PANNews

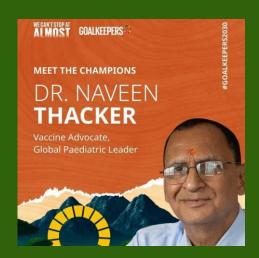
THE PAEDIATRIC ASSOCIATION OF NIGERIA NEWSLETTER

...keeping you informed

JULY - SEPTEMBER. 2025

SIXTEENTH EDITION











PAN Champions National Sensitization for 2025-2026 Measles-Rubella Vaccine Campaign





The purpose of the Paediatric association of Nigeria is to offer a platform for paediatricians and other professionals to improve health care for children through networking, and collaboration with experts in the field.

Our Vision

A world where every child is born with equitable and optimal chance to survive, grow and develop.

Our Mission

To influence all policies and programmes that impact on the wellbeing of every child through advocacy and strategic interventions that promote and protect the survival, growth and development.

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FROM THE PRESIDENTS DESK

FOR JULY TO SEPTEMBER 2025 NEWSLETTER



Dear Distinguished PAN Members and Advocates for children,

It is with joy and gratitude to God that I welcome you to our third quarterly PAN NEWS in the year 2025. I appreciate your unwavering dedication to caring and advocating for the health and wellbeing of children and adolescents in Nigeria. As Nigeria celebrates its 65th independence anniversary this year, it is a time for reflection on the nation's future—not in terms of oil revenue, elections, or infrastructure alone, but in terms of our children. Fourteen critical questions Nigeria must answer through decisive action to truly prioritize children.

- Why are 800 families in Nigeria losing a newborn baby every single day?
- 2. Why are Nigerian children still dying from preventable diseases like malaria, diarrhea, and pneumonia?
- 3. Why do we still have more than 2 million zero dose children in Nigeria?
- 4. Why does child malnutrition remain widespread in a nation capable of producing enough food for itself and beyond?
- 5. Why is access to adequate water, sanitation and hygiene (WASH) only available to 1 in 4 people in Nigeria?
- 6. Why does air pollution remain a major threat to maternal, newborn, and child health in Nigeria despite evidence that its impact is preventable?
- 7. Why are millions of Nigerian children homeless?



Dr Ekanem Ekure
PRESIDENT,
PAEDIATRIC ASSOCIATION OF NIGERIA (2024 - 2026)

- 8. Why are millions of Nigerian children still out of school despite decades of promises and abundant natural resources and why is the quality of public education so poor?
- 9. Why are Nigerian children not safe from kidnapping, trafficking, and abuse including child marriage in their own communities?
- 10. Why do conflicts, insurgencies, and banditry continue to disrupt children's lives, education, and future in many regions?
- 11. Why are children with disabilities still denied equal access to quality education, healthcare, and social participation?



FROM THE PRESIDENTS DESK

FOR JULY TO SEPTEMBER 2025 NEWSLETTER



- 12. Why are rural and marginalized children left behind while urban children have comparatively better opportunities?
- 13. Why is so little of Nigeria's wealth invested transparently and effectively in child-focused programs?
- 14. Why are children's voices, rights, and futures not at the center of national policies and leadership priorities?

In this quarter, our immunization champions created a new chapter in the history book of PAN. The NPHCDA as part of preparations for Integrated Campaign and other Primary Health Care interventions engaged with PAN for the first time at sub national level. Our immunization champions from 21 States in the first phase of the Measles Rubella roll out were invited to Abuja for a workshop. Subsequently the Champions had a virtual training and have been doing magnificent work of sensitization in their states with the expectation of improved survival of the Nigerian child. Thank you Champions.

PAN was also a significant part of the successful commemoration of the International Day of Clean Air for Blue Skies 2025 and the launching of the National Clean Air programme and BreathEasyNigeria campaign by the Ministry of Environment with PAN Secretary Dr Chika Duru making a presentation on Impact of Air pollution on the health of children. The first

week of August was the breastfeeding week where our members had events across the country to mark the week.

I was able to represent PAN at two high level stakeholders' meetings whose ultimate aim is to ensure survival of mothers, newborns, and children in Nigeria. One was the National Child Health Technical Working Group (NCHTWG) meeting organized by the Child health division of the Family Health Department, Federal Ministry of Health & Social Welfare (FMOH&SW and the other was the FMOH&SW Maternal and Neonatal Mortality Reduction Innovation and Initiatives (MAMII) team Safer Birth Bundle of Care (SBBC) stakeholders Alignment meeting.

On the international scene, I had the opportunity to share highlights of the IPA-PAN Immunization Project at the Innovation and Action for Immunization and Child Survival Forum at Maputo, Mozambique in July 2025. The meeting brought together political leaders, partners, and public health experts with the aim of sharing best practices and presenting innovations with the power to accelerate progress towards ending preventable deaths of children under five. One key take away was that strong political will is needed to accomplish child survival. I was also invited to the Gates Foundation Goalkeepers event on 22 September 2025 in New York where there was a blend of data.



FROM THE PRESIDENTS DESK

FOR JULY TO SEPTEMBER 2025 NEWSLETTER



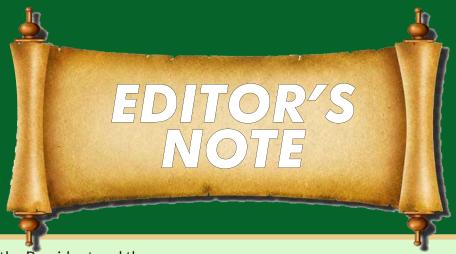
storytelling, and recognition to inspire global action. There was a roadmap emphasizing combined levers of policy, finance, health systems, and innovation. Among the ten Goalkeepers Champions honored for leadership and innovation included Dr Naveen Thacker, IPA immediate past President and current Executive Director. The excellent work of the IPA/PAN immunization champions in Nigeria is a contributory factor to this recognition. Congratulations to the global leader.

Included in the newsletter are highlights of PAN activities and all the good news of appointments, promotions, retirements, and landmark birthday celebrations. I congratulate our dear Past PAN President Dr Adebiyi Olowu on his 70th birthday/retirement and all the other celebrants. Our 57th Annual General Meeting & Scientific Conference PANConf Gateway 2026 at Abeokuta, Ogun State is just 3 months away. The newly introduced direct flight from Abuja to Ogun State is exciting news. Please submit your abstracts and plan to attend. Let us meet in Abeokuta to shape a brighter future for child health in Nigeria.

Finally, my sincere thanks to PAN BoT, Executive Council and members for your commitment and hard work. I also extend my appreciation to our partners and donors, without whom none of this work would be possible. God bless you all.

Dr. Ekanem Ekure President, Paediatric Association of Nigeria 2024-2026





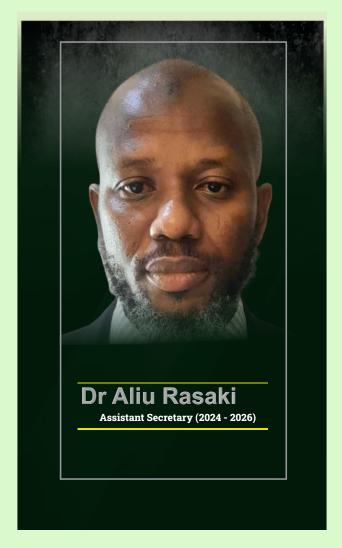
On behalf of the President and the Executive Council of the Paediatric Association of Nigeria (PAN), it is my privilege and honour to present the **16th Edition of the PAN Newsletter**, showcasing our collective achievements during the **July-September 2025** fiscal quarter.

I acknowledge the invaluable contributions of everyone who played a role in bringing this edition to life. Crafted with care and creativity, this newsletter embodies PAN's vibrant spirit and dedication to high standards, offering readers a smooth and engaging experience.

We hope you find the content this edition sparking new ideas and leaving you feeling inspired.

Warm regards,

Dr Aliu Rasaki Assistant Secretary (2024-2026)





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MEASLES IN CHILDREN:

A CLINICAL OVERVIEW FOR MEDICAL PRACTITIONERS

INTRODUCTION

Measles remains a major cause of morbidity and mortality in children worldwide, particularly in areas with low vaccination coverage. Although significant progress has been made in controlling measles through widespread vaccination campaigns, the disease continues to cause significant outbreaks, especially in low-resource settings. In countries like Nigeria and other parts of sub-Saharan Africa, measles remains a leading cause of death among young children. Although the World Health Organization (WHO) had earlier set ambitious global goals for the eradication of measles, aiming to reduce measles-related deaths by 95% and to eliminate endemic transmission in all regions by 2020, the disease continues to circulate in pockets of the world, primarily affecting unvaccinated children.

AETIOLOGY

Measles is caused by the measles virus, a single-stranded, negative-sense RNA virus that belongs to the Morbillivirus genus in the Paramyxoviridae family. The virus is highly contagious and is primarily transmitted via respiratory droplets. It can remain viable in the air for up to two hours, making it easy to spread in crowded places, such as schools and healthcare facilities. Upon entering the body through the respiratory tract, the virus replicates in the epithelial cells of the upper respiratory tract and spreads to local lymphoid tissues. This initial infection phase is followed by a systemic dissemination that leads to the characteristic rash and other symptoms of measles.

The virus induces lifelong immunity in individuals who have been infected, meaning they are generally protected from reinfection. However, it also suppresses the immune system during the acute phase, leaving individuals vulnerable to secondary bacterial infections such as otitis media and pneumonia.

EPIDEMIOLOGY

Globally, measles is still a major public health challenge, with the highest burden of disease occurring in low-income countries. The disease is particularly prevalent in sub-Saharan Africa, Southeast Asia, and parts of the Middle East, where access to vaccination and healthcare may be limited.

Globally, from 2022 to 2023, estimated measles cases increased by 20%, from 8,645,000 to 10,341,000; the number of countries experiencing large or disruptive outbreaks increased from 36 to 57.

Estimated measles deaths decreased 8%, from 116,800 in 2022 to 107,500 in 2023, primarily because an increased number of cases occurred in countries with lower risk for death, otherwise, most of the deaths usually occur in developing countries and in children under five years old.

In *Nigeria*, ss at epi-week 49 of 2024, a total of 306 LGAs across 36 States in Nigeria and the FCT have recorded a measles outbreak in 2024. From January to May 2025, 1,772 cases were confirmed, with most of the cases (1,631) occurring in Nigeria.

Measles is a disease of childhood, with the highest incidence observed in children under the age of five. However, in some settings, older children and adults may also be affected, particularly in communities with low immunization coverage. In Nigeria, for example, measles is still a leading cause of childhood mortality, with the majority of cases occurring in children under five years old, especially in rural areas with poor access to healthcare and vaccination services.

