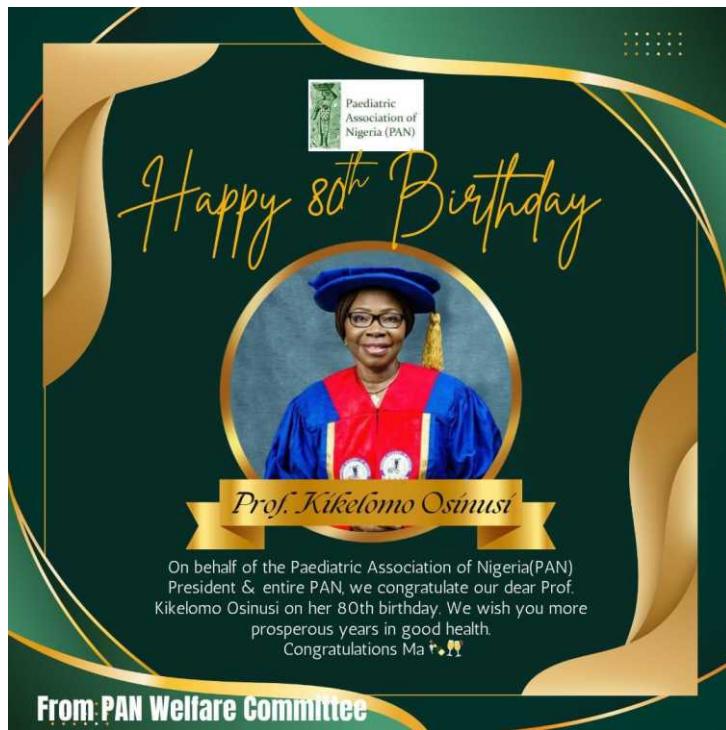
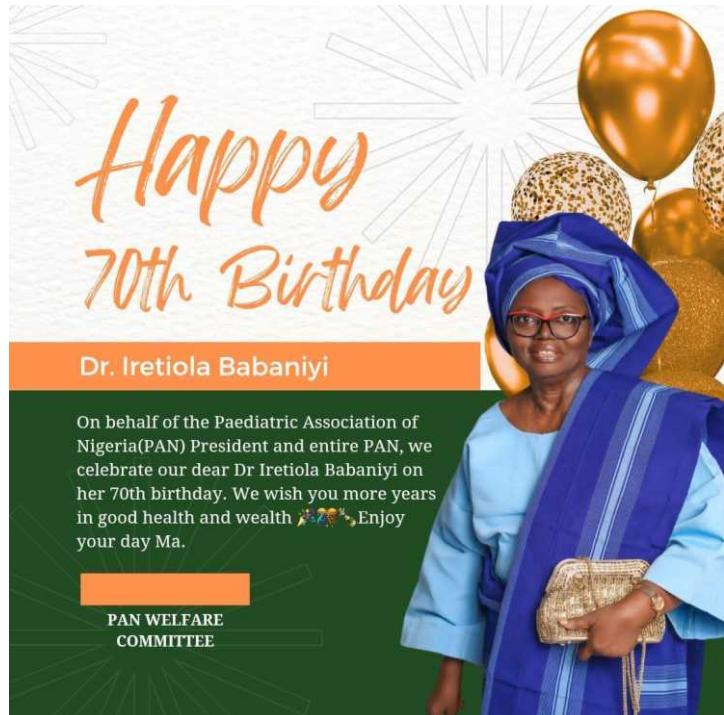
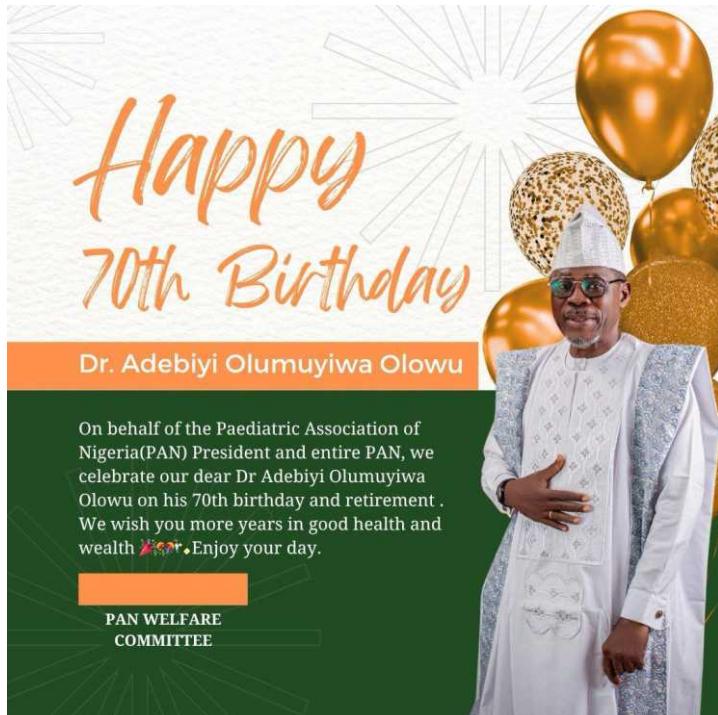


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## BIRTHDAY CELEBRATIONS



## BIRTHDAY CELEBRATIONS





**Paediatric  
Association of  
Nigeria (PAN)**

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Linkedin: @pan-ng-paediatric-  
association-of-nigeria**



**[www.pan-ng.org](http://www.pan-ng.org)**