Outbreaks of measles often occur in areas with low vaccine coverage, particularly in situations of conflict, displacement, and humanitarian crises. The measles virus is highly contagious, and it only takes a small percentage of susceptible individuals within a population to sustain outbreaks. Achieving high



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immunization coverage is critical to controlling the spread of the virus and preventing outbreaks.

PATHOGENESIS

The pathogenesis of measles involves several stages, from initial infection and viral replication to the systemic spread of the virus and the manifestation of symptoms.

Initial Infection: After the measles virus enters the body through the respiratory tract, it infects the epithelial cells lining the nasopharynx. The virus then spreads to local lymphoid tissues, where it replicates and causes systemic viremia. This leads to the dissemination of the virus throughout the body, including the skin, lungs, and gastrointestinal tract.

Immunosuppression: Measles is characterized by a marked suppression of the immune system. The virus infects CD4+ T cells, leading to a reduction in the body's ability to mount effective immune responses. This immunosuppression predisposes individuals to secondary bacterial infections, which are common in severe measles cases.

Rash and Systemic Symptoms: The hallmark of measles infection is the appearance of a characteristic maculopapular rash. This rash typically begins on the face and spreads downward to the trunk, arms, and legs. The rash often becomes confluent, especially on the face and upper trunk. Other systemic symptoms include fever, cough, conjunctivitis, and a runny nose (coryza).

Long-term Immunity: Following infection, the immune system produces a robust immune response that confers lifelong protection against measles. However, during the acute phase of infection, the immune system is weakened, which increases the risk of complications such as pneumonia and encephalitis.

CLINICAL MANIFESTATIONS

Measles presents in a series of stages:

Incubation Period: The incubation period for measles is typically 10-12 days following exposure to the virus. During this period, there are no visible symptoms, but the virus is actively replicating in the body.

Prodromal Stage: This is the first phase of symptomatic illness and is characterized by nonspecific symptoms such as a high fever, cough, conjunctivitis (red eyes), coryza (runny nose), and malaise. The prodromal phase typically lasts for 2-4 days and is followed by the appearance of Koplik spots, which are small, white spots with a bluish center that appear on the mucosa inside the cheeks, opposite the molars. Koplik spots are a pathognomonic sign of measles and can help differentiate it from other viral infections.

Exanthematous Stage: The rash begins to appear 3-4 days after the onset of symptoms, typically starting on the face and behind the ears, and then spreading downward to the neck, trunk, and limbs. The rash is initially maculopapular (flat and raised red spots) and may become confluent (spread and merge together). The rash usually fades in the reverse order of its appearance.

Recovery Stage: Symptoms begin to subside as the rash fades. Cough may persist for several days after the rash has resolved. In some cases, the recovery phase may be complicated by secondary bacterial infections such as pneumonia or otitis media.



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Measles rash;

Sloughing measles rash; conjunctivitis, coryza

Koplik's spot on the palate

DIAGNOSIS

The diagnosis of measles is generally based on clinical features, particularly the presence of Koplik spots and the characteristic rash. However, laboratory confirmation may be necessary in some cases. This can be done through the detection of measles-specific IgM antibodies in the serum or by using polymerase chain reaction (PCR) to detect the virus in respiratory secretions.

Measles should be suspected in any child presenting with a febrile rashillness, especially if they have a history of contact with an individual with known or suspected measles.

TREATMENT

There is no specific antiviral treatment for measles. Treatment is primarily supportive, with the aim of managing symptoms and preventing complications. Key elements of treatment include:

Symptom Management: Antipyretics (e.g., paracetamol) can be used to reduce fever, while cough suppressants and humidified air may help ease respiratory symptoms.

Vitamin A Supplementation: WHO recommends vitamin A supplementation in all children diagnosed with measles, as it has been shown to reduce complications and mortality, especially in resource-limited settings. Doses of 100,000 IU for infants aged 6 months to 1 year, and 200,000 IU for children over 1 year, should be administered for two consecutive days.

Management of Complications: Secondary bacterial infections, such as pneumonia, may require antibiotics. In severe cases, hospitalization may be necessary for respiratory support or treatment of encephalitis.

Hydration: Oral rehydration therapy (ORS) should be used to manage dehydration, especially in children who are vomiting or have diarrhea.

COMPLICATIONS

Measles can lead to a range of complications, particularly in young children, malnourished individuals, and those with weakened immune systems. Common complications include:

Pneumonia: This is the leading cause of death in children with measles, often caused by secondary bacterial infections.



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Encephalitis: This is a rare but serious complication that can lead to neurological damage, including seizures and permanent disability.

Subacute Sclerosing Panencephalitis (SSPE): SSPE is a rare, progressive neurological disorder that develops years after a measles infection and is almost always fatal.

Otitis Media and Sinusitis: These are common secondary infections that can arise during or after a measles infection.

PREVENTION

The most effective method of preventing measles is vaccination. The measles and rubella (MMR) vaccine is safe and highly effective in preventing measles. The current vaccination schedule in Nigeria (NPI) as advised by WHO recommends that children receive their first dose of the MR vaccine at 9 months of age, with a second dose administered at 15 months. Nigeria, as a country is introducing for the first time the MR vaccine. The introduction is going to be in 2 phases (Multi age cohort campaign in which children from 9 months to 14 years are going to receive the MR over a short period of time). This commences on the 4th October in the North and 20th January 2026 in the South). The second phase will be routinization of the MR in which children 9 months and 15 months will be vaccinated (MR1 and MR2). The routinization will start 1 month after the MAC MR campaign.

In outbreak settings, post-exposure prophylaxis with the MR vaccine can prevent the disease if given within 72 hours of exposure. For children who are too young for vaccination or immunocompromised, immunoglobulin (Ig) can be administered to provide passive immunity.

CONCLUSION

Measles remains a significant public health challenge, particularly in areas with low vaccination coverage. While the disease is preventable, outbreaks continue to occur, especially in low-income and conflict-affected areas. Vaccination, early detection, prompt supportive care, and public health awareness are essential components of measles control efforts. Continued efforts to increase vaccination coverage globally are necessary to achieve the goal of measles eradication.

Dr Aliu Rasaki

Assistant Secretary, Paediatric Association of Nigeria



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RUBELLA IN CHILDREN:

A CLINICAL OVERVIEW FOR MEDICAL PRACTITIONERS

Rubella (German Measles or 3-Day Measles)

Rubella, also known as German measles or 3-day measles, is a mild, typically exanthematous (rash-producing) disease predominantly found in childhood. However, it is often more severe and associated with higher rates of complications in adults. One of the most critical concerns regarding rubella is its ability to infect the fetus when a woman is pregnant, leading to congenital rubella syndrome (CRS). CRS can cause severe birth defects, including hearing loss, cataracts, and heart defects, making rubella a significant public health concern, particularly in pregnant women.

Etiology

Rubella is caused by the rubella virus, a member of the Togaviridae family and the only species within the genus *Rubivirus*. The rubella virus is a positivesense single-stranded RNA virus that has a lipid envelope. It has three primary structural proteins:

- Nucleocapsid Protein (C): This is associated with the viral nucleus and is essential for the virus's structure.
- 2. Glycoproteins (E1 and E2): These glycoproteins are found on the virus's envelope and are responsible for the virus's main epitopes. They are significant antigenic sites that trigger immune responses.

Rubella virus is sensitive to heat, ultraviolet light, and extreme pH conditions but remains relatively stable in cold temperatures. Humans are the only known host and reservoir for the rubella virus.

Epidemiology

Globally, there is a 97% reduction in reported rubella cases, from 670,894 cases in 102 countries in 2000 to 17,865 cases in 78 countries in 2022. As of January 2024, 175 out of 194 countries had introduced rubella vaccines into their national immunization programs, with global coverage

estimated at 69%. CRS rates remain highest in regions with lower vaccination coverage.

Rubella is a disease found worldwide, though it tends to circulate most frequently during the late winter and early spring months.

Pathology

The pathological findings in rubella infections are generally minimal, especially in postnatal cases. Biopsy or autopsy specimens show nonspecific findings, including lymphoreticular inflammation, and mononuclear perivascular and meningeal infiltration. However, for congenital rubella syndrome (CRS), pathologic findings can be severe and may involve nearly every organ system. For instance, CRS can cause permanent damage to the heart, eyes, and brain, leading to lifelong disabilities.

Pathogenesis

Postnatal Rubella Infection:

The primary mechanism of transmission of rubella is respiratory. The virus enters the body via respiratory droplets and replicates in the respiratory epithelium. It then spreads to regional lymph nodes, from where it enters the bloodstream (viremia). The viral load peaks between 10-17 days post-infection. The virus is highly contagious, and its shedding from the nasopharynx starts about 10 days post-infection and may continue for up to two weeks. Rubella is most contagious 5 days before to 6 days after the appearance of the rash.

Congenital Rubella Infection:

In congenital rubella, the rubella virus infects the placenta during maternal viremia and then spreads through the fetal vascular system. The degree of fetal damage is strongly dependent on the stage of gestation during which the mother is infected. If infection occurs during the first 8 weeks of pregnancy, the risk of severe congenital defects is



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the highest (around 90%). By 16 weeks of gestation, the risk of defects is significantly lower, though some defects may still occur.

The mechanisms by which rubella causes fetal damage include tissue necrosis due to vascular insufficiency, impaired cell multiplication, chromosomal damage, and mitotic arrest in certain cell types.

Clinical Manifestations

Postnatal Rubella:

Postnatal rubella is typically a mild disease, often indistinguishable from other viral infections in children. It begins with a prodrome of low-grade fever, sore throat, red eyes, headache, malaise, anorexia, and lymphadenopathy (especially suboccipital, postauricular, and anterior cervical lymphnodes).

In children, the hallmark of rubella is the rash, which starts on the face and neck as small, pink macules that may coalesce. The rash then spreads centrifugally to the trunk and extremities. About the time the rash appears, small, rose-colored lesions (Forchheimer spots) or petechiae may be seen on the soft palate. The rash typically lasts 3 days and resolves without desquamation. Some children, especially infants, may have subclinical infections, with 25–40% showing no rash.

In adults, rubella is often more symptomatic. Up to 70% of women may develop arthritis or arthralgia, which is a hallmark feature in adults, especially women.

Laboratory Findings

Laboratory findings in rubella infections can include leukopenia, neutropenia, and mild thrombocytopenia. For diagnosis, rubella-specific immunoglobulin M (IgM) is typically used. IgM becomes detectable about 4 days after the rash appears. However, because of the vaccine-induced

immunity in certain populations, the positive predictive value of this test may be lower in areas withlow rubella prevalence.

To diagnose congenital rubella syndrome, PCR testing or viral culture of amniotic fluid, cord blood, or other tissue may be used. Viral shedding in the nasopharynx and urine may be detected for up to 1 year in CRS cases, necessitating monthly screening of infants until two consecutive negative tests are obtained.

Differential Diagnosis

Rubella may resemble other viral exanthematous diseases like measles, adenovirus infections, parvovirus B19, Epstein-Barr virus, enteroviruses, and Mycoplasma pneumoniae. Rubella lacks the Koplik spots seen in measles, and its rash is less severe and shorter in duration.

Complications

Most postnatal rubella infections are mild, and complications are rare. However, **postinfectious thrombocytopenia** can occur in 1 in 3,000 cases, typically 2 weeks after the rash. This manifests as petechiae, epistaxis, or gastrointestinal bleeding, and is generally self-limited.

Another complication is **arthritis**, especially among adult women. **Encephalitis**, a more serious complication, occurs in 1 in 5,000 rubella cases and may present as confusion, seizures, and focal neurologic signs. **Progressive rubella panencephalitis** (PRP) is an extremely rare but serious complication that resembles subacute sclerosing panencephalitis (SSPE) seen in measles and can lead to death 2-5 years after onset.

Congenital Rubella Syndrome (CRS)

Congenital rubella syndrome is one of the most significant consequences of rubella infection, especially when a pregnant woman is infected during the early stages of pregnancy. **Deafness** is the



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most common CRS manifestation, followed by **retinal defects** (salt-and-pepper retinopathy) and **congenital heart defects**, most notably **patent ductus arteriosus**. Infants with CRS may also experience **growth restriction**, **meningoencephalitis**, and **progressive neurological abnormalities**, including autism and developmental delays. The prognosis for infants with CRS varies, with some requiring lifelong care.

Treatment

There is no specific antiviral treatment for rubella or CRS. The management of **postnatal rubella** involves supportive care, including **antipyretics** and **analgesics** for symptom relief. In severe cases of thrombocytopenia, **intravenous immunoglobulin** or **corticosteroids** may be used.

For infants with **CRS**, management requires a multidisciplinary approach, including **pediatric**, **cardiac**, **audiologic**, **ophthalmologic**, **and neurologic evaluations**. Early **hearing screenings** and interventions can improve outcomes in infants with hearing loss.

Prognosis

Postnatal rubella typically has an excellent prognosis, with most individuals recovering fully. However, CRS is associated with long-term complications, including **hearing loss**, **retinopathy**, **cardiac abnormalities**, and **neurological issues**. Long-term follow-up is crucial, as some issues, such as **PRP** and **diabetes**, may develop years after birth.

Conclusion

Rubella remains a significant public health concern due to its potential to cause serious congenital defects in babies born to mothers infected during pregnancy. While rubella infections are typically mild and self-limiting in children, adults, especially women, may experience more severe symptoms, including arthritis. Vaccination has been a key tool in reducing rubella and its associated complications, and global efforts continue to aim for the complete eradication of rub.

Dr Aliu Rasaki

Assistant Secretary, Paediatric Association of Nigeria

PAN Strengthens Collaboration with the Federal Ministry of Environment on Clean Air Initiatives

29th July, 2025 | Abuja



Group photograph with Engr. Dr. (Mrs) Bahijjahtu Hadiza Abubakar, Director, Pollution Control and Environmental Health, Ministry of Environment

n 29th July 2025, the President of the Paediatric Association of Nigeria (PAN), accompanied by Dr. Mariya Mukhtar-Yola, paid a courtesy visit to Engr. Dr. (Mrs.) Bahijjahtu Hadiza Abubakar, Director, Pollution Control and Environmental Health, Federal Ministry of Environment, as part of the ongoing PAN/RCPCH Air Quality Project engagements.

The PAN delegation was warmly received by Engr. Dr. (Mrs.) Abubakar and all heads of units in the department. Discussions centered

on the planning of activities to commemorate the International Day of Clean Air for Blue Skies 2025 and the launching of the National Clean Air Programme.

The Ministry expressed strong enthusiasm for collaborating with PAN to advance the Clean Air Campaign across Nigeria, reaffirming the shared commitment to protecting child health through a cleaner, healthier environment.



GELA End-of-Project Dissemination Meeting Held in Abuja

31 July, 2025 | Abuja



n 31 July 2025, PAN joined other stakeholders at the Federal Ministry of Health & Social Welfare in Abuja for the GELA End-of-Project Dissemination Meeting, marking the completion of the Global Evidence, Local Adaptation (GELA) project (April 2022 – July 2025).

The meeting brought together federal health officials, technical partners, professional associations, and academia to review the development process, present draft guidelines, and plan dissemination strategies.

The guidelines covered:

- Health worker interventions to enhance hand hygiene compliance in neonatal and infant settings
- Early versus delayed enteral feeding approaches for preterm and low birth weight infants

PAN President, Prof. Ekanem Ekure, delivered remarks affirming PAN's pride in contributing to evidence-based, context-adapted guidelines addressing key drivers of neonatal mortality. Participants recommended institutionalizing the guideline process, engaging professional associations in dissemination, and elevating the initiative to the National Council on Health for nationwide adoption.



PAN President at National Child Health Technical Working Group (NCHTWG) Meeting

28th - 29th July, 2025 | Abuja



he Child Health Division of the Department of Family Health, under the Federal Ministry of Health and Social Welfare (FMOH&SW), convened a three-day meeting of the National Child Health Technical Working Group (NCHTWG) from 28 to 30 July 2025. The event brought together key child-health stakeholders from government agencies, development partners, professional associations and academia, to assess progress and chart the way forward for Nigeria's child-health programmes.

The primary objectives of the meeting were to:

- Take stock of nationwide progress on childhealth interventions.
- Receive technical updates across key childhealth programme areas.
- Showcase and review the national work plan on child health with stakeholders.

Representing the Paediatric Association of Nigeria (PAN), our President, Dr. Ekanem Ekure, participated actively in the deliberations, bringing PAN's voice to discussions around strategy, policy alignment and implementation of integrated child health services.



PAN Participates in Lagos State Stakeholders' Meeting on Diphtheria Mortality Review

Date: July 9, 2025 | Venue: Lagos Mainland Hospital, Yaba



mortalities and strengthen response mechanisms with four fatalities reported. across the state. The session, held at the Lagos Mainland Hospital, brought together key experts and representatives from the Lagos State Ministry of Health, Lagos University Teaching Hospital (LUTH), the Paediatric Association of Nigeria (PAN), the World Health Organization (WHO), and other partners.

Ekanem Ekure, and Dr. Olaseinde Eletu, who immunization schedule—a recommendation contributed valuable paediatric perspectives to also endorsed by WHO. the discussions.

The meeting featured presentations from the the Lagos State Epidemiology Team, reaffirmed Lagos Mainland Hospital and LUTH paediatric the State Government's commitment to curbing infectious disease teams, highlighting the number diphtheria infections and improving child-

he Lagos State Epidemiology Team complications, and case-fatality patterns. convened a high-level stakeholders' Twelve paediatric cases of respiratory meeting to review recent diphtheria-related diphtheria were admitted since January 2025,

Discussions among stakeholders focused on disease severity, management challenges, and systemic gaps, including limited ICU capacity for infectious diseases and issues related to discharge against medical advice (DAMA). PAN emphasized the need for preventive strategies, notably the inclusion of booster doses of the PAN was ably represented by its President, Prof. diphtheria vaccine in Nigeria's routine

In his closing remarks, Dr. Abdusalam, head of of diphtheria cases managed, associated health outcomes through evidence-based interventions.



INNOVATION AND ACTION FOR IMMUNIZATION AND CHILD SURVIVAL FORUM AT MAPUTO, MOZAMBIQUE

22-24 July 2025 | Maputo, Mozambique



his was a meeting building on the momentum of the 2020 and 2023 Global Fora on Childhood Pneumonia. It brought together political leaders, partners, and public health experts with the aim of sharing best practices and presenting innovations with the power to accelerate progress towards ending preventable deaths of children under five. Participants at the meeting were : HE Daniel Chapo, President of the Republic of Mozambique; H.E. Razaque Manhique, the Mayor of the Municipality of Maputo; Prof. Keith Klugman, the Director of Pneumonia and Pandemic Preparedness, Gates Foundation; H.R.H. Infanta Cristina de Borbón, Director of

Foundation; H.E. Teresa Orjales, Nigeria, Ethiopia, Chad, Central the Ambassador of Spain to African Republic, South Sudan, Mozambique; H.E. Austin Guinea, Somalia; NGOs; CBOs; Demby, the Minister for Health, among others. IPA made a Government of Sierra Leone; presentation on the H.E. Ussene Isse, the Minister of Pediatricians immunization Health, Government of pledge and I shared highlights of Mozambique; Graça Machel an the IPA-PAN Immunization international advocate for Project—a strategic partnership women and childrens rights, between PAN and the Prof. Joseph Haddad, the International Pediatric President International Association to strengthen Pediatrics Association, Dr pediatric leadership in Naveen Thacker, Executive immunization across Nigeria. IPA, Prof. Ekanem Ekure, the President Paediatric Association of Nigeria, Dr. Amina Mohammed, Director, Child Health Division, Federal Ministry Of Health & Social Welfare, Nigeria and Dr Oby Ezekwesili- former Minister of Education, Nigeria. Delegates

the International Area,"la Caixa" from Burkina Faso, Mali, Niger,

There were discussions on

- Progress on child survival where it was noted that sadly, 60 countries are not on track to achieve SDG 3.2 by 2030 and 45 of these are in Africa.
- What is killing our children



continued from previous page

- Philanthropic engagement in child survival
- How to increase impact of vaccination on child survival in a context of limited resources
- Maternal education and child survival
- The link between health, education and employment
- Immunization in Humanitarian context
- Service delivery innovations for child survival
- Cholera and the children
- Vision, voice and action for Women and Children's health and development

On what is killing our children, the Child Health and Mortality Prevention Surveillance (CHAMPS) Network who conduct childhood mortality surveillance in sub-Saharan 7. Prematurity or low birth weight Africa and South Asia using innovative postmortem minimally invasive tissue sampling (MITS) presented these key findings;

- 1. 8 of 10 under five deaths are preventable
- 2. Top causes of under five deaths are lower respiratory infection,



sepsis, malnutrition, malaria, HIV, diarrhoeal disease and congenital birth defects.

- 3. 7 of 10 infant and child deaths are caused by multiple conditions occurring together and 4 out of 10 have 3 or more causes.
- 4. 9 out of 10 causes of under five deaths have an infectious cause.
- 5. 7 of 10 stillbirths are caused by untreated pregnancy or delivery complications
- 6. 71% of still births have identified maternal conditions of which 70% are maternal hypertensive disorders
- is the most common underlying cause of neonatal death (41%)
- 8. 1 in 3 newborn deaths are from highly drug-resistant hospital acquired bacterial infections
- 9. Klebsiella pneumoniae and Acinetobacter baumannii are top aetiologies in neonatal sepsis deaths

At the end of the meeting, there was a United Call to Action to end Preventable DeathsAll stakeholders were urged to:

(i). Strengthen regional leadership (ii)Establish robust accountability (iii) Address inequities (iv) M o b i l i z e sustainable financing (v) Invest in Primary Health Care (PHC) (vi) Invest decisively in prevention, preparedness, and response to public health emergencies, especially cholera, as a strategic priority Prioritize new vaccine introductions, optimize existing vaccine programmes and accelerate vaccine coverage (viii) Integrate the delivery of child survival services to improve access, acceptability and cost effectiveness. One key take away was that strong political will is needed to accomplish child survival. We know what is killing our children and we have interventions. We need to work on the quality of the interventions.



INNOVATION AND ACTION FOR IMMUNIZATION AND CHILD SURVIVAL FORUM AT MAPUTO, MOZAMBIQUE

Pictures from the session







PAN President Attends 15th Anniversary of Paelon Memorial Hospital



PAN President with Dr. Ngozi Onyia (centre) at the Paelon Memorial Hospital 15th Anniversary event.

n July 10, 2025, the President of the Paediatric Association of Nigeria (PAN), Prof. Ekanem Ekure, attended the 15th Anniversary Celebration of Paelon Memorial Hospital, Lagos.Founded in 2010 by Dr. Ngozi Onyia, the hospital's name "Paelon" was coined in memory of her late daughter, Patricia Elozie Onyia. Dr. Onyia, a respected paediatrician, is also a long-standing member of PAN and the Immediate Past Chair of the Association's Internal Audit Committee.

Paelon Memorial Hospital is renowned for its patient-centred approach and commitment to quality healthcare. It holds the distinction of being the first hospital in Africa to receive the SafeCare Level 5 accreditation—the highest quality rating under the international SafeCare standards.

The 15th anniversary, themed "Quality, Compassion & Progress - The Future of Patient-



Centred Care," brought together health professionals, partners, and guests to reflect on the hospital's journey and its contribution to Nigeria's healthcare landscape.



National Research and Policy Uptake Task Team Meeting on Perennial Malaria Chemoprophylaxis (PMC) Effectiveness Study

29 - 30 September, 2025 | Ibeto Hotels, Apo, Gudu District, Abuja



Group picture with representative of the Permanent Secretary, MOH, Dr Godwin Ntadom

he National Research and Policy Uptake Task Team meeting on the Perennial Malaria Chemoprophylaxis (PMC) Effectiveness Study was held at Ibeto Hotels, Apo, Gudu District, Abuja. The twoday meeting brought together representatives from the Federal Ministry of Health and Social Welfare (FMOH&SW), National Malaria Elimination Programme (NMEP), National Primary Health Care Development Agency (NPHCDA), National Agency for Food and Drug Administration and Control (NAFDAC), World Health Organization (WHO), Malaria Consortium, Osun State Ministry of Health, academic institutions and the Paediatric Association of Nigeria (PAN).

The meeting, declared open by the Permanent Secretary, FMOH&SW (represented by Dr. Godwin Ntadom), featured presentations on the design, findings, and policy implications of the PMC study conducted in Osun State. The study

evaluated the effectiveness, safety, and feasibility of integrating malaria chemoprophylaxis into routine immunization for children aged 2–18 months.

Findings showed that PMC significantly reduced malaria-related morbidity, with 19% fewer consultations, 22% fewer confirmed malaria cases, and 43% fewer severe cases. The intervention was found to be safe, feasible, and cost-effective. Participants recommended integrating PMC into routine immunization in LGAs with perennial malaria transmission and strengthening SP supply chains for sustained implementation.

The Paediatric Association of Nigeria (PAN) actively participated in the meeting, reiterating its commitment to promoting evidence-based interventions that improve child survival and reduce malaria burden in Nigeria.



National Research and Policy Uptake Task Team Meeting on Perennial Malaria Chemoprophylaxis (PMC) Effectiveness Study

Photographs taken during the meeting



 $Group\ picture\ with\ representative\ of\ the\ Permanent\ Secretary, MOH, Dr\ Godwin\ Ntadom$



Group picture with representative of the Permanent Secretary, MOH, Dr Godwin Ntadom



National Research and Policy Uptake Task Team Meeting on Perennial Malaria Chemoprophylaxis (PMC) Effectiveness Study

Photographs taken during the meeting



The Director of Public Health Dr Godwin Ntadom with Prof Gbenga Mokuolu, Technical Adviser on Malaria to the Hon Minister of Health and Social Welfare after the group photograph



The Director of Public Health Dr Godwin Ntadom interacting with Dr Emmanuel Shekarau, Head Case Management and other participants



National Research and Policy Uptake Task Team Meeting on Perennial Malaria Chemoprophylaxis (PMC) Effectiveness Study

Photographs taken during the meeting





Dr Chinazo Ujuju, presenting findings of the study during the meeting





Some of the participants during one of the sessions



The National Coordinator National Malaria Elimination Program, Dr Nnenna Ogbulafor with the Technical Adviser on Malaria to the Hon Minister of Health, Prof Mokuolo during the meeting

PAN Participates in Round-Table Review of National School Health Policy 2006

2nd – 4th September 2025 | Sylvia Hotel, Enugu, Enugu State



he Paediatric
Association of Nigeria
(PAN) took part in a
three-day round-table review
of the National School Health
Policy 2006, organized by the
Health Policy Research Group
and the Federal Ministry of
Health. About 24
stakeholders attended,
including representatives
from the Federal Ministries of
Health and Education, WHO,
UNESCO, academia, and
other school health experts.

The review examined findings from recent field surveys and assessed the performance of school health programmes. Discussions highlighted gaps in the policy, including unclear roles for schools and healthcare facilities, age of consent considerations, and the need for operational

improvements such as financing through the National Health Insurance Scheme, standardization of pre-entry medical evaluations, and integration with Ministry of Health programmendations also included establishing School Health Day, creating school health ambassadors, designating model schools, and engaging patent

medicine vendors in community service delivery. PAN was officially included in both the National and State Implementation Committees, reflecting its active role in guiding and supporting implementation.

The revised policy will be circulated to stakeholders for



input before adoption at the 2025 National Council of Education Meeting. PAN will continue to advocate for proper integration of school health services, provide technical guidance, and monitor implementation to ensure children benefit from enhanced health services in schools.



PAN Participates in Round-Table Review of National School Health Policy 2006

2nd – 4th September 2025 | Sylvia Hotel, Enugu, Enugu State

Pictures from the session









PAN Strengthens Collaboration with NAFDAC to Advance Child Health in Nigeria

3rd September 2025 | NAFDAC Headquarters, Abuja, FCT



Association of Nigeria (PAN), led by Dr. Sarah Ango, Secretary of the PAN Collaboration Subcommittee, engaged with the Director General of the National Agency for Food and Drug Administration and Control (NAFDAC), Prof. Moji Christiana Adeyeye, to reinforce collaboration on initiatives aimed at safeguarding the health of children in Nigeria. Dr. Aisha Suleiman also represented PAN during the discussions.

The meeting provided a platform to identify strategic areas for collaboration, including pharmacovigilance, policy formulation, research, professional development, and community engagement. NAFDAC was represented by Prof. Adeyeye, Dr. Uchenna Elemuwa (Director, Pharmacovigilance), and Pharm. Yvonne Ikhide (Assistant Director & Paediatric Pharmacovigilance Focal Person).

Key Highlights of the Meeting:

- PAN presented its vision, mission, and ongoing initiatives to improve child health outcomes across the country.
- Both organizations discussed joint efforts in professional development through webinars, training, and conference

presentations.

- NAFDAC highlighted child-focused initiatives, including supply chain tracking of health products, MNCH-focused programs, and the upcoming MNCH week.
- Discussions covered exclusive breastfeeding, nutrition interventions for malnourished children, and research into vaccines for pregnant women to protect newborns from RSV and Group B Streptococcus.
- NAFDAC welcomed PAN's expertise and expressed interest in including seasoned paediatricians in advisory committees for drug registration and safety.

This partnership reinforces PAN's commitment to advancing child health through strategic collaborations, professional development, and evidence-based advocacy nationwide.

"We welcome PAN's expertise and look forward to working together to ensure the highest standards of child health and safety in Nigeria," said Prof. Moji Christiana Adeyeye, DG of NAFDAC.



PAN Engages in International Day of Clean Air for Blue Skies 2025

10th September 2025 | Abuja, FCT



he Paediatric Association of Nigeria (PAN) participated in the commemoration of the International Day of Clean Air for Blue Skies 2025 and the launch of the National Clean Air Programme by the Federal Ministry of Environment. The event drew over 300 attendees, including government officials, environmental health stakeholders, and about 100 secondary school students.

PAN was represented by Prof Chika Duru (Advocacy) and Dr Beatrice Ezenwa (Evidence) from the PAN/RCPCH (UK) Clean Air Project. The ceremony opened with remarks from the Permanent Secretary, Alh Mahmud Adam Kambari, followed by goodwill messages from stakeholders. PAN's message was delivered by Dr Beatrice Ezenwa, highlighting the importance of clean air for child health.

A poetic recitation on air pollution by OXFAM set a reflective tone, after which Prof Chika Duru delivered a powerpoint presentation on the impact of air pollution on children's health, which was well received by attendees. The Minister of Environment, Mallam Balarabe Abbas Lawal, commended PAN's contribution and announced plans to establish environmental champions among secondary school students to promote

youth awareness.

The Director of Pollution Control, Engr Dr Bahijahtu Hadiza Abubakar, highlighted the recently launched National Vehicular and Generator Emissions Control Programme, part of the clean air commemoration. The event concluded with the official launch of the National Clean Air Programme and the unveiling of the #BreatheEasyNigeria campaign, which included installation of air quality monitoring devices and signing of a memorandum of understanding between the Department of Pollution Control and the Environmental Health Council of Nigeria.



PAN Engages in International Day of Clean Air for Blue Skies 2025

10th September 2025 | Abuja, FCT

Picture Highlight



Dr Beatrice Ezenwa (associate-Evidence) delivering the goodwill message on behalf of PAN



Prof Chika Duru (associate-Advocacy) delivering the presentation on the Impact of air pollution on the health of children



PAN Engages in International Day of Clean Air for Blue Skies 2025

10th September 2025 | Abuja, FCT

Picture Highlight



A video on the #BreatheEasyNigeria campaign with a PAN representative Dr Rita Idemudia as part of the presenters



Prof Chika Duru (associate-Advocacy) and Dr Beatrice Ezenwa at (associate-Evidence) at the Ministry of Environment for the commemoration of the International Day of Clean air for Blue Skies and Launching of the National Clean Air programme



A group picture with the Honorable Minister of Environment His Excellency Mallam Balarabe Abbas Lawal, dignataries, some of the invited school children and PAN executives





Seven Nigerians Accepted into Various IPA Programmes

he Paediatric Association of Nigeria (PAN) is delighted to announce that seven distinguished Nigerian paediatricians have been accepted into various International Paediatric Association (IPA) programmes.

These include:

- Dr. Ekanem Ekure Coordinator, Paediatric Oncology
- Dr. Ayebo Sadoh Co-coordinator, Immunization
- Dr. Chika Duru Non-communicable Diseases
- Dr. Abiola Oduwole Non-communicable Diseases
- Dr. Mariya Mukhtar-Yola Neonatology
- Dr. Beatrice Ezenwa Neonatology
- Dr. Edwin Eseigbe Eurology



PAN Champions National Sensitization for 2025-2026 Measles-Rubella Vaccine Campaign

11th September 2025 | Abuja



he Paediatric Association of Nigeria (PAN) participated in the national sensitization meeting for medical professionals ahead of the 2025-2026 Integrated Measles-Rubella (MR) Vaccine Campaign, organized by NPHCDA. The meeting equipped healthcare providers with tools to address vaccine hesitancy and promote the nationwide MR campaign targeting children aged 9 months to 14 years.

Experts highlighted the continuing burden of measles and rubella, noting that while measles remains a leading cause of child mortality, rubella poses severe risks to pregnant women, potentially causing Congenital Rubella Syndrome (CRS). The MR vaccine combines protection against both diseases, supporting higher coverage and immunity.

Medical professionals were tasked with advocacy, community mobilization, and

addressing vaccine-related concerns. Dr. Esther Yiltok, PAN immunization champion, emphasized the MR vaccine's safety and high efficacy, noting mild and temporary side effects, with a robust AEFI system in place.

PAN Immunization champions actively contributed to discussions, emphasizing government advocacy, stakeholder engagement, public awareness, and routine immunization strengthening. Clear communication strategies to counter vaccine misinformation and hesitancy were highlighted as central to the campaign's success.

The meeting concluded with PAN reaffirming its commitment to empowering healthcare professionals, promoting MR vaccination, and supporting child health nationwide.



PAN Champions National Sensitization for 2025-2026 Measles-Rubella Vaccine Campaign

11th September 2025 | Abuja

Picture Highlight



Immunisation champions' engagement during the meeting



PAN Commemorates World Lung Cancer Day 2025

Theme: "Stronger Together: United for Lung Cancer Awareness"



On 1st August 2025, the Paediatric Association of Nigeria (PAN) joined the global community to commemorate World Lung Cancer Day. The observance served as a platform to raise awareness on the burden of lung cancer and to promote preventive measures, early detection, and supportive care.

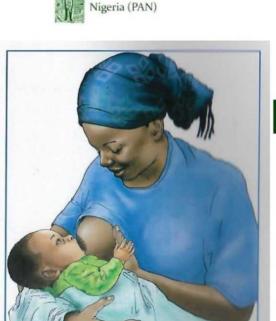
In line with the year's theme, "Stronger Together: United for Lung Cancer Awareness", PAN emphasized the need for collective action against risk factors, particularly cigarette smoking and environmental pollutants, while also advocating for improved screening and early diagnosis to enhance survival rates.

By joining in this global commemoration, PAN reinforced its commitment to health promotion, cancer prevention, and advocacy for stronger doctor-patient-caregiver partnerships in the fight against lung cancer.



PAN Celebrates World Breastfeeding Week 2025

Theme: "Prioritise Breastfeeding: Create Sustainable Support Systems"



Paediatric Association of

> WORLD BREAST FEEDING WEEK

AUGUST 1-7 2025

"Prioritise Breastfeeding: Create sustainable support systems"



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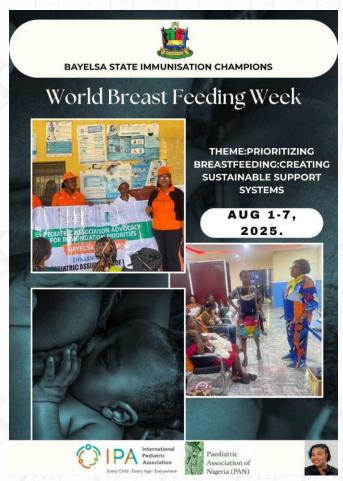
he Paediatric Association of Nigeria (PAN) joined the Nigerian Society for Neonatal Medicine (NISONM) and its global partners to celebrate this year's World Breastfeeding Week from the 1st to the 7th of August 2025.

This year's theme emphasizes the role of various actors in providing breastfeeding support for mothers. A sustainable breastfeeding support system is a societal approach that ensures that every mother has the necessary support, the right environment, and resources to breastfeed successfully, from conception through the child's first two years of life and beyond.

Breastfeeding support must begin in the antenatal period, with trained health workers providing clear, reassuring, and skilled guidance. It should continue at the level of the family and up to the workplace. Promoting social norms across society and generations and ensuring environmental and climate sustainability through linking breastfeeding and planetary health are also ways to ensure support and sustainability of breastfeeding.

As child advocates, let us maintain the warm chain of breastfeeding support across health, community and workplace sectors as we ensure that babies everywhere enjoy the benefits of breast milk.







he Paediatric Association of Nigeria (PAN) joined global partners in commemorating World Breastfeeding Week 2025 from 1st-7th August with a series of impactful activities across Nigeria.

As part of the national celebration, PAN hosted a webinar on Saturday, 2nd August 2025, in collaboration with the PAN Health Education Committee and the "Noisy Naija Paediatrician." The session engaged healthcare professionals and the public in conversations around breastfeeding myths, challenges, and sustainable support systems.

In Bayelsa State, PAN Immunisation Champions in partnership with the State Ministry of Health (SMOH) led a weeklong programme of activities, including:

- Health talks and sensitisation in facilities across the state to promote breastfeeding and address misconceptions.
- Radio discussions on Golden FM 97.5 (2nd August) and Radio Bayelsa Glory FM 97.1 (9th August), reaching thousands of listeners with evidence-based breastfeeding messages.
- Stakeholder engagement sessions and a presentation on this year's theme (7th August), ensuring that pregnant women and families receive adequate support for breastfeeding.
- Community outreach, including church visits and the distribution of gifts to nursing mothers (10th August).



Celebrating the 2025 World Breastfeeding week with the PAN President in LUTH

Photo Excerpts







Celebrating the 2025 World Breastfeeding week with the PAN President in LUTH

Photo Excerpts









Photo Excerpts

Friday 1st of August — Flag off world breastfeeding week with sensitization on breastfeeding at our different facilities to start the world breastfeeding week 2025







Photo Excerpts

Saturday 2nd August - Dr ANENE giving a Radio talk at Golden FM 97.5FM on theme of the world's breastfeeding week, 2025





From 4th–6th August 2025, PAN continued clinic sensitizations to promote breastfeeding, dispel myths, and strengthen sustainable support systems. Dr. Mesiobi Anene and Matron Umeokoro also engaged hospital stakeholders with a presentation on this year's theme, ensuring pregnant women were well-informed and supported to breastfeed successfully.





Photo Excerpts













Photo Excerpts

Dr Mesiobi Anene(Immunization champion from PAN in collaboration with Bayelsa SMOH) at the First Baptist Church, IGBOGENE Bayelsa talking on Breastfeeding to round up the 2025 breastfeeding week. Also gifts were given to nursing mothers



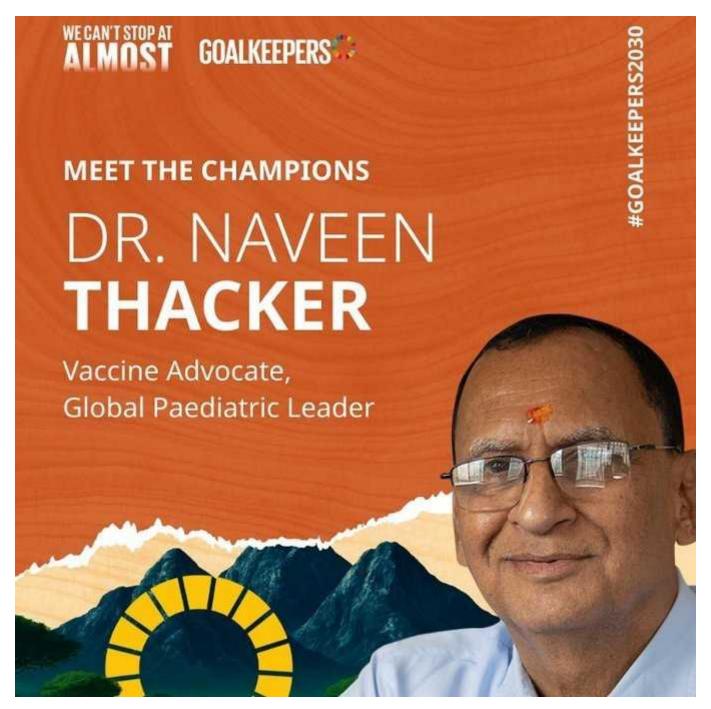








Paediatric Association of Nigeria congratulates Dr Naveen Thacker on his emergence as one of 10 Gates Foundation 2025 Goalkeepers Champion.



Paediatric Association of Nigeria congratulates Dr Naveen Thacker on his emergence as one of 10 Gates Foundation 2025 Goalkeepers Champion. The excellent work of the IPA/PAN immunization champions in Nigeria is a contributory factor to this recognition which took place last night in New York. Congratulations also to all our immunization Champions.















(STATES AND LOCAL GOVERNMENTS)

Abia State

On August 16, 2025, the Paediatric Association of Nigeria (PAN), represented by Dr. Okafor Amarachukwu on behalf of the President, joined the August General Meeting at the Umuahia South LGA Council Secretariat.

The event was hosted by the wife of the Executive Mayor of Umuahia South LGA and graced by Her Excellency Dr. Priscillia Otti, wife of the Executive Governor of Abia State.

In the address, PAN reaffirmed its commitment to child health, with immunization and nutrition as key priorities, while expressing gratitude to the Federal Government for its support.











(STATES AND LOCAL GOVERNMENTS)

Abia State

Truly heartwarming to see Paediatricians leading the discussion on MR vaccine introduction at the Joint Departmental Symposium on Congenital Rubella Syndrome. A wonderful outing indeed. Kudos to Team Abia!











(STATES AND LOCAL GOVERNMENTS)

Bauchi State

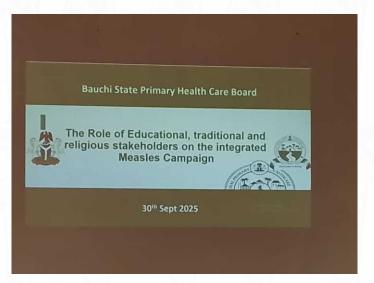
On Tuesday, 30th September 2025, the Bauchi State Immunization Champions represented Team PAN/IPA at the State Engagement Meeting with Stakeholders on the Integrated Measles and Rubella (MR) Vaccine Introduction Campaign, organized by the Bauchi State Primary Health Care Board (BSPHCB) at the Board's Conference Hall.

The Executive Chairman of the Board, Dr. Rilwanu Mohammed, addressed participants and urged everyone to take the message of the MR vaccine campaign back to their respective communities.

Presentations were delivered by various resource persons from the Board, including Mr. Abubakar Dabo (DSHE/SCEFP) and Dr. Ali Samaila (Programme Officer, Sultan Foundation), alongside development partners such as UNICEF.

Participants were informed that MR vaccination will be conducted from 18th–27th October 2025, with Bauchi State listed among the Phase I States to commence the campaign.

Kudos to our Bauchi State PAN Immunization Champions for representing PAN/IPA effectively at this important engagement.









(STATES AND LOCAL GOVERNMENTS)

Bauchi State

On Sept 15, 2025 — The Paediatric Association of Nigeria (PAN) Immunization Champions, alongside fellow members of the State Technical Working Group, met to strengthen Social Mobilization & Community Engagement ahead of the Measles-Rubella campaign and future immunization drives.















(STATES AND LOCAL GOVERNMENTS)

Bauchi State

The PAN/IPA Bauchi State Immunization Champions held a planning meeting on Thursday, 2nd October 2025, at the Paediatric Clinic, ATBUTH, Bauchi, in preparation for the upcoming Measles-Rubella (MR) Vaccine Rollout Sensitization Campaign. The meeting focused on strategizing effective community sensitization and mobilization to ensure successful implementation of the MR vaccination exercise across the state.











(STATES AND LOCAL GOVERNMENTS)

Bauchi State

The Executive Chairman of the Bauchi State Primary Health Care Board (BSPHCB), Dr. Rilwanu Muhammad, led a stakeholder engagement meeting with representatives from key groups including traditional and religious leaders, PTA, JNI, CAN, WOWICAN, FOMWAN, MOE, MOW, NRCS, NHW, NPHCDA, UNICEF, Sultan Foundation, Tsangaya, JIBWIS, NOA, and ACE, to discuss the Integrated Measles-Rubella (MR) Campaign.The Bauchi State PAN Immunization Champions were actively represented and contributed meaningfully to the rich and impactful deliberations.













(STATES AND LOCAL GOVERNMENTS)

Bauchi State

MR Rollout Sensitization Campaign, Bauchi State, MIRI PHCC, Bauchi LGA, Tuesday, 7th October 2025 The PAN/IPA Immunization Champions held an MR rollout sensitization during Antenatal and Routine Immunization sessions with over 180 women and babies in attendance.

Community leaders, women group reps, and health workers participated. Souvenirs were shared, and an engaging Q&A session addressed key concerns.

















(STATES AND LOCAL GOVERNMENTS)

Borno State

Borno State PAN/IPA Immunization Champions held a sensitization session today, Wednesday, 15th October 2025, at the ANC Clinic of State Specialist Hospital, Maiduguri, ahead of the upcoming Measles-Rubella vaccine campaign. The interactive session aimed to raise awareness among mothers and caregivers on the importance of immunization and disease prevention.











(STATES AND LOCAL GOVERNMENTS)



WHO, UNICEF, PAN, Wife of the Deputy Governor, Director at Girl Effect, Director at Noble Delta Women for Peace and Development, and ED Delta State Primary Health Care Development Agency.

he Paediatric Association of Nigeria (PAN) was invited to the launch of the OYA Campaign a collaborative initiative between Delta State Primary Health Care Development Agency, Girl Effect, Noble Delta Women for Peace and Development which held on July 2, 2027, at the Unity Hall, Government House, Delta State.

The campaign promotes adequate nutrition for adolescent girls and advocates for the Human Papilloma Virus (HPV) vaccination of eligible girls, all geared toward empowering the girl child and improving child health outcomes. This initiative is in line with the Paediatric Association of Nigeria's ongoing commitment to child health and disease prevention.

PAN congratulates the Delta State

Government and the partnering NGO, on this laudable project. PAN also encourages parents and caregivers to support the campaign and ensure every eligible girl child in the selected Local Government Areas receives the HPV vaccine and proper nutritional support.

The event was attended by top dignitaries, including Her Excellency, the Wife of the Governor, Deaconess Tobore Oborevwori (ably represented by the Wife of the Deputy Governor, Ezinne Catherine Onyeme), the Head of Service, Dr. Mrs Minnie Oseji. PAN was represented at the event by Dr Audrey-D e n n i s O g b o n n a a n d D r Idaboh Oghenetega.



(STATES AND LOCAL GOVERNMENTS)

Delta State



Good will message on behalf of PAN at the event



Group photo with staff of DSPHCDA



PAN representatives with the Head of Service Delta State



Wife of the Deputy Governor



Cross Section of Guest at the event



Group photograph with schoolgirls and the wife of the Deputy State Governor



(STATES AND LOCAL GOVERNMENTS)

Delta State

Delta State Immunization Champions at the formal Inauguration of Delta State Technical Working Group for Measles and Rubella Roll out/Introduction.

The inauguration was chaired by the Hon Commissioner of Health Dr Onojaeme Joseph who was represented by the Director of Public Health, Dr Chris Teshola A whatapp platform for flag off was immediately formed.

The PAN representatives in attendance highlighted PAN's commitment to the success of immunization in Nigeria while looking back at our role during the recent introduction of HPV Vaccine in 2024.











(STATES AND LOCAL GOVERNMENTS)

Enugu State

On 18th August 2025, the Enugu State PAN Immunization Champions engaged members of the Asano Clan in Adazi-Ani town during their Cultural Day/New Yam Festival celebration.













(STATES AND LOCAL GOVERNMENTS)

Enugu State



Inauguration of the TWG on MRV with the ES Dr.ifeyinwa Ani-Osheku, the honourable Commissioner of health Prof.George Ugwu, DDCCI Dr.Chinelo Nnadi and state team with partners C-WINS STA Oluwarantimi Okala, WHO Coordinator Dr.Adaeze Ugwu, WHO SBC Dr.ahamed attah, UNICEF VSLO Dr.Nkem, UNICEF SBC consultant George uronwokm and partners from pediatric Association of Nigeria Dr.somkele okpala and Dr.Ikenna Emedike.



(STATES AND LOCAL GOVERNMENTS)

FCT, ABUJA



PAN-FCT Immunization champions at a stakeholders meeting for integrated MR campaign in the FCT. Meeting organised today by FCT PHCB











(STATES AND LOCAL GOVERNMENTS)

FCT, Abuja

FCT PAN/IPA Immunization Champions in Action!

The team carried out a successful Measles-Rubella (M-R) vaccine sensitization at the Church of the Brethren (EYN), Utako, Abuja.

Over 200 women were reached with vital information on the importance of immunization. The chaplain was also in attendance and pledged to extend the message to the entire congregation during Sunday worship.

Together, we're building healthier communities—one conversation at a time!







(STATES AND LOCAL GOVERNMENTS)

Gombe State

PAN Immunization Champions were at the Central Mosque of FTH Gombe on 19th September 2025 for a sensitization session with the congregation on the forthcoming Measles-Rubella vaccine rollout, supported by the renowned and popular Chief Imam of the mosque.











(STATES AND LOCAL GOVERNMENTS)

Gombe State

The Paediatric Association of Nigeria (PAN) Gombe State Immunization Champions took part in a pivotal planning meeting for the upcoming Measles Rubella (MR) vaccine rollout in Gombe State, held at GSPHCDA.







(STATES AND LOCAL GOVERNMENTS)

Gombe State

Gombe State PAN/IPA Immunization Champions carried out a sensitization talk on MR Immunization Rollout today at LIJI PCH in Gombe LGA, Gombe State











(STATES AND LOCAL GOVERNMENTS)

Gombe State

The PAN immunization champions carried out the sensitisation exercise on the MR Vaccine introduction and the upcoming campaign to the health care providers in the department of paediatric s, FTHGOMBE The PAN Leadership, immunization committee and champions were highly commended on the achievements so far









(STATES AND LOCAL GOVERNMENTS)

Jigawa State

The Jigawa State PAN/IPA Immunization Champions conducted a sensitization session on the Measles-Rubella (MR) Campaign at Kangire PHC, reaching over 200 women with vital information on the importance of the upcoming vaccination exercise.

















(STATES AND LOCAL GOVERNMENTS)

Katsina State



Paediatric Association of Nigeria Immunization Champions took part in the Katsina State sensitization meeting with different MDAs on Measles Rubella Introduction.



Katsina state Immunization Champion Haj Shemau Isah (Media personality) hosted a health program to create awareness on Measles, Rubella and the soon to be launched MR Vaccine



(STATES AND LOCAL GOVERNMENTS)

Katsina State

The Katsina State Immunization Champions participated in the Integrated Polio and Measles-Rubella (MR) Vaccine sensitization held earlier today at Kofar Kaura CHC. Vaccinators were on ground attending to children as the campaign activities progressed.









(STATES AND LOCAL GOVERNMENTS)

Kebbi State

The Kebbi State Immunization Champions held a sensitization session with nurses at the Federal Teaching Hospital (FTH), Birnin Kebbi, to raise awareness about the upcoming Integrated Immunization Campaign and the introduction of the Measles-Rubella (MR) vaccine. The interactive session emphasized the importance of the MR vaccine in preventing childhood morbidity and mortality, while also encouraging healthcare workers to play a key role in mobilizing parents and caregivers for the campaign.







(STATES AND LOCAL GOVERNMENTS)

Kwara State

MR Sensitization by the Kwara State PAN Immunization Champions at Adewole Cottage Hospital, Ilorin. The session focused on education about the Measles-Rubella (MR) and HPV vaccines, as well as the upcoming campaign scheduled for October 11-20, 2025, in Kwara State.

Souvenirs were presented to 120 pregnant women and mothers who attended the session.









(STATES AND LOCAL GOVERNMENTS)

Nasarawa State

The Nasarawa State PAN/IPA Immunization Champions on Saturday, 4th October 2025, organized a community sensitization activity on the Measles-Rubella (MR) vaccine. The outreach aimed to raise awareness among caregivers and community members about the importance of vaccination and the forthcoming MR campaign.













(STATES AND LOCAL GOVERNMENTS)

Niger State

On October 4, 2025, the Niger State Immunization Champion of the Paediatric Association of Nigeria (PAN) led an engaging sensitization session on the importance of vaccination and the upcoming Measles-Rubella (MR) vaccine introduction with members of the Ansar-ru Deen Society, Bida Branch.

The interactive session generated strong community interest and dialogue on vaccine safety, benefits, and the critical role of immunization in protecting children's health. Participants expressed appreciation for the initiative and pledged their support for the MR vaccine rollout in the state.







(STATES AND LOCAL GOVERNMENTS)

Oyo State

Sensitization at the Immunisation clinic of LAUTECH Teaching Hospital Ogbomoso, Oyo state









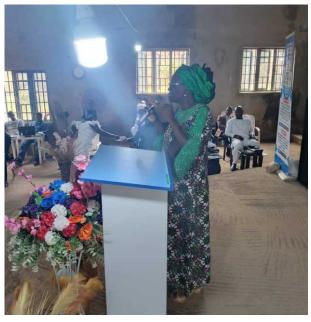




(STATES AND LOCAL GOVERNMENTS)

Oyo State

Sensitization on Measles /Rubella vaccination by one of the champions during church service Sunday at united community Baptist church Akingbile Ibadan







(STATES AND LOCAL GOVERNMENTS)

Plateau State



Immunization Champion was invited by the State Primary Health Care Development Board (SPHCDB) to present the introduction of the Mpox vaccine to key stakeholders, including SPHCDA staff, traditional rulers, security agencies, the University of Jos, and representatives from the education sector. The Mpox vaccination campaign, launched on 30th July 2025, targets high-risk groups such as healthcare workers, immunocompromised persons, and identified contacts aged 18 years and above across four LGAs: Jos North, Jos South, Shendam, and Bokkos.







(STATES AND LOCAL GOVERNMENTS)

Plateau State

In addition, on 1st August 2025, the Plateau State Immunization Champions were invited by the Chairperson of WOWICAN Plateau State Chapter to deliver a lecture on immunization during their convention at ECWA Church Bishara 1, Tudun Wada, Jos. The presentation covered general immunization as well as updates on new vaccines including Mpox, HPV, Malaria, and MR vaccines, with a special focus on vaccination for women and adults. The session, supported by the State Technical Working Group, SPHCDA, and WHO members, was highly interactive with participants engaging in extensive Q&A.







(STATES AND LOCAL GOVERNMENTS)

Plateau State

Plateau State Immunization Champion facilitated on Integrated MR today 27/9/2925 at Bukuru PHC together with WHO, UNICEF, TWG members to 6 stakeholders each from 8 LGAs.

The stakeholders were:

- 1. Education secretaries
- 2. Women Development Officers
- 3. PTA Chairmen Public schools
- 4. PTA Chairmen Private Schools
- 5. LGA FOMWAN/ Amiras
- 6. WOWICAN

One each from your various 8 LGAs The engagement meeting.











(STATES AND LOCAL GOVERNMENTS)

Plateau State

Continuing our drive for stronger immunization activities at the subnational level, on 25th September 2025, the Plateau State Immunization Champions took part in a step-down training on the Measles-Rubella vaccine at Jos University Teaching Hospital (JUTH).

The session convened consultants, resident doctors, and heads of Paediatrics departments, focusing on enhancing knowledge and strategies to achieve better immunization outcomes.











(STATES AND LOCAL GOVERNMENTS)

Plateau State

On October 6, 2025, the Plateau State Immunization Champions joined dignitaries and partners at the official flag-off of the Integrated Measles-Rubella Campaign held at Crispan Hotel, Rayfield, Jos. The event was led by the Governor of Plateau State and attended by the Executive Secretary, SPHCDA, Commissioners, wives of the 17 LGA Chairmen, and development partners including WHO, UNICEF, IVAC, ANRIN, AFENET, and JSI, alongside traditional rulers, media representatives, and other health stakeholders.

The ceremony featured goodwill messages and symbolic vaccination of selected children, marking the state's commitment to protecting every child through immunization.













(STATES AND LOCAL GOVERNMENTS)

Taraba State

The Taraba State immunization championships carried out a sensitisation session on the MR vaccine introduction and upcoming campaign to health care workers in FMC Jalingo during the monthly hospital clinical presentation. Also highlighted was the recently introduced HPV vaccine. The state team lead, Dr Peter Teru Yaru led the presentation while other champions from the institution were there supporting.









(STATES AND LOCAL GOVERNMENTS)

Taraba State

The Taraba State Immunization Champions took the Measles-Rubella (MR) vaccine campaign sensitization to the Primary Health Centre, New Barade, Jalingo. During the outreach, mothers were engaged on the importance of vaccination in protecting children from preventable diseases, and souvenirs were shared to encourage participation in the upcoming immunization campaign.







(STATES AND LOCAL GOVERNMENTS)

Yobe State

 $Yobe\,State\,immunization\,champions\,at\,the\,MR\,campaign\,STOT, in\,Damaturu$







(STATES AND LOCAL GOVERNMENTS)

Sokoto State







(STATES AND LOCAL GOVERNMENTS)

Zamfara State

Zamfara State Immunization Champions carried out the Measles-Rubella Integrated Vaccine Campaign at Kogo Bello PHC, Sabon Garin Gusau, today, 15th October 2025. The exercise was well-received by the community as part of ongoing efforts to strengthen routine immunization and protect children from preventable diseases.



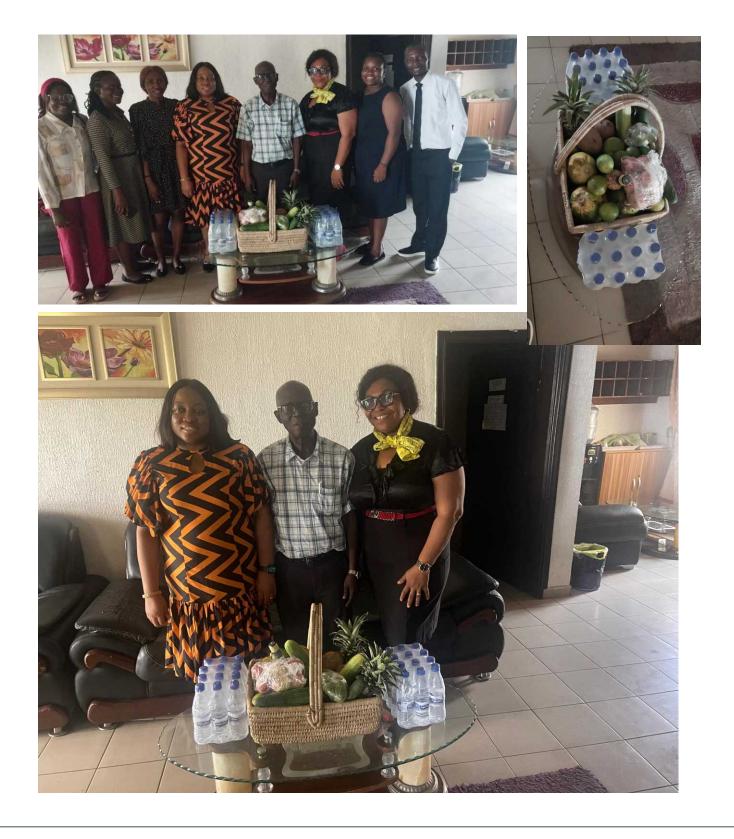






Visits to the PAN ELDERS

PAN Visit to Dr Felix Akinbami in Bayelsa





Visits to the PAN ELDERS

PAN VISIT TO PROF IBE







Visits to the PAN ELDERS

PAN VISIT TO PROF OJINNIKA

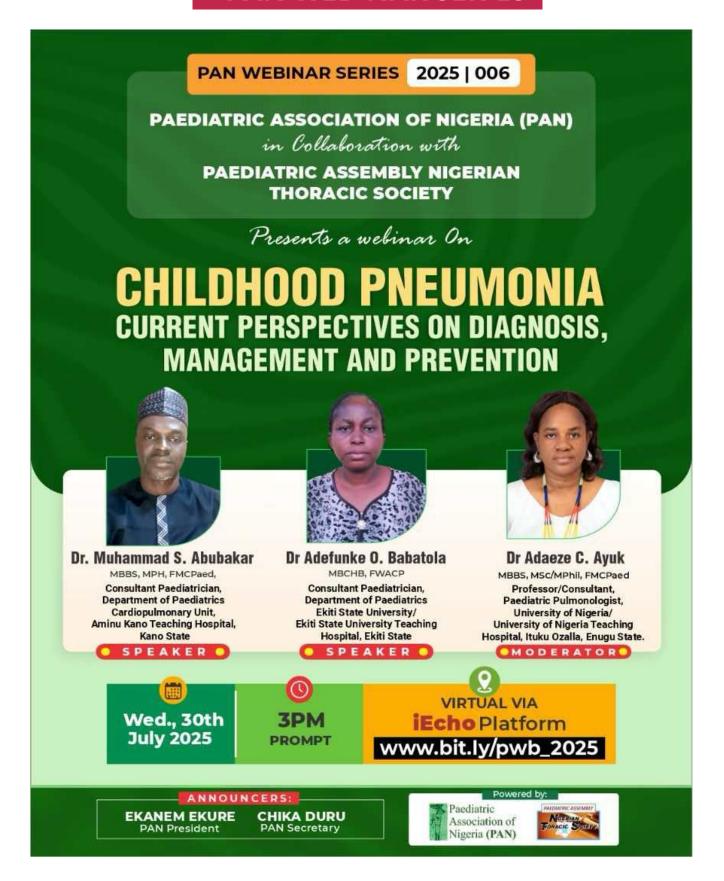








PAN WEBINAR SERIES





PAN WEBINAR SERIES

PAN WEBINAR SERIES

2025 - 007

PAEDIATRIC ASSOCIATION OF NIGERIA (PAN) in Collaboration with PAN IMMUNIZATION COMMITTEE Presents a webinar On

Twins or brothers?

TACKLING THE FOES OF MEASLES AND RUBELLA



Dr Somkenechi C. Okpala

MBBS, MSc, FMCPaed

Consultant Paediatrician Department of Paediatrics University of Nigeria/ University of Nigeria Teaching Hospital, Ituku Ozalla, Enugu State.



Dr Esther Yiltok

MBBS, M.Ed. MSc. FWACP(Paed)

Department of Paediatrics University of Jos/ Jos University Teaching Hospital, Plateau State

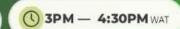


Dr Ayebo E. Sadoh

MBBS, MPH, FWACP(Paed)

Professor/ Consultant Paediatrician Professor/ Consultant Paediatrician Institute of Child Health University of Benin/ University of Benin Teaching Hospital, Edo State







ANNOUNCERS:

EKANEM EKURE PAN President

CHIKA DURU PAN Secretary





PAN WEBINAR SERIES

PAN WEBINAR SERIES 2025 | 008

PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)

in Collaboration with

NIGERIAN SOCIETY FOR PAEDIATRIC CARDIOLOGY (NISOPAC)

PRESENTS A WEBINAR ON -

CHILDHOOD HYPERTENSION

GUIDELINES & GAPS IN MANAGEMENT



DR IGOCHE PETER MBBS, MPH, FWACP(Paed) Consultant Paediatrician

Paediatric Cardiologist. The Limi Children's Hospital Wuse2, Abuja

SPEAKER

DR JOSEPHAT CHINAWA

MBBS, FACC, FESC, FMCPaed, PhD

Professor/Consultant Paediatric Cardiologist. University of Nigeria / University of Nigeria Teaching Hospital, Ituku-Ozalla, Enugu State.

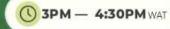
SPEAKER



DR OLUKEMI IGE

MBBS, FWACP (Paed), MEd Professor/Consultant Paediatric Cardiologist. University of Jos/ Jos University Teaching Hospital, Jos, Plateau State







ANNOUNCERS:

EKANEM EKURE PAN President

CHIKA DURU PAN Secretary







FELICITATIONS



HEARTY CONGRATULATIONS

The Paediatric Association of Nigeria heartily congratulates our distinguished member and current Editor-in-Chief NJP Dr Tinuade Ogunlesi, Professor of Paediatrics on his election as Dean Clinical Sciences Olabisi Onabanjo University, Sagamu, Ogun State.

Sir, we heartily rejoice with you and pray for a successful and impactful tenure

Hearty congratulations to our distinguished members:

Dr Fortune Ujunwa Dr Ijeoma Arodiwe

on their promotion to the rank of Professor of Paediatrics by the Governing Council of the University of Nigeria!!

PAN rejoices with you on this great achievement and we wish you more successes in your careers





HEARTY CONGRATULATIONS

We congratulate our PAN Ex-officio Dr Olaseinde Eletu on his election as the President of the Guild of Paediatricians in Private Practice (GPIPP) at their recently concluded AGM.

The newly elected officials are:

Dr. Olaseinde Eletu- President

Dr. Olatunde Odusote-CPD Coordinator

Dr. Rukeme Njokanma-Secretary

Dr. Roli Nwodo - Treasurer

Sir, we pray for wisdom to pilot the affairs of this noble association.

PAN wishes you a successful and impactful tenure



FELICITATIONS



We congratulate our PAN member Dr Angela Frank-Briggs, Professor of Paediatrics on her election as the Deputy Vice Chancellor Research and Development of the University of Port Harcourt

May God grant you wisdom and strength in your new role.

PAN wishes you a successful and impactful tenure

Hearty congratulations to our distinguished member

Dr Fatima Jiya Bello on her promotion to the rank of Professor of Paediatrics by the Governing Council of the Usmanu Danfodiyo University Sokoto!!

PAN rejoices with you on this great achievement and we wish you more successes in your career







PAEDIATRIC ASSOCIATION OF NIGERIA (PAN)

in Collaboration with CHILD NEUROLOGY SOCIETY OF NIGERIA (CNSN)

- PRESENTS A WEBINAR ON -

CHARACTERISTICS & IN CHILDHOOD



DR CHIMAEZE TORTY

MBBCH, FWACP, PhD

Senior Lecturer/ Consultant Paediatric Neurologist University of Calabar/ Teaching Hospital, Calabar Cross River State, Nigeria

PRESENTER



LAMI TINAM GIDADO

BSc, Dip Child Psych, MIAD, RPT

Certified Play Therapist, Founder, Association of Play Therapists. Special Educationist, Cluster4Kids, Jos, Nigeria

PRESENTER



DR EDWIN EHI ESEIGBE

MBBS, MSc, FWACP, FRCP Edin

Professor/Consultant Paediatric Neurologist, Benue State University/ Teaching Hospital, Makurdi, Nigeria. President, Child Neurology Society of Nigeria

MODERATOR







ANNOUNCERS:

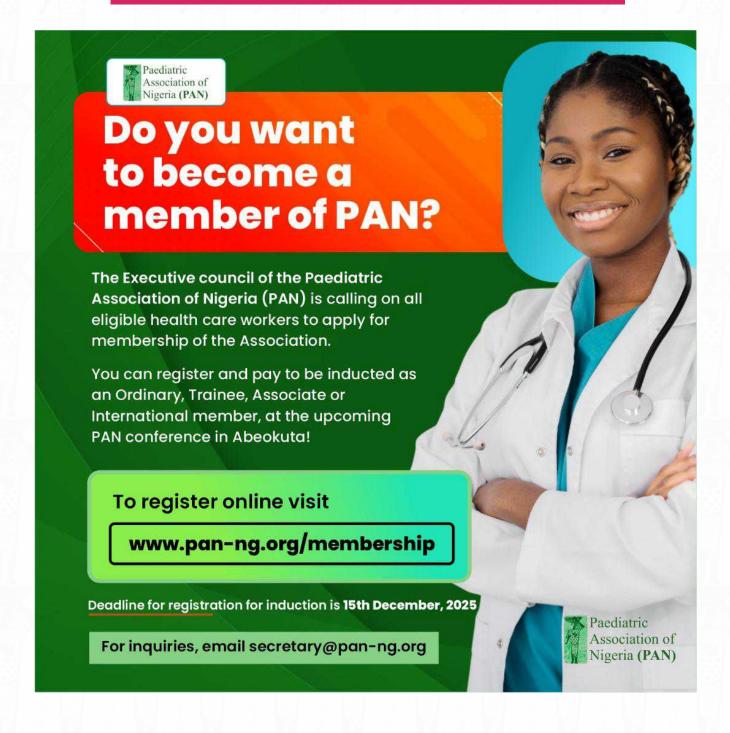
EKANEM EKURE PAN President

CHIKA DURU PAN Secretary

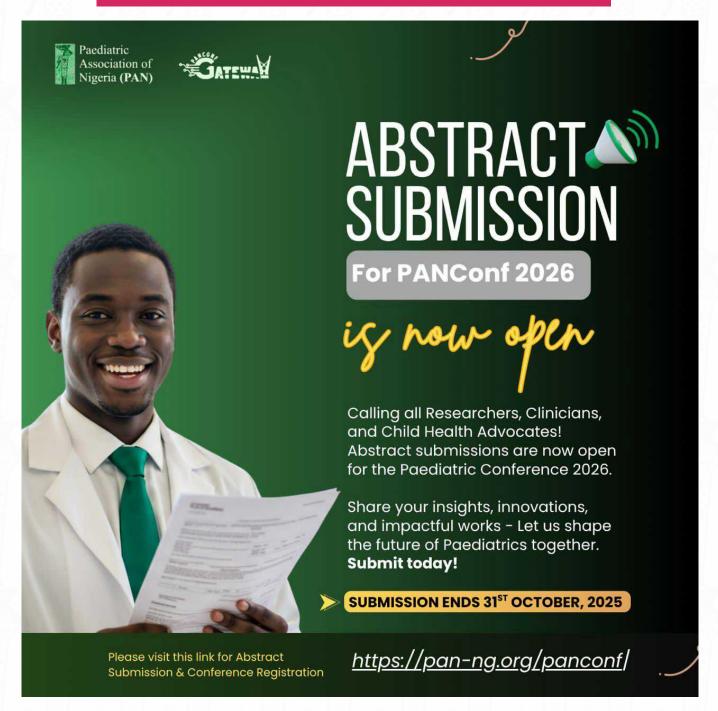
















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ANNUAL GENERAL MEETING AND SCIENTIFIC CONFERENCE





REGISTRATION **DETAILS**

Super Early Bird 1st April -30th June 2025 Regular

1st Oct - 30TH | Late/Onsite

1st Dec 2025-21st
Nov 2025 | Jan 2026 N90,000 N100,000 N110,000 N120,000

Super Early Bird 1st April -30th June 2025 Early Bird 1st July – 30th Sept 2025 N60,000 N60,000 N65,000 N70,000

Super Early Bird 1st April -30th June 2025 Early Bird 1st July – 30th Sept 2025 Regular 1st Oct – 30TH Nov 2025 Late/Onsite 1st Dec 2025-21st Jan 2026 N60,000 N60,000 N65,000 N70,000

Regular 1st Oct - 30TH | Late/Onsite 1st Dec 2025-21st Nov 2025 | Jan 2026 Super Early Bird 1st April -30th June 2025 Early Bird 1st July – 30th Sept 2025 \$100 \$100 \$100 \$100

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N60,000 N60,000 N60,000 N60,000

FOR MORE REGISTRATION DETAILS, VISIT

www.pan-ng.org/panconf

THEME:

ACHIEVING SDG-3 AND CHILD HEALTHCARE THROUGH INNOVATIVE **FUNDING MODELS & TECHNOLOGY DRIVEN SOLUTIONS:**

SUB THEMES

- Sustainable Child Health Financing in a Challenging Economy
- Artificial Intelligence & Digital Solutions in Paediatric Research & Practice
- Emerging & Re-emerging Communicable Diseases: A case for local vaccine Production
- The role of the contemporary Media in SDG-3 in Nigeria

VENUE

JUNE 12 CULTURAL CENTRE KUTO ABEOKUTA.